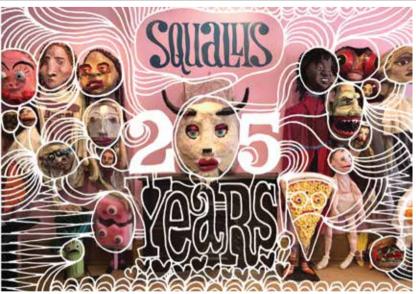
PORTLAND **J**ANCHOR

"Louisville's Oldest Neighborhood Newspaper"

Vol. 50, No. 12

December, 2022



Squallis Puppeteers presents: 25th Anniversary Exhibition Celebration exhibit will be on display through March 2023 at the Portland Museum

> Wednesday, Thursday, Friday 12-5 Saturday 12-4

Portland Museum 2308 Portland Ave, Louisville, KY 40212

Squallis is proud to announce that they will be moving to the building next door to the Portland Museum in March 2023.

Please join Squallis Puppeteers and the Portland Museum in celebrating the Squallis 25th Anniversary Exhibition. See puppets, props, relics and photos from two and a half decades of shows, events and collaborations. Donations are welcomed.

Mission Statement: Squallis Puppeteers uses the art of puppetry to free imaginations, create fantastic characters, and tell the stories that are important to our communities.

Squallis Puppeteers - (502) 313-9942 - www.squallispuppeteers.com

Follow us on **f** <u>Portland Now, Inc.</u> and portlandlouisville.com

for a color view of the Portland Anchor

47[™] AnnualPortland Youth Baseball League and the 1st Division Police Auxiliary

CHILDREN'S CHRISTMAS PARTY Saturday, December 3rd 11 AM to 3 PM

Free Pictures with Santa and Gifts for kids 12 and under

at Molly Leonard Portland Community Center 640 N. 27th Street, Louisville, KY 40212 🜙

This is a community event, if you would like to donate, make check payable to:

Portland Youth Baseball League, Inc. EIN Number: 611093009 2429 Montgomery Street, Louisville, KY 40212.

Or if you would like someone to pick up a donation, please contact Matthew Brinson at (502) 475-4579.

DEADLINE FOR NEXT ISSUE: DECEMBER 14, 2022

Look for your next issue December 26 – January 3, 2023

PORTLAND NOW, Inc.

Monthly Neighborhood Meeting Tuesday, December 6, 2022 - 6:00 PM

We will be meeting in the rear of The Table Restaurant, 1800 Portland Ave.

Looking forward to seeing all y'all for this meeting. Bring a friend, get them signed as a member.

TAKES A NEIGHBORHOOD



2022 Portland Anchor Deadlines and Publishing Dates

Issue Month	Deadline	Subscription Delivery Date
January 2023	DECEMBER 14	December 26 - January 3, 2023
February 2023	January 18	January 27 - February 3, 2023
March 2023	February 15	February 24 - March 3, 2023
		, ,, ,

* Dates are subject too change if needed.

WE ARE A CONTRIBUTOR'S PAPER AND WE WELCOME YOUR MAIL! The Portland Anchor welcomes writing and photographs!

Please send them to:

The Portland Anchor

P.O. Box 2108 Louisville, KY 40201-2108

Include your name, signature, address, and phone number. We cannot print copy righted materials without proper release. All contributor writings that are published will carry the writer's name.

READABLE: It is helpful if your writings are typewritten or printed clearly, with names correctly spelled. Remember someone has to be able to read what you have written.

PHOTOS: All photographs should have a name and address on the back, and should identify the subject in the picture. Do not send laser print pictures, as they are usually of poor quality and won't print well. A self-addressed envelope should be included if you want the photo returned. Please enclose \$10.00 for each photograph you wish to have published. If payment isn't received with pictures, they will not be published.

We reserve the right to edit, reject, or delay the publication of any written material or photographs.

The content of any article or ad is the responsibility and/or opinion of the writer of same, and is not necessarily the opinion of the Anchor and/or its staff.



Letter to the Editor

Hello. I've been trying to get 22nd and 23rd & Rowan Streets repayed for the last few years. They finally got repaved on November 10, 2022. It looks great now! William Barnes







Articles received after the DEADLINE DATE, which is printed on the front page, will be held for publication in the following month's issue.

The Portland Anchor Subscription Form

□ New	Change of	🗆 Name	□ Address
🗆 Renewal	<u></u>		

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The Portland Anchor

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December, 2022

The Portland Anchor

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Information in Chit Chat is published **Free** as a service to Portland Anchor readers so that readers have a forum to announce important family events, and to express affection and love toward family, friends and neighbors. The Portland Anchor cannot verify the information published in 'Chit Chat', and assumes no responsibility for its truth or accuracy. **Photos cost \$10.00**. If you want photo returned, send a self addressed stamped envelope. **Do not send zerox or laser copies of photos**. Send original photo or save it to a disk or CD.

Chit Chat items must be no more than 100 words or less. No more than 10 items per person. We reserve the right to edit or reject items that we feel are not appropriate for our publication.



"Helping Santa"

Hello Portland, little Carmie and Grampa here in Santa's work shop. Santa needed help this year wrapping your presents due to the lack of Elves this year. He said a lot of you were naughty this year and you're getting a lump of coal. Santa also said instead of leaving him milk and cookies, leave him a bag of corn to help feed the reindeer! The price of corn is sky high and he can't afford to feed his reindeer, and you know what that means, no reindeer, no sled, and no presentss. So help him out! Come on Grampa, let's get wrapping. See ya on the water or in the field.



Table of Plenty II"Serving a free meal to all who come"Thursday, December 8, 202212 – 4 PM

2222 W. Market Street This is a joint outreach of St. Agnes Catholic Church, Good Shepherd Catholic Church and Catholic Charities *Menu:* Roast Beef, Mashed Potatoes, Green Beans and Dessert Meals will be served indoors **All are welcome!**

Dates and times subject to change.



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Breakfast with Santa

Saturday, December 3, 2022 9:00am – 10:30am



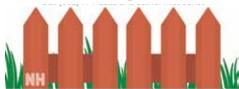
Portland Promise Center 1831 Baird Street 776-2635 12-year-old and under Free event



Saturday, December 3rd 9:00 AM - 2:00 PM Neighborhood House, 201 N 25th St. SUPPORT OUR SENIORS

For more info or to reserve a table, contact Ms. Janet, Senior Program Coordinator, at 502-774-2322.

Proceeds support the Neighborhood House Senior Program's holiday celebrations and trips around town.



1st Division LMPD Officers of the Month





Roniqua Yocum

Steveonte Wood

Officer Steveonte Wood and Officer Roniqua Yocum were awarded the Officer of the Month for October 2022 for their diligent and determined efforts to put in the extra work needed to make our neighborhood a safer place to live.

Officer Wood and Officer Yocum were dispatched to a citizen who had people surrounding his home with guns pointed at him and making threats towards him. Upon arrival the suspects were already gone. Officers Wood and Yocum took the victim's statement, got descriptions of the suspects, and used the information that was given to seek out these violent offenders.

Officer Wood and Officer Yocum went to the location that the suspects were supposed to be staying. Officer Wood and Officer Yocum located all the suspects and determined that they were involved with the crime the victim stated took place. Because of the diligent police work, attention to detail, and willingness to seek out these violent criminals these officers were able to make several arrests, recover a stolen handgun, and seize another gun used during the commission of the crime.

Because of Officer Wood and Officer Yocum's willingness to go above and beyond to serve their community, they represents the First Division, and the Louisville Metro Police Department to the highest standard, deserving recognition.



Enjoying Thanksgiving Dinner at Cup of Joy on November 20th



All pizza sales is plus tax. Addtional cheese is extra price. Prices are subject to change.

Louisville Visual Art Looks Back - and Forward

By Grant Johnson

In 2022, Louisville Visual Art (LVA) enriched the Portland neighborhood with both established and new art-centered programming. Children's Fine Art Classes (CFAC) ran in spring and fall at Western Middle School for the Arts, the Portland Community Center, and Portland Elementary as they have for many years with teachers Amanda Thompson, Marty Edlin, and Anita Fisher. In the summer, a new art and chess camp launched at the University of Louisville Hite Art Institute's MFA studio and gallery building. We again offered Creative Pass in the LVA Gallery at our Lytle Street headquarters, which also hosted exhibits of student work from our city-wide CFAC and Academy of LVA youth art education programs.

The Free Wall launched at our Lytle Street building, providing an invaluable resource for aspiring muralists in need of full-size practice space. Open Studio Weekend provided a view behind the scenes of working artists' studios at multiple Portland locations, including the Hite Institute MFA building, as well as first time participants Falls Foundry and 1512 Portland Avenue Studios. All of these programs served Portland - and especially Portland's youth - with unique offerings right in their own neighborhood.

As we look to 2023, excitement is growing around renovations to our building that will allow for even more inspiring encounters with art in Portland. Summer art camps are set to return to Lytle Street bigger and better than ever; and we're hoping to offer the first CFAC classes at our updated headquarters next fall. The Free Wall will continue, with plans for increased engagement by neighborhood youth. LVA Gallery will host more regular exhibits, establishing an accessible, welcoming space to appreciate and learn about art in Louisville's oldest neighborhood.

We'll still be teaching art at Western Middle, the Portland Community Center, and Portland Elementary, and we expect Cultural Pass and Open Studio to return, as well. The updates to our building at 1538 Lytle Street are well under way, and will make it fully accessible with ramps and ADA compliant restrooms. Keep an eye on louisvillevillesvisualart.org and our Facebook and Instagram pages - as well as the Portland Anchor! - to find out about new offerings and important dates. We'd also love for you to just drop by and say, "Hi." The newly-poured exterior steps and ramp at 1538 Lytle Street, LVA's headquarters. Visitors at the 2022 Academy of LVA Student Art Exhibit opening reception in May.



The newly-poured exterior steps and ramp at 1538 Lytle Street, LVA's headquarters.



Visitors at the 2022 Academy of LVA Student Art Exhibit opening reception in May.

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Turkey Giveaway Sunday, November 20th at the Creation Center

2500 Portland Avenue

The wonderful people from LB&G (Lost Boys & Girls Foundation), A-One All Stars and the Delta Foundation, the companies that donated and lots of volunteers made this community event happen. There are so many good people in our community and we want to thank them all for their time and generosity to put this event together.





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The Portland Anchor

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Cup of Joy held it's Annual Thanksgiving Dinner on Sunday, November 20th

Portland area residents were invited to dine on a delicious, traditional Thanksgiving meal, along with Cup of Joy's wonderful desserts and a drink for free with live music. Free warm clothing and blankets were available for those in need. Thank you Esther Lyon, founder of Cup of Joy, and Executive Director of The Haven Ministries, and all the volunteers that makes this event happen in our community.





Page 8 **Obituaries**



Carol Sue Bailey, age 74, passed peacefully October 29, 2022 at her home. She was a native of Fairdale and had been a life-long resident of Portland. Carol's family was her life. She loved being homemaker to them. She was predeceased by her parents, Allen and Lydia Sheeley, her sister, Patsy Renfrow and brother, Richard Sheelev Sr. She is survived by her loving husband of 46 years, David J. "BoBo" Bailey, daughter, Kimberly A. Bailey, son. David M. Bailey (Jeannine), stepdaughter, Melissa Campbell (Timothy), sister, Barbara Dunn, 5 grandchildren, Joshua, Chad, Drew, Cole and Arin, 3 great-grandchildren, Octavia, Hayden and Leonidas. J.B. Ratterman & Sons Funerals & Family Cremation Care, 2114 W. Market St. was in charge of arrangements. Cremation plan chosen.



The Portland Anchor

Dennis Lee Douthitt, Jr., 57, passed away unexpectedly, Tuesday, November 1, 2022. He was born September 7, 1965. He was a employee for Laborworx. Dennis enjoyed hanging out with his friends, and was a avid U of L and Miami Dolphin fan. Those left to cherish his memories are his daughter, Shandy Douthitt ; step-daughter, Mandy Thompson; sister, Sylvia C.S. Garcia (Éric); granddaughter, Zoey; niece, Kaetlin McCrary (Bill); nephew, Brandon Gillespie and great niece, Olivia McCrary. Legacy Funeral Center-Schoppenhorst Chapel, 1832 W. Market Street was in charge of arrangements.. Burial in Louisville Memorial Gardens West



Etta Rae Goodman. age 80 years. passed peacefully November 13, 2022, at Louisville East Nursing and Rehabilitation Center. She was a lifelong resident of Portland and had been a member of Westend General Baptist Church. Etta Rae owned her own housecleaning business and loved life with her family. She was predeceased by her parents, Lonnie and Violet Deming Goodman, sisters, Dorothy Abele, Pauline, Corrine, and Evelyn and brothers, Dennis and Glenn Goodman. She is survived by her son, Charles "Chuck" Byers, three brothers, Louis "Butch" Goodman. Lonnie Goodman (Maureen) and Gary Goodman (Theresa); and 4 grandchildren. Memorial Funeral Services was held at J.B. Ratterman & Sons Funerals & Family Cremation Care, 2114 W. Market St. Expressions of sympathy to the Humane Society. Etta Rae bequeathed her body to University of Louisville School of Medicine



Donald L. Hopper passed away peacefully at his home surrounded by his loving family. He was predeceased by his parents Margaret L. Cunningham Hopper and Raymond D. Hopper. He was also preceded in death by his wife Deidra A. Bezy Hopper, former wife Martha J. Zirnheld Hopper and his brother Samuel R. Hopper. He is survived by his sister Sharon Shirley (Alvin) and sister-in-law Clara Hopper (Sam). Additionally, he is survived by his children Deanna Hopper, Marcia Curtis (Scott), Tracy Hopper, James Hopper, Mark Hopper (Margie Coronado), John Hopper (Sue Eads), Tachelle Burgin (Tommy), and Jennifer Jeter, twenty-three grandchildren, thirtytwo great grandchildren, one great-great grandchild and his companion Louise Embry. Mr. Hopper also leaves behind numerous nieces, nephews, and cousins. Don worked in his family's business even-

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Country-Wide and Southern Indiana Delivery

December, 2022

Obituaries

tually becoming the owner of Falls Citv Fence Co. until his retirement. He was an Air Force Veteran and retired from the Kentucky Air National Guard as well Don was a Portland native and well known in the community especially from his involvement with the American Legion and the Portland Festival. He was a Life Member of the American Legion Shawnee Post #193 where he was also the Finance Officer and a Past Commander. Among his Post family he is known as "Hop". He was a shuffleboard enthusiast and played competitively. You could always count on "The Hop" to be there for Friday night Shuffleboard. He will truly be missed by all and forever loved. J.B Ratterman & Sons Funerals & Family Cremation Care 2114 West Market St. was in charge of arrangements with Internment Saint Mary on the Knobs Cemetery.



Ronald B. Johnson, age 69, of Portland, passed peacefully October 25, 2022, at Veterans Hospital in Louisville. He was a retired painter, a Louisville native, an Army Veteran and a member of Brookview Baptist Church. He was predeceased by his parents, George and Betty Hill Johnson, his step-son, Terry Martinez Jr., brother, Terry Johnson and Uncle, Gene Johnson .Ronald is survived by his loving wife of 42 years, Barbara Abrams Johnson, Step- son, Michael Martinez, son, Ronald Martinez and daughter, Amy Johnson (Willie Welcome), 4 brothers, Bill Johnson (Christine), Bob Johnson, Dale Johnson (Pam) and Danny Johnson (Donna). Grandchildren Erica Johnson and Jacob Jones also survive. Memorial Visitation and Funeral Services was held at Brookview Baptist Church, 4323 S. Brook St. Louisville, KY 40214



Anna Marie DeMarsh Lord, age 87 passed peacefully surrounded by her loving family Saturday, November 12, 2022 at Norton Hospital She had been a member of St. Cecilia Catholic Church and was a lifelong resident of Portland. She retired from Philip Morris Tobacco Co. as a machine operator after 28 years of service. Anna had loved going to Friday Night Bingo at St. Cecilia and Group Bunco with her friends. She was a die-hard UK Fan and was a great friend for anyone in need. Anna's sense of humor and deep love for her family made her the center of every family gathering. She was predeceased by her parents, Joseph and Anna DeMarsh, and all of her 7 brothers and sisters, Baby Theresa, Hen Kulp, Jodi Hollis, Lou McCord, Christine "Toots" Masterson, Buddy DeMarsh and Ed DeMarsh. She is survived by her daughter, Debra Bolton, son, Joseph Lord Jr. and four grandchildren, Shawn Deweese, Erica White, Aaron Lord and Ashley Nelson. Many nieces and nephews also survive. J.B. Ratterman & Sons Funerals & Family Cremation Care 2114 W. Market St. in charge of arrangements. Expressions of sympathy to the annual Portland Police District 1 Children's Christmas Benefit



Mary Jo McClish. 76, our beloved mother and Mammaw peacefully left this world October 30, 2022, at her home. She was born in Louisville, KY on April 17, 1946. Mary Jo married the love of her life, Pat McClish, in 1964. They remained happily married for 57 years, until Pat's passing in January 2022. Together they raised 6 children and have numerous grandchildren and great grandchildren. With a heart of gold, she took in many mangy dogs, feral cats, wayward friends, and friends of her children that found their way to her home. Mary Jo was a talented cake decorator, making numerous birthday and wedding cakes for friends, family and coworkers over the years. She enjoyed reading, crafting, crocheting, need-



Catholic and was active in her parish until her health declined. She was a member of the Altar Society and a Eucharistic Minister. She enjoyed volunteering her time to work the parish bingos and festivals. She is preceded in death by her loving husband Payton "Pat" McClish, parents Frank Rawert and Marcella Moline, son-in-law Albert "Al" Spaulding and step grandchildren Corey Lieras and Carrie Lieras. Left to cherish her memory are children Chris "the helper" McClish, Cindy Spaulding, Cheryl (Billy) Helm. Bill (Cathy) McClish. Paula (Jason) McClish, Missy (Jim) Glaser; 9 grandchildren: Christopher McClish, A.J., Patrick and ; Courtney 3 step grandchildren Tiffany Harris, Amber Crenshaw and Matt Harris; 9 great grandchildren and 19 step great grandchildren. J.B. Ratterman & Sons Funerals & Cremation Care 2114 W. Market St. was in charge of arrangements. Her funeral mass of Christian Burial was celebrated at Good Shepherd Catholic Church, 3511 Rudd Ave followed by burial in Calvary Cemetery at 1600 Newburg Rd. Chris, I'm finally listed in the paper

lework and sewing. She was a lifelong



Steven Kent Wilbert, 61, past away unexpectedly, Thursday, November 3 2022. Steven was born February 27, 1961 in Louisville. Kentucky to the late William Charles & Ida Mae (McWhorter) Wilbert He was a member of Shawnee Baptist Church. Steven was a self-employed mechanic and professional drywaller. He enjoyed working on cars, sitting on the porch singing, singing with his grandchildren watching Dale, Jr., cheering on his UK Wildcats, but mostly he enjoyed and loved his family and God. Besides his parents he is preceded in death by his grandson, David Wayne Nowlin, Jr.; sister, Linda Miller and brother, Bernie Wilbert; his fur-baby, Buttercup. Those left to cherish his memory are his loving wife Sandra M. (Morgan) Wilbert; four daughters, Dana Sue Nowlin (David Wayne), Stephanie Nicole, Shelby Lynn and Leah Michelle Wilbert; siblings, Annie Goodman, William "Billy" Wilbert (Therese), Laura, Lisa and Jimmy Wilbert; six grandchildren, Cami, Cali, Landon, Amelia, Waylon and Roland. Legacy Funeral Center-Schoppenhorst Chapel 1832 W. Market Street in charge of arrangements.with burial in Louisville Memorial Gardens West.



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The Portland Promise Center at 1831 Baird Street, hosted their AnnualThanksgiving Dinner on Saturday November 20th. Everyone enjoyed the free Thanksgiving meal with their neighbors. The Promise Center said it was a blessing to share this time with you and wished everyone a Happy Thanksgiving!





NEED RENOVATION ASSISTANCE ?

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 \$45/hr. for Portland Call 776-7007 Good Shepherd Catholic Parish **HALL RENTAL** Available to Rent for Clubs, Receptions & Reunions

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December 2022 Portland Branch Library Programs Call 502-574-1744 for any questions!

Portland Library Hours Monday - Wednesday, 10:00 AM - 8:00 PM

Thursday. 12:00 PM - 8:00 PM

Friday - Saturday, 12:00 PM - 5:00 PM

Sunday - closed

Story in the

Family Storytime

Family Storytime is an opportunity for families to bond over shared stories and songs, as well as engaging in creative activities that reinforce a lifelong love of learning. Ages 3-8 and their families. Wednesdays @ 11:00AM - noon

Ornamentality

Ornamentality is back for the 2022 Holiday Season! Here's your chance to use paper, plastic, glue, glitter, fabric, and creativity to make your own uniquely-crafted Christmas ornament! All Ages

Saturday, December 3 @ 2PM - 3:30PM

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Teen Night

Come hang out, play games, and make crafts based on our monthly theme. This month, come make 3D snowflake decorations. Ages 12-18. Monday, December 5 @ 6PM - 7PM

Teen Art Smart Club Express yourself! Draw, paint, sculpt, shape! Cut, paste, design, create! Ages 12+ Thursday, December 8 @ 5PM -6:30PM



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Libby makes downloading audio and eBooks easy! With your library card and the Libby app you can download eBooks, audiobooks, digital magazines, comics and graphic novels to your phone, tablet or laptop. This program provides one on one help on your device.

Adults ages 18+. Call 502-574-1744 to register. Saturday, December 10 @ 1PM - 3PM



WE PAY TOP DOLLAR FOR JUNK CARS

Weekend Family Storytime

Family storytime is an opportunity for families to bond over shared stories, songs, and creative activities. Storytime reinforces a lifelong love of learning. Ages 3-8 and their families. The theme for this storytime is winter wonderland. Saturday, December 10 @ 3PM - 4PM

Computer Basics Class

Computer literacy basics, absolutely no experience required. Thursday, December 15 @ 1PM - 2PM



Movie Screening: Elf

After accidently falling into Santa Claus' gift sack, a human baby is raised at the North Pole, growing up to believe he is an elf. Rated PG: Parental Guidance Suggested. Some material may not be suitable for children. Ages 6+

Thursday, December 15 @ 4:30PM -7PM





Crochet Club

Come hang out and share your crochet projects with us. Beginners welcome. There will be supplies for crocheting during the program and some simple patterns available. Ages 18+. Wednesday, December 21 @ 5:30PM - 6:30PM

We Got Game!

Put your speed, skills, and smarts to the test in a variety of exciting, fun-filled games and activities! Ages 12-19 Thursday, December 22 @ 5PM - 6:30PM

Evening Mindfulness

Join us at the Portland Branch while we enjoy an evening of guided meditation and some simple mindfulness exercises. Mats will be provided for use. Wednesday, December 28 @ 5:30PM - 7PM



The golden Christmas stars shine down With a cheerful Christmas glow, And twinke a Yuletide message To the busy world below; They tell of the peace and good will The Christmas time brings to earth, The peace and good will all should feel At this season of joy and mirth. -Marie Irish

Explorations Flowing Like the River Firstly,

officials from the city and their ombudsman courtiers and auditors are not allowed to read this article so stop now if that's you--you owe that to your tax-paying citizens...and for those who don't normally read this paper or my articles, please-please don't change your behavior on my account: I'm not worth making the extra effort. But for those eligible and inclined, I give you the sweet honey right here:

Yes, there is fanfare for the waterfront expansion to 14th street. But it's rock bottom dead-ending right there because Metro doesn't do well with the railroad bridges. Maybe the new mayor can do something different but it seems that Metro and the RR companies can't agree on anything these days; they both think they have carte blanche on Eminent Domain rights. Anything past 14th St is developed by ourselves using DIY baling wire and duct tape. Well, buckle up--now comes the plan.

The much-touted 100-mile bike loop is good to go along Portland's riverfront-it's already in place! Granted, the bare essentials for some sections of the bike loop in Portland require a bike helmet, fat tires, and a stout heart. Oh, and along with a Strava plan and GPS. A contiguous bike path along the Ohio River from Eva Bandman Park, through Portland and down to Chickasaw Park for 9 miles is the sweetest Metro diamond-in-therough I can think of. I haven't ventured into these wilder parts of the bike path ever since I tried traversing it 8 years ago and found the fallen oaks to be overbearing. But I went exploring again recently and found that the oak tree road blocks are all chainsawed to my surprise. Notwithstanding the spring flooding, it is reasonable to expand our imagination of play spaces in Portland to include this passage between golf course and river. Why haven't we heard about this before?



It's the leaves! And to make this appealing to the public, these leaves can be simply removed by blower or rake. is this not true? All good except this: On the path along the other side of the black metal fence along the Shawnee Golf Course fairways are two nasty barricades. No vehicle with a gas-fired engine bigger than 60cc should attempt to circumnavigate these substantial barriers. Bikes are best. The path is really good except for when you switch from path (at the green of hole #2) over to the dry clay bed near the river for then hooking up to the trail to Wharf Park (see picture). Further, please be mindful of lots of illegal dumping debris on the path near the tee of hole #15 on the non barricaded areas--but the debris actually and advantageously deters surreptitious and sketchy car parking. (Once we call 311 on the illegal dumping, then the creepy parked cars will start up again.) Getting into the Weeds. As mentioned, the autumn leaves are substantial. Ideally, before serious autumn rains in years to come, a leaf blower hooked to a 4 wheeler would help to clear the pavement in some areas--and hand-raking in other areas. The entire path behind Shawnee Golf Course is paved except for when it isn't. Please see the Garmin map of my biking event showing where the path stops at the green of hole #2--requiring moving to the clay path closer to the river shore. (Nothing that a stout heart can't handle.) Metro is our tailwind because this funky bike path has appealing features that the Alternate path for the 100-mile bike loop (along NW and SW Parkway) can't deliver: sights, nature and adventure. It'd be nice if Metro stepped up and did some periodic leaf blowing and a few signs around green #2...and maybe chainsawing after spring flooding...but that may be too

much to ask. As a backdrop, we are the saviors we've been looking for. Maybe it's a dangerous thought... but after watching Abbott Elementary on TV, I realized that many good-hearted retired teachers are recovered and can spend their time volunteering in many ways and that's a good thing. Retired teachers need to merely spend a raking day at the riverwalk, just like anyone else can. Why don't we just show up with a rake to clear a section every Saturday in May as you have time? Maybe we should form a "Friends of the Wild Part of the 100-mile Loop" 501c3 nonprofit for the fun of it. Lay Low for Now. Now comes the horsesh*t. Get some to rest over the winter. Just as horse poop converts from nasty dung to marvelous garden compost when resting in a pile over the winter, don't go on the path until spring. Just let your spirit self-compost and auto-nutrify over the winter. See you in mid-May! In the meantime, buy yourself an upgraded bike tire pump.

Everything I say may be wrong, but I just ponder Occam's Razor and let my assessment be known--for what it's worth.

With Fondest UnTragedying of the Commons, PortlandNate

Klein Bros. 1101 W. Broadway 587-6886 587-7950 Locksmiths Door Closers New and Used Safes





Ice upon the brances, Snow upon the ground. Wind among the evergreens, so cold the distant sounds. Flakes of snow fall heavy, as daytime turns to night. Forest life protected, in a cloak of silver white.

Midnight fades to daybreak, as stillness calms the view. Tiny snowflakes drifting, toward the spectacle anew. A misty veil of droplets, shields new snow from the sun. Nature sleeps in silence, in a winter just begun.

by Pamela Joyce Randolph



Pineapple Pecan Cheese Ball

This Pineapple Pecan Cheese Ball is a simple, savory appetizer with a slight hint of pineapple sweetness.

16 ounces cream cheese softened 8 ounces crushed pineapple drained 2 tablespoons finely chopped onion dash of garlic salt

1 cup finely chopped pecans

Mix all of the ingredients together in a small bowl. Refrigerate for one hour. After refrigerating, press the cheese mixture into a ball, then roll the ball in finely chopped pecans. Wrap the ball in plastic wrap and refrigerate until serving. Serve with crackers, fruit, bread or veggies.

Vaccinating children can help keep them in school, daycare, and safely participating in sports, and other group activities.



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Holiday Recipes from The Anchor

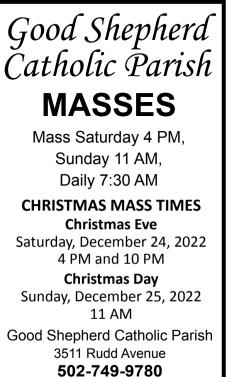
Crescent Turkey Casserole

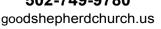
1/2 cup mayonnaise
2 tablespoons
all-purpose flour
1 teaspoon chicken bouillon granules
1/8 teaspoon pepper
3/4 cup milk
2 cups frozen mixed vegetables

(about 10 ounces), thawed

1-1/2 cups cubed cooked turkey breast
1 tube refrigerated crescent rolls
Preheat oven to 375°. In a saucepan, mix
first 4 ingredients until smooth; gradually

first 4 ingredients until smooth; gradually stir in milk. Bring to a boil over medium heat; cook and stir until thickened, about 2 minutes. Add vegetables and turkey; cook and stir until heated through. Transfer to a greased 8-in. square baking pan. Unroll crescent dough and separate into 8 triangles; arrange over turkey mixture. Bake until casserole is heated through and topping is golden brown, 15-20 minutes.







Cranberry Orange Loaf

This is an excellent flavor to choose from. Orange and cranberry flavors will be sure to put you in the holiday spirit. It tastes even better the next day.

2 cups all-purpose flour 1 ¹/₂ teaspoons baking powder 1/2 teaspoon baking soda 1/2 teaspoon salt 1 tablespoon grated orange zest 1 ¹/₂ cups fresh cranberries 1/2 cup pecans, coarsely chopped 1/4 cup margarine, softened 1 cup white sugar 1 egg 3/4 cup orange juice

Preheat the oven to 350 degrees F (175 degrees C). Grease and flour a 9x5-inch loaf pan. Whisk together flour, baking powder, baking soda, and salt. Stir in orange zest, cranberries, and pecans. Set aside. In a large bowl, cream together margarine, sugar, and egg until smooth. Stir in orange juice. Beat in flour mixture until just moistened. Pour into prepared pan. Bake for 1 hour in the preheated oven, or until the bread springs back when lightly touched. Let stand 10 minutes, then turn out onto a wire rack to cool. Wrap in plastic when completely cool. When ready to serve drizzle a powder sugar icing over it.

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Calendar of Events

If you have a special event coming up, let us know before deadline and we will carry it in the Calendar of Events. Call Sherry Stewart, 775-6036 to list your event. If your club or organization is not listed here and you would like it to be, just give me a call.

If your group information changes, please let us know.

PORTLAND NOW, INC.

Monthly Meeting Tues. December 6, 2022

6:00 pm

We will be meeting in the rear of The Table Restaurant 1800 Portland Ave.

Looking forward to seeing all y'all for this meeting. Bring a friend, get them signed up as a member.

TAKES A NEIGHBORHOOD

AMERICAN LEGION POST 193 4th Tuesday of the month, 7 pm,

2800 W. Main St. New members welcome.

AMERICAN LEGION POST 193 LADIES AUXILIARY

4th Tuesday of the month, 7 pm, 2800 W. Main St. New members welcome.

LEWIS/PARKLAND LODGE 638 F&AM Meets first and third Fridays, 7:30 pm, at The Masonic Lodge at 2nd & Kentucky Sts. Gary Elder, Master 937-3384; Virgil T. Larimore, Secretary, 339-7640.

HELP US HELP OTHERS!

All we need is one hour of your time to help a senior citizen in your neighborhood!

Meals-on-Wheels is looking for volunteers to deliver lunchtime meals to homebound senior citizens. There are many senior citizens living in the Louisville Metro area that are unable to receive meals on wheels due to a severe shortage of volunteers.

Qualifications:

Complete an application, including police record check

Provide own transportation

Meals are picked up around 10:00 - 10:30 am and delivery takes about 1 hour. Training is provided. Call 574-6420 to volunteer.

The Portland Anchor

SUPPORT GROUP MEETING FOR PARENTS OF CHILDREN WITH LEARNING DIFFER-ENCES AND ATTENTION DIFFICULTIES

Meets the third Thursday of each month at 7:00 - 8:30 pm. Learning Disabilities Association of KY, Inc. 2210 Goldsmith Lane #118. Louisville, KY 40218. LDA Office at (502) 473-1256, for additional information.

ADULTS WITH ATTENTION DEFICIT DISORDER Support group meets on the fourth Thursday of each month, from 7 - 8:30 pm at the offices of Learning Disabilities Association of

KY, Inc. 2210 Goldsmith Lane #118, Louisville, KY 40218. LDA Office at (502) 473-1256, for additional information.

LEARNING DISABILITIES ASSOCIATION OF KENTUCKY, INC.

Volunteers needed for general office work, special events, and tutoring. Tutors will help students of average to above average intelligence who learn differently. Please call our office at 502-473-1256.

WEST JEFFERSON COUNTY COMMUNITY TASK FORCE

Meets the 3rd Tuesday of every month, 6 - 8 pm, 3rd floor Conference Room, The Nia Center, 2901 W. Broadway. We are an Environmental Group and we need more Portland residents to participate. Contact Carl Hilton at 852-4609 for information.

NEIGHBORHOOD HOUSE NUTRITION PROGRAM FOR SENIOR CITIZENS

201 N. 25th Street. 774-2322. Meals and activities daily from 9 am to 1 pm. 60 yrs. and up donation suggested.

HOUSING PARTNERSHIP

Meeting dates: Mondays 6 pm and Wednesdays 10 am or 2 pm, Downtown, 333 Guthrie, Room 404, Lou., KY. Must call for enrollment. Phone (502) 585-5451, fax (502) 585-5568.

CONSOLING PARENTS

A support group for parents who have lost a baby through miscarriage, stillbirth or newborn death, 6:30 pm. Tuesday at First Lutheran Church, 417 E. Broadway. Information 629-2103.

Dare To Care at St. Cecilia Campus 2519 St. Cecilia Street the 3rd Tuesday of the month at 10 AM

Dare To Care

will be at Portland Avenue Community Trust (PACT) Parking Lot at the new location in the former Portland Christian School, 2508 Portland Avenue

1st Tuesday of the month 10 AM

BIRTH PARENT SUPPORT GROUP

For those considering placing a child for adoption and for those who have placed a child. Sponsored by Adoptions of Kentucky, Inc. Call (502) 585-3005 for additional information.

CONSOLING PARENTS

A support group for parents who have lost a baby through miscarriage, stillbirth or newborn death, 6:30 pm. Tuesday at First Lutheran Church, 417 E. Broadway. Information 629-2103.

MANIC DEPRESSIVE & DEPRESSIVE ASSOCIATION OF LOUISVILLE

6 pm Sunday at the Urban Co. Government Center, 810 Barret Ave. Separate meetings for clients and their families are available. Information: 897-9717.

THYROID CANCER SURVIVORS

The ThyCa Louisville Support Group (for survivors of Thyroid Cancer) will meet from 10 - 12 pm monthly at Norton Audubon Hospital, Louisville, KY. Call for times and dates; also directions and other details about ThyCa Louisville. Contact group facilitator Pamela Pringle at (502) 394-0354. All ThyCa Survivors' Support Groups are free and open to anyone diagnosed with thyroid cancer, their families, friends and colleagues.

Portland Avenue Community Trust PACT

2508 Portland Avenue Located in the Portland Depot, the former Portland Christian School

The Food Pantry and Clothes Closet are presently open every Thursday

11:00 to 1:00

Free Groceries / Free Clothes and Shoes for Adults and Children.

Janes Bros. ACE Hardware 2527 Portland Avenue

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Phone 778-8727

AA meetings in Portland Grace Community has AA Meetings

Family Health Center 2215 Portland Ave., 4th Floor

Tuesday night at 8:00 PM

For more info call (812) 557-0823

Does someone's drinking bother you?

AL-ANON

District 1 Al-Anon meeting Louisville's West End

When: Tuesday, 6:30 p.m. Where: YMCA 930 W. Chestnut St. 7th Floor

For Friends and Family member who are troubled by someone else's drinking.

Break the Chains of Addiction

Reformers Unanimous Faith Based Addiction Program Reformers Unanimous Ministries -"We Help Anybody"

Reformers Unanimous Ministries exists to help anybody worldwide who wishes to experience a life of victory over difficulty. This victory is obtained and retained not through an experience of ongoing effort, but through a once in a lifetime decision to accept Jesus Christ as their personal Savior and a subsequent dedication to developing a dynamic love relationship with him.

Reformers Unanimous Addiction Program

"We Help Addicted Adults Find Freedom" Reformers Unanimous Addiction Program exists to help adults find freedom from addictive behavior. We accomplish this by assisting them in gaining and maintaining consistent communication with the Highest Power. This power is not a higher power chosen by them, but a Holy Power that has chosen them. Usefulness in life is then attained with community service through good local churches.

Shawnee Baptist Church

2214 Bank St., Louisville, KY 40212

Meets every Friday 7–9pm

For Information call 502-741-9961

The Housing Partnership, Inc. Provides free homebuyer education and financial counseling to residents and homebuyers on an ongoing basis. Enrollment is necessary. Please call (502) 585-5451 for more information. www. WeAreHPI.org.

Recipes from the Ladies of Baptist Tabernacle

Christmas has come at last! Here are a few tasty tidbits to pretty up your table in case you want to celebrate. Or, just make some for yourself and enjoy. Either way, I hope you enjoy the holidays and the treats.



You want simple. Here you go. 5 Cup Salad

- 1 cup mandarin oranges
- l cup pineapple chunks
- 1 cup miniature marshmallows
- 1 cup chopped coconut
- 1 cup sour cream

Drain oranges and pineapple before placing in your prettiest serving bowl. Add other ingredients. Toss lightly. Refrigerate. Don't forget to take it out of refrigerator when dinner is ready.



Snowy Pears

Chill 1 can 29oz pear halves, then drain. Place pear halves in individual serving dishes, cut side up. Top with generous spoonfuls of whipped topping. Drizzle with chocolate sauce.

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The Following Advertisers help make the Portland Anchor possible. Please consider supporting these businesses in the Portland Community, and look for their ads in this issue.

What a great way for the people of Portland to find your neighborhood business quickly! Get on The List! If you would like your business listed here, call us today!

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Cherry Swirl Cake

1 box white cake mix 3 egg whites 1 cup of water 1/3 oil 21-oz. Can cherry pie filling

Heat oven to 350 degrees. Grease and flour a 13x9 in. pan. Blend the first four ingredients until moistened. Beat 2 minutes at highest speed. Pour into pan. Reserve 1 cup of the cherry pie filling. Spoon the rest over the cake batter; gently swirl through batter to make a marble effect. Bake for 35-45 minutes or until toothpick inserted in center comes out clean. Cool. Spread reserved cherry filling over cake. Put a dollop of whipped topping on individual servings.



Cheesecake Puffs 16 oz cream cheese 1 tsp vanilla ³/₄ cup of sugar 24 vanilla wafers 2 eggs 22 oz. Cherry pie filling

Heat oven to 375 degrees. Place the cream cheese, sugar, eggs and vanilla in a large bowl and beat with electric mixer until smooth. Line muffin tins with paper liners and put one vanilla wafer in the bottom of each liner. Fill3/4 fill with cheese mixture. Bake for 10 minutes and coot. Put one spoonful of pie filling in each cup. Chill. If you are having a large group over for the holidays, you might want to double this recipe.

When we celebrate remember this is the Lord's birth we are celebrating. Jesus is the reason for the season. Enjoy and be thankful God's promise was fulfilled. The Savior has come.



Cheese Pie

2 eggs 1 cup milk 1 cup flour ³/₄ cups mozzarella, shredded ³/₄ cups sharp cheddar cheese, shredded salt and pepper to taste

Heat oven 400 degrees and grease a 9 inch pie plate and set aside. Put eggs in medium bowl and beat. Add milk and flour and whisk until well blended. Stir in all the cheese and season with salt and pepper. Pour mixture into prepared baking dish. Bake until golden brown and knife inserted into center comes out clean. Cool before slicing.



I don't really know if this next recipes has a name. It is one of those recipes people make at Christmas and everyone asks for the recipe. So, here it is.

2 sticks of butter 1 cup brown sugar 1-2 sleeves of crackers 1 ½ bag of chocolate chips

Line cookie sheet with foil. Place crackers on foil until it is covered. Melt butter and sugar. Let mixture boil for 3 minute. Pour over crackers and bake in a 400 degree oven for 7 minutes. Remove and sprinkle with chocolate chips spreading evenly. Refrigerate for 30 minutes to set chocolate. Bring to room temperature and break into pieces. Store in air tight container



Make a resolution for your health in 2023!

By: Kristin Munro-Leighton, Family Health Centers

Start the New Year by making a resolution for your health! Eating well. staving active, and being smoke-free can help you feel better physically and mentally – and will improve your health. Changing habits can be hard, but you can do it if you:

Know the recommendations. (Be sure to ask your health care provider for advice.)

Eating well means:

- Eating a variety of foods each day, including fruits and vegetables (go to www.myplate.gov)
- Limiting foods high in fat, sugar, cholesterol, and sodium (try skim instead of whole milk, baked chicken instead of fried, and water instead of Coke)
- Limiting portion sizes (split your entrée, skip seconds, or use a smaller plate)

Being physically active means doing aerobic and strengthening exercises:

- Work up to doing 30 minutes of moderate aerobic exercises. 3 to 5 days a week (walking, swimming, biking, yard work - anything that works your heart and lungs)
- Work up to doing 8 to 10 strengthening exercises, 2 to 3 days a week (weight-lifting, water aerobics - anything that strengthens your muscles by making them work against resistance)

Start small!

Start where you are and take small steps for improvement – such as adding 1 piece of fruit to 1 meal each day, walking around your block twice after dinner 2 times a week, or cutting out desserts at lunch. Practice this step for 1 or 2 weeks to make it a habit. Feel successful! Then take the next small step toward your health.

Get support!

Make these changes with the help of friends, family, and your health care provider. Ask your family to change eating habits with you. Join an online yoga class for beginners. Do a Zumba video with your kids.

Use local resources!

Try some of the many free and low-cost classes and services available to help you accomplish your health goals. Go to www.fhclouisville.org/healthed for more information.

What's your resolution for your health in 2023?

Family Health Centers is offering free health classes!

Zumba, Yoga, cooking classes, family activities, and more are available in-person or online on your phone, tablet, or computer.

Go to www.fhclouisville.org/healthed for more information. Or, call Kristin at Family Health Centers (502) 772-8588.



The Portland Anchor

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