

PORTLAND ANCHOR

"Louisville's Oldest Neighborhood Newspaper"

Vol. 49, No. 2

February, 2021



A Stable Home for Anita's Family "I am so proud and blessed..."

Habitat for Humanity of Metro Louisville's Community Development and Home Repair (CDR) program plays a critical role in helping homeowners, in many of our city's underserved neighborhoods, overcome serious health and financial challenges to remain in their homes. From minor to critical home repairs, Habitat works in partnership with Portland residents, and neighborhood stakeholders, to preserve affordable homeownership and help homeowners invest in their community.

One of these homeowners who Habitat is partnering with is Ms. Anita, a life-long Portland resident. Anita has lived in the same home for most of her life; her family moved into the home when she was a little girl and when her mother passed away several years later, the home was left to Anita.

Persevering through hard times is not uncommon to Anita. She's worked two jobs her entire life, dedicating her time to raising her children and now her grandchildren. Throughout the years, her home has undergone the normal wear and tear but without having the financial means to make the necessary repairs, her home has deteriorated.

Habitat, and through a partnership with Hand in Hand Ministries, immediately got

to work. Her roof was damaged, her windows, gutters and siding had holes in them and were falling apart, and her front entry way was unstable. Habitat has provided most of the materials for the repair projects while Hand in Hand has provided the labor.

Through months of hard work, we're excited to share that Anita's home has a new roof, new windows, siding, gutters, a fence, and a new front porch. Volunteer crews are now beginning to enter inside the home to install new drywall.

Anita says it best, "Thank you for not giving up on me. I've never felt so much love in my heart and I am so blessed to have all these angels in my life. My kids and grandkids will now have their forever home in Portland, just like my momma would have wanted. And, I'm thrilled to say I finally have the dollhouse I always wanted but never got as a little girl."

For 2021, Habitat will continue to focus on partnering with Portland homeowners to complete home repair projects based on need. Applications are tentatively scheduled to be mailed to Portland homeowners by spring 2021 so be on the lookout! Visit Habitat's website at www.louisvillehabitat.org for more information on our CDR program or contact Alicia Pedreira at 502.805.1656 or apedreira@louisvillehabitat.org.

Follow us on  [Portland Now, Inc.](https://www.facebook.com/PortlandNowInc) and
portlandlouisville.com
for a color view of the Portland Anchor

Deadline for Next Issue: February 17, 2021

Look For Your Next Issue February 29 – March 5, 2021

Table of Plenty II

"Serving a free meal to all who come"

Wednesday, February 24, 2021

12 – 4 PM

2222 W. Market Street

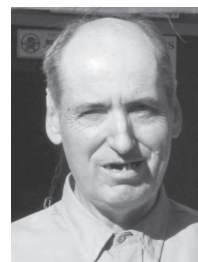
This is a joint outreach of St. Agnes Catholic Church,
Good Shepherd Catholic Church and Catholic Charities

Carry Out Only

Menu:

Beef Stew and Rice
Salad and Dessert

All are welcome! Dates and times subject to change.



Letter to the Editor

There were 7 vacant houses in the 21st block of Rowan Street. 4 of them had a fire and have been torn down. There is only 3 of them left now. That is good.

William Barnes

The Portland Anchor

P.O. Box 2108
Louisville, KY 40201-2108

775-6036

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2021 Portland Anchor Deadlines and Publishing Dates

Issue Month	Deadline	Subscription Delivery Date
March 2021	February 17	February 26 - March 5
April 2021	March 17	March 26 - April 2
May 2021	April 21	April 30 - May 7
June 2021	May 19	May 28 - June 4
July 2021	June 16	June 25 - July 2
August 2021	July 21	July 30 - August 6
September 2021	August 18	August 27 - September 3
October 2021	September 15	September 24 - October 1
November 2021	October 20	October 29 - November 5
December 2021	November 17	November 26 - December 3
January 2022	December 15	December 26 - January 5, 2021

* Dates are subject to change if needed.



Articles received after the DEADLINE DATE, which is printed on the front page, will be held for publication in the following month's issue.

WE ARE A CONTRIBUTOR'S PAPER AND WE WELCOME YOUR MAIL!

The Portland Anchor welcomes writing and photographs!

Please send them to:

The Portland Anchor
P.O. Box 2108
Louisville, KY 40201-2108

Include your name, signature, address, and phone number. We cannot print copy righted materials without proper release. All contributor writings that are published will carry the writer's name.

READABLE: It is helpful if your writings are typewritten or printed clearly, with names correctly spelled. Remember someone has to be able to read what you have written.

PHOTOS: All photographs should have a name and address on the back, and should identify the subject in the picture. *Do not send laser print pictures, as they are usually of poor quality and won't print well.* A self-addressed envelope should be included if you want the photo returned. **Please enclose \$10.00 for each photograph** you wish to have published. If payment isn't received with pictures, they will not be published.

We reserve the right to edit, reject, or delay the publication of any written material or photographs.

The content of any article or ad is the responsibility and/or opinion of the writer of same, and is not necessarily the opinion of the Anchor and/or its staff.

The Portland Anchor Subscription Form

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If renewal, please print exactly as it appears on mailing label, or remit label.

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Mail To: The Portland Anchor
Subscription Department
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Louisville, KY 40201-2108

Chit Chat

Information in Chit Chat is published **Free** as a service to Portland Anchor readers so that readers have a forum to announce important family events, and to express affection and love toward family, friends and neighbors. The Portland Anchor cannot verify the information published in 'Chit Chat', and assumes no responsibility for its truth or accuracy. **Photos cost \$10.00.** If you want photo returned, send a self addressed stamped envelope. **Do not send zerox or laser copies of photos.** Send original photo or save it to a disk or CD.

Chit Chat items must be no more than 100 words or less. No more than 10 items per person.
We reserve the right to edit or reject items that we feel are not appropriate for our publication.



Grampa's Home!

Hello Portland, little Carmie here with my one and only Grampa. On December 5, 2020, I thought I had lost him! Grampa was riding his 4 wheeler when it turned over on him, he broke his pelvis in 4 places. Went to UofL Hospital, then taken to rehab center for 20 days. He's home now and with my help and his nurses, he'll be back like nothing had happened. I told him, "Grampa you're not a young man anymore. Leave the driving to me." See you on the water or in the field! (With God's help and a little luck)

Happy Birthday

Happy birthday Pop on February 14! I love you, Dee Dee.

Happy birthday to my cousin Sherry on February 18. I love you, Dee Dee.

Happy Heavenly birthday to my grandma Maxie Galloway on January 23rd. Thank you very much for always being so very good to me as a child & in my early teens. I was 17 when you passed. You were always cooking, sewing & teaching me. You were peaceful and loving. I miss you dearly. I miss you and I love you always, Dee Dee.

Happy birthday to my cousin Sheila Vaughn, New Year lady! I thank you for all you do, not just as a nurse, but also as a daughter, sister, mother & granddaughter. I love you, Dee Dee.

In Memory

Chris Dunn you left us February 15, 2020. I miss you everyday. Love you & can't wait to see you again, aunt Dee Dee.

RIH Cherry Knott. You was so loved & are so missed. I picture your sweet face & your cute attitude. Oh how back in the day you loved looking out the window. Years ago you & Deena sitting at the table. Will always keep you in my heart.

Happy New Year 2021

May this year be better in every aspect than the year that just ended. This is a time to change, do better not just for our own personal gain, but that others. Rhonda Kaye

Family Health Centers is offering free ONLINE classes!

Try Zumba, Yoga, Meditation, cooking class, family activities, and more on your phone, tablet, or computer.

Go to
www.fhclouisville.org/healthed

for more information.

Or, call Kristin at
 Family Health Centers
 (502) 772-8588



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**Have you set some
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For more information, contact

Sara Logsdon
slogsdon@nhky.org
 (502) 774-2322 ext 262

or contact
 Allison Jonston
ajohnston@nhky.org
 (502) 774-2322 ext 260

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HALL RENTALS

FOR BIRTHDAYS, WEDDINGS, REUNIONS ETC

LIC #0372

News From Janet Cherry -

Good news from Neighborhood House. Connie Herron is on the mend. Thanks to her family members.

Most of my Seniors survived the 2020 year.

30th & Market 778-4419



www.baptisttabernacle.com



Around Good Shepherd

Good Shepherd Catholic Parish located at 3511 Rudd Avenue is getting a new roof and a new look. A new metal roof that is green in color is being installed by Ray Nolan Roofing Company, Inc., Louisville, KY.

The project will be complete with a copper steeple and gutters. Fr. Deo and the parishioners of Good Shepherd invite you to join us for weekend Masses, Saturday at 4 PM or Sunday at 11 AM. We are practicing Social distancing and following all CDC guidelines.

Good Shepherd also has a new Facebook page, Good Shepherd Church Portland, KY. Sunday services are being livestreamed at this time. Please be sure to like us and follow us!

Photos by Rick Thomas



A Florist For You

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Our 1 year Anniversary is February 1st, 2021.

Valentines Day is right around the corner, Sunday Feb 14th

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“PNI Spreads Christmas Cheer”

By Kacie Chase, PNI Treasurer

The Portland Now, Inc. (PNI) neighborhood association used to meet every month at the Portland Library – until Covid 19 hit and PNI was forced to rethink meeting and gathering. The meetings used to involve eating Annie’s Pizza together and discussing neighborhood events, concerns, and information about pertinent neighborhood happenings. Anyone living, working, or loving the Portland neighborhood was always welcome at the meetings, which were held on the first Tuesday of the month at 6pm.

At first, PNI met outside at the Portland Museum, in order to try to still gather and discuss community matters. Everyone wore masks and socially distanced themselves, but of course no food was provided. Once the winter months hit and Covid numbers increased dramatically, it became apparent that the PNI meetings were going to have to be postponed. The group did try online options, but attendance was low and it was difficult to promote robust conversation.

The executive committee decided it was time to give to the community and utilized the previously allocated funds for pizza at the monthly meetings. Working with Sherry Hurley, owner of Portland’s Farm to Fork Café, the committee created and distributed Christmas gift bags. The bags filled with goodies spread cheer across the community, including the Portland branch of the LFPL, The Table staff and volunteers who have been providing assistance through the COVID19 shutdown to our neighbors without homes, First Division LMPD Officers, and other well deserved Portland residents.

PNI is here to serve and promote our community and was so happy to have the opportunity to be able to support a local business, while also bringing a little bit of joy at Christmas. If you are interested in attending PNI meetings, we will meet online on March 2 at 6pm (see Facebook for login details), and in person starting April 6 at the Portland Museum. Keep a lookout here in the Anchor and on Facebook for more details about the upcoming meetings.

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Family Dentistry

LVA Announces Creative Clues and Summer Camps in Portland

By Grant Johnson

LVA is happy to announce Creative Clues, a fun way to keep imaginations in shape: <https://www.louisvillevisualart.org/creative-clues>. Each Creative Clue installment asks artists of all ages to respond to a thoughtful prompt by creating an original work in the medium of their choice. Photographs of finished pieces are submitted via email, and a web-based exhibit of the month's creations is then posted for all to enjoy.

To enhance artistic thinking and activity, Creative Clues presents one new in-depth art technique alongside each month's creative prompt. Following the Clues all year long will lead to bursting portfolios and creative confidence for those who rise to the challenge.

LVA is also thrilled to announce that for the first time, we are offering two week-long Summer Art Camps at our 1538 Lytle Street location in Portland, where campers will learn art

techniques with highly qualified instructors from 9am to 12pm. It has been a 5-year dream of ours to host this kind of educational programming at our converted warehouse in Portland, and we hope some Portland Anchor readers will help us make the dream a reality.

Registration for the Portland Art Camps and for all of our Summer Art Camps is available at: <https://www.louisvillevisualart.org/camps-workshops> Camp registration opens February 8th at 9:00am.

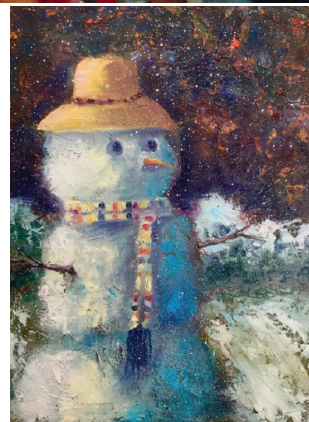
Our exciting Portland Art Camps are:

1/2 Day Manga Workshop, July 19-23, ages 11 to 13 - Meet at the LVA Portland Warehouse, 1538 Lytle St., Louisville, KY 40203, from 9:00am-12:00pm.

1/2 Day Academy Summer Art Camps, July 26-30, ages 14 to 17 - Studio Art Camp will be at the LVA Portland Warehouse 1538 Lytle St., Louisville, KY 40203, from 9:00am-12:00pm.



Above: The crew at a recent LVA Comic Book Creation Summer Camp



Our First-Ever Creative Clues Submission, responding to the clue, "Winter"

Title: Winter Blues
Artist: Greta Mattingly
12 x 9, oil



Portland

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Be Good to Your Heart

When you celebrate Valentine's Day this month, give your heart a little love too!

How does my heart work?

Your heart is actually a muscle. This muscle squeezes about 60 to 80 times a minute to pump your blood through it. You have miles and miles of arteries and veins that are like a pipe system leading from your heart to every part of your body. Your vital organs depend on the constant supply of oxygen and nutrients they get from the blood your heart is pumping.

What can hurt my heart health?

High blood pressure: The force of blood pushing against the walls of your arteries and veins is your "blood pressure." Normal blood pressure for adults is less than 120/80 mmHg. If you have high blood pressure (also called hypertension), your blood is pushing harder than normal on the walls of your blood vessels which can damage them and also puts extra strain on your heart. This damage and strain can lead to heart disease, heart attack, and stroke.

High cholesterol: Cholesterol is a soft, fat-like substance found in your blood and cells. When there is too much cholesterol in your blood, it can join up with other fats to clog the arteries. These clogs can reduce blood flow to the heart, causing a heart attack, or to the brain, causing a stroke.

Smoking: Smoking cigarettes (or using other tobacco products like e-cigarettes/vaping and cigars) can cause heart problems by increasing blood pressure, narrowing the arteries, increasing cholesterol, making blood more likely to clot, and making less oxygen available for the heart muscle to work.

Obesity and diabetes: Obesity and diabetes can cause heart problems by increasing blood pressure, increasing cholesterol, and more.

How can I help my heart?

- Make an appointment to **have your blood pressure and cholesterol checked.**
- **Sign up for programs** to improve your heart health like Zumba Aerobics (physical activity), Yoga (relaxation), Freedom From Smoking (stop smoking), Cooking Matters (healthy eating and cooking), Healthier Meals Healthier Me class (healthy eating and cooking), Diabetes Management, and Living Well Workshop (health living with high blood pressure, high cholesterol, diabetes, and more).

For more information, check the Family Health Centers website www.fhclouisville.org/health or call Kristin (502) 772-8588.



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Family Health Centers

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A few reminders

FOR YOUR SAFETY

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CHANGED
THESE LAST
FEW MONTHS**

**FAMILY
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CENTERS HAS
MADE SOME
CHANGES FOR
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PHARMACIES**

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YOUR NEXT
VISIT**

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VISITING
FAMILY
HEALTH
CENTERS**

WEAR A MASK

**COME ALONE,
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ARE
BRINGING A
CHILD**

**CALL US
BEFORE YOU
COME IN**

**IF YOU FEEL
SICK OR
THINK YOU
HAVE BEEN
AROUND
SOMEONE
WITH
COVID-19
PLEASE LET US
KNOW RIGHT
AWAY.**

www.fhclouisville.org

Obituaries



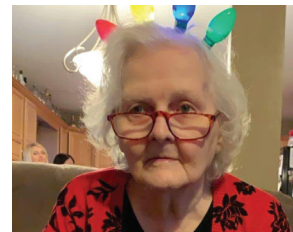
Betty Barger passed away peacefully December 14, 2020, at Springhurst Health & Rehab in Louisville, KY. She is preceded in death by her husband, Robert Glen (Bob) Barger in 2004; they were married for 65 years. She is survived by her four children, Georgia L. Gerren of Okeechobee, FL, Robert E. Barger (Eva) of Lake Placid, FL, Gordon H. Barger (Cheryl) of Okeechobee, FL, Sandra Kay Tull (Jeff) of Louisville, KY; one sister, Barbara Watford of Okeechobee, FL; eleven grandchildren, twenty great grandchildren, fourteen great-great grandchildren, and many loving nieces and nephews. A native of Mingo County, West Virginia, for the first half of her life. She was the daughter of Lonus and Ella (Ooten) Tiller. Betty and Bob retired to Okeechobee, FL in 1972. She was a devoted member of the First United Methodist Church and a past Worthy Matron of Chapter 128, Order of the Eastern Star. She

moved to Louisville, KY in 2011 to live with her daughter and family. Betty was a 35 year breast cancer survivor. Visitation was at Seawinds Funeral Home with a Memorial service, with burial in Evergreen Cemetery.



Jeremy Augustus Beach, 38, passed away in Louisville, KY on December 1, 2020. He was born on May 17, 1982 to Theresa Beach and the late Jerry Noe in Louisville, KY. Jeremy loved fishing and taking his dogs to the park. Jeremy was a family man and enjoyed spending time with family and friends and enjoying life. A very caring person, Jeremy was huge help to his mother and cared for his sister Tracy. He had a very giving heart and outgoing personality. Left to cherish his memory are his mom, Theresa Beach; daughter Hallie Workman; sisters, Jammie and Tracy Beach; aunts, Kay Tarrence (Phil) and Shirley Oller

and host of extended family and friends. Family has chosen cremation. Neurath-Schoppenhorst was entrusted with the arrangements.



Mary Joyce Coomer, 83, of Louisville, KY passed away on November 30, 2020. Mary Joyce was born on November 30, 1937 to the late William and Hallie Williams Harper. She was raised in Louisville, KY and graduated from Ahren's High School. She was loved and will be missed by many. Left to cherish her memory is her husband of 64 years, Russell K. Coomer, Sr.; children, Russell K. Coomer Jr., Tina Coomer, Rhonda Weist and John Coomer; siblings, James Harper, Donald Harper, Jack Harper and David Harper; 9 grandchildren; 14 great grandchildren and a host of extended family and friends. In addition to her parents, Mary Joyce was preceded in death by her son, Gregory Coomer; sisters, Florence Shoemaker, Clara Dunn, Nellie Bradley and

Charlotte Gilbert. A Funeral Service was held at Neurath & Schoppenhorst Funeral Home, 1832 W. Market Street, Louisville, KY with burial at Resthaven Cemetery.



Sarah Elizabeth Castle, 47, passes away Friday, January 8, 2021. Sarah was a former employee of Norton Hospital's Dietary Department. She was preceded in death by her father, Timothy F. Mikels. She is survived by her loving husband, Terry D. Castle; mother, Joann Heath; brother, Tim Mikels (Angie); nieces & nephews, Brittany Mikels, Jessica Mikels, Dallas Mikels, Paige Linehan, Brooklyn Mikkels, Timothy Mikels, Ashely Michelle Chism, and Autumn Chism; great-niece, Amiyah Mikekls; sister in law, Sherry Linehan. Her funeral services are private. J.B. Ratterman & Sons Funerals & Family Cremation Care, 2114 W. Market Street is in charge of arrangements.

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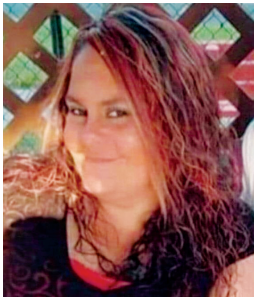
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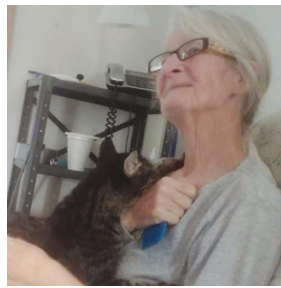


Country-Wide and Southern Indiana Delivery

Obituaries



Lisa Marie Cook, 32, passed away Wednesday, December 30, 2020. Lisa was a store clerk for Volunteers of America at Goodwill on Dixie Highway. She was preceded in death by her grandparents, Mable & Earl Cook and Burton & Josephine Waldridge; cousin, Brandon Borders. Survivors include her children, Michael, Anthony, Adriana, Christopher, and Kash; parents, Curtis & Joyce Cook; sisters, Shannon Napier, Amy Parks, and Tiffany Cook; Godson, King; her nine nieces & nephews, Summer, Braydon, Chance, Serenity, Kane, Alan, Brooklyn, Josie, and Legend. Visitation will be 1:00P.M. to 8:00P.M. Monday, January 4, 2021 at J.B. Ratterman & Sons Funerals & Family Cremation Care, 2114 W. Market Street. Her Funeral Services was January 5, 2021 with burial in Evergreen Cemetery. Expressions of sympathy may be made to Volunteers of America, 570 S. 4th St. Ste. 100 Louisville, Ky. 40202.



Joyce Marie Duckwall, 66, of Louisville, KY passed away on January 3, 2021. She enjoyed gardening, making homemade meals and decorating her home. One of Joyce's greatest loves was caring and adopting animals that needed a loving home. She was preceded in death by her parents, Woodrow Wilson and Francis Edna Duckwall and siblings, Lawrence Roth, Carolyn Duckwall and Ernie Duckwall. Joyce leaves to cherish her memories her brothers, Joe (Joyce) Duckwall and Robert (Kathy) Duckwall; numerous nieces and nephews and her fur babies. Visitation was at Legacy Funeral Center, Schoppenhorst Chapel, 1832 W. Market Street, Louisville, Ky with a celebration of Joyce's life. She was laid to rest at Evergreen Cemetery.



forget-me-nots

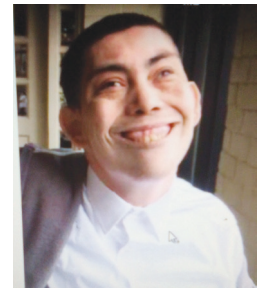
They represent the immortal love we have for those who go before us.



Ernest "Ernie" Lee Hayse, Sr., 64, of Louisville, passed away Wednesday, December 16, 2020 at his home. He loved hunting and fishing and he was a big UK fan; he was a retired truck driver for Armstrong Transportation. He was preceded in death by his parents, Eddie and Willa Mae Hayse and son, Ernest Hayse, Jr.; and infant sisters, Linda Gale and Judy Hayse. Ernie is survived by his loving wife of 45 years, Delma Hayse; daughter, Kimberly Morin (Ken); grandchildren, Gabriella and Dominic Morin; sisters, Mary Pence, Virginia "Jenny" (James) Adair, Sherry (Paul) Stewart, Sylvia (Billy) Cissell, and Karen Hayse. Visitation was at Ratterman Keenan Southwest Chapels, 4832 Cane Run Road with burial at Evergreen Cemetery.



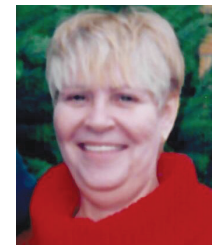
PFC Anthony Lavelle Jones, 19, returned to his Heavenly Father on Thursday, December 3, 2020. Anthony was born in Louisville, Kentucky on May 21, 2001 to Victor and Kelly Jones. Anthony was an active member of the United States Army. Anthony played football in high school and loved working out and going to swim lessons. Prior to joining the Army, Anthony met the love of his life, Chasity. He was especially excited about becoming a dad and deciding on the name Emberleigh with his expecting wife. Left to cherish his memory, Anthony leaves behind his wife, Chasity Allen; mother, Kelly Jones; father, Victor Jones; brothers, Victor Johnson, King Jones and Markell Williams; sisters, Alana Jones, Victori Jones, Marita Jones, Zsa-Ava Taylor and Armani Roach; grandparents, John and Rebecca Stocking and Minister Robert and Rosalind Grant; aunt, Melissa Jennings; uncles, Vincent Jones and Muhammad Alif; cousin, Samara Hobson and a host of extended family and friends. A Funeral Service was held December 14 at Neurath & Schoppenhorst Funeral Home, 1832 W. Market Street, Louisville, KY with burial followed at Resthaven Cemetery.



Carey "JR" Hayse, Jr. passed away on January 22, 2021, in Somerset, Kentucky. JR Hayse was born October 23, 1990 in Louisville, Kentucky to his parents Ruth and Carey Hayse. JR is survived by his parents and 2 siblings, Sonny (Samantha) Hayse and Amber (Travis) Smith; 4 nieces, Kaylynn Wright, Miracle Skaggs, Heaven Hayse, and Nevaeh Hayse; 1 nephew, Anthony Skaggs; many aunts and uncles. We all loved him very much.



Daniel Wallace McCarthy, 69, passed away peacefully at his residence on November 26, 2020. He was born on April 5, 1951 to the late Daniel and Ann McCarthy. Dan was a knowledgeable linguist and scholar. He had an optimistic and joyful outlook on life that made him a favorite of everyone who knew him. Left to cherish his memory are his loving wife of 32 years, Judy Krish; and sister Maria Simpson. There will be no services at this time. Neurath & Schoppenhorst is entrusted with the arrangements.



Wanda Catherine Monahan, 76, passed away Monday, January 4, 2021. Wanda was a former employee of Louisville Downs Race Track. She was preceded in death by her son, Richard Eugene Vanover and her parents, Anthony and Edith Tinsley. She is survived by her loving husband, Richard Monahan; sons, Darryl Vanover (Kimberly) and Dale Vanover (Jenny); grandsons, Darryl Vanover Jr. and Shane Marcum; great-granddaughter, Riley Nicole Vanover; sisters, Joyce "Quitta" Surratt and Kay Tinsley. Due to Covid-19 services are private.

J.B. Ratterman & Sons Funerals and Family Cremation Care

2114 W. Market Street

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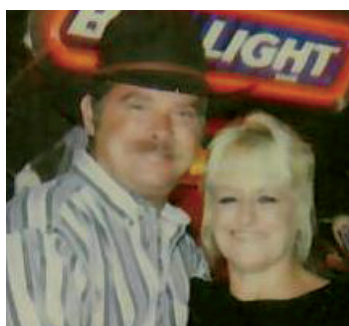
Tony Ratterman, owner
Sheila White-Mullins, manager
Lenny Black, office manager

We now can provide for Pet Cremation

Obituaries



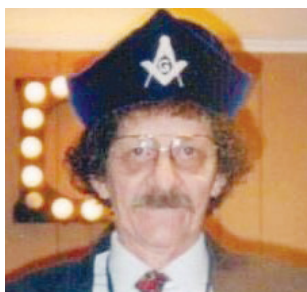
Mary M. Miles, 92, passed away December 14, 2020 with her family by her side. Mary was born January 4, 1928 in Butler County, Kentucky. Mary was a retired real estate secretary and a member of St. Anthony Catholic Church. She was also a secretary for 16 years for St. Anthony Catholic Church. Mary is preceded in death by her parents, Argo Hayse (Edna) and Dovie (Swift) Strasburger (Jake); her grandparents, Yeamon and Mary Swift; her loving husband, Joseph L. Miles; son, Tom Miles; three brothers, Fred and Brad Hayse, Lester Bratcher; and one sister, Lorena Bratcher. Survivors, daughter, Sharon Pittman (Larry); son, Kevin Miles (Debbie); daughter in law, Sharon K. Miles; sister, Juanita King; 3 brothers, Donald Strasburger (Minnie), Charlie Strasburger (Adele) and Greg Strasburger (Debbie); grandchildren, Tania Miles, Tim Miles, Amy Lohden (Scotty), Tony Miles (Lindsey), Nikki Miles, Holly Evans (Jeff) and Meredith Dvorak (David); great-grandchildren, Timothy Miles, Kirstin Lohden, Joseph Miles, Wyatt Miles, Trey Evans, Sawyer Evans, Chevy Dvorak and Maverick Miles. Funeral services was private, live streamed at Good Shepherd Church Portland, KY. facebook page.



Rick Petersen, 61, passed away Monday, December 21, 2020. Rick was a retired roofer with Highland Roofing. He is survived by his loving partner, Delores Willock; son, Leon Henderson; brothers, Donnie and Doug Petersen; sister, Peggy Petersen; special friends, Amanda Allen, Mary Logsdon, Candy Cohagan, and Nancy Holcomb. J.B. Ratterman & Sons Funerals & Family Cremation Care, 2114 W. Market Street is in charge of arrangements.



Kerry Ray Robinson, 56, of Louisville, KY, passed away on October 18, 2020. He was former owner of his after-market auto design company. In his earlier years, Kerry loved playing tennis and scuba diving. In his recent years he enjoyed landscaping and landscape design. He was a devoted son, who was playful and nurturing, especially as he served as caregiver for his mother over the past few months. He is preceded in death by father, Kenneth R. Robinson. Kerry leaves to cherish his memories his daughters, Sydney Robinson and Karra Robinson; 2 granddaughters; mother, Barbara M. Robinson; sister, Debra Davidson and his niece, Abigail Davidson. A memorial service will be held at a later date.

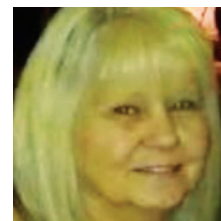


Everett A., "Big Al" "Duke" Sayre, Jr., 80, passed away, Sunday, January 3, 2021 passed away of a brief illness with his loving children by his side. Duke was born July 9, 1940 in Louisville, Ky to the late Everett A. and Marjorie J. (Vaughn) Sayre, Sr. He was retired from Holm Industries and a Mason. Besides his parents he is preceded in death by his son, Patrick Joseph "P.J." Sayre; wife, Rosa M. Sayre; brother, Ronald W. "Ron" Sayre. Survivors include his five children, Theresa M. Lillpop (Wayne), Everett A. "Fitz" Sayre, III, James S. "Steve" Sayre (Tammy), Mary J. "Jackie" Willen (Jammie)

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and Thomas D. Smith; sister, Carol A. Osborne (Ken); brother, Thomas E. "Tom" Sayre (Terry); sister in law, Sharon Sayre; close friend, Mary Dailey; 18 grandchildren and 24 great-grandchildren. Funeral services held at J.B. Ratterman & Sons Funerals & Family Cremation Care, 2114 W. Market St. with burial in Ivy Hill Baptist Church Cemetery, Underwood, Indiana.

Thomas Jackson Skaggs, 88, passed away, January 12, 2021 at Baptist Health Hardin. He was born February 13, 1932 in Green County, Kentucky to the late Ernest and Hazel Skaggs. Thomas was a Korean Air Force veteran, a Mason and a retired factory worker. Besides his parents his is preceded in death by his wife, Mary Frances Skaggs. Survivors include his daughter, Malisa Harper (James Grant) and a brother, Jimmy R. Skaggs (Linda). JB Ratterman & Sons Funerals & Family Cremation Care in charge of arrangements.



Elaine M. Tarrence, 66, passed away Friday, January 15, 2021. Elaine loved going to the "Boat" and playing bingo. She was preceded in death by her daughter, Kimberly Tarrence; parents, George and Martha Singleton; 4 brothers and 1 sister. She is survived by her loving husband, Rocky Tarrence; daughter, Robin Tarrence; grandchildren, Justen Tarrence, Brooke Ballard (Charlie), Matthew Colmore, and Bradley Colmore; great-granddaughter, Raelyn Tarrence; brother, John Singleton (Teresa); Son-In-Law, Bootsy Colmore Funeral Services was January 21, 2021 at J.B. Ratterman & Sons Funerals & Family Cremation Care, 2114 W. Market St. with burial in Penn Run Cemetery.



Cecil Wayne Wright, 43, passed away, Monday, December 28, 2020. Cecil was born June 7, 1977 in Louisville, Ky. He is preceded in death by his mother, Patricia Crabtree Ammons; sister, Dawn Sawyers; and step-father, Thomas E. Miller. Survivors include his wife, Connie Marie Wright; his children, Justin Wayne Tyler Wright (Brittni), Brinden Lee Alexander Wright, Blaze Michael Hampton Wright, Blade Auston Gean Wright, Aiden Michael Wheeler, Michael Curtis Cook and Bryce Wright; his grand-daughter, Kinslee Wright; two sisters, Theresa Smothers (Seward) and Tonya Sawyers; four brothers, Ray Wright Jr., Thomas Edward Wright, Rex Allen Wright, Sr. (Rhonda); James Ammons (Chrissy); step-father and caretaker, Joe Ammons; and a host of family and friends. Services will be held at JB Ratterman & Sons Funerals & Family Cremation Care but in accordance with Covid-19 the services will be private.



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Forever in our Hearts*

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Easy Wintertime Recipes from The Anchor

Easy Chicken Broccoli Pasta

- 2 cups uncooked penne pasta
- 2 cups frozen broccoli florets
- 1 pound boneless skinless chicken breasts, cut into 1-inch cubes
- 1/4 teaspoon salt
- 1/4 teaspoon pepper
- 1 tablespoon canola oil
- 1 small sweet red pepper, chopped
- 1/2 cup white wine or reduced-sodium chicken broth
- 1 cup reduced-fat Alfredo sauce



Cook pasta according to package directions, adding the broccoli during the last 5 minutes of cooking.

Meanwhile, sprinkle chicken with salt and pepper. In a large nonstick skillet, saute chicken in oil until lightly browned. Add pepper; saute 3-5 minutes longer or until chicken is no longer pink and pepper is tender.

Drain pasta mixture; add to the pan. Reduce heat to low. Stir in wine, then Alfredo sauce; cook and stir until heated through.

Gnocchi with Spinach and Chicken Sausage

- 1 package (16 ounces) potato gnocchi
- 2 tablespoons olive oil
- 1 package (12 ounces) fully cooked Italian chicken sausage links, halved and sliced
- 2 shallots, finely chopped
- 2 garlic cloves, minced
- 1 cup white wine or chicken broth
- 1 tablespoon cornstarch
- 1/2 cup reduced-sodium chicken broth
- 3 cups fresh baby spinach
- 1/2 cup heavy whipping cream
- 1/4 cup shredded Parmesan cheese



Cook gnocchi according to package directions. Meanwhile, in a large skillet, heat oil over medium-high heat; cook sausage and shallots until sausage is browned and shallots are tender. Add garlic; cook 1 minute longer.

Stir in wine. Bring to a boil; cook until liquid is reduced by half, 3-4 minutes. In a small bowl, mix cornstarch and broth until smooth; stir into sausage mixture. Return to a boil, stirring constantly; cook and stir until thickened, 1-2 minutes. Add spinach and cream; cook and stir until spinach is wilted.

Drain gnocchi; add to pan and heat through. Sprinkle with cheese.



John James Audubon: FOR THE BIRDS?



A closer look at the Portland-based life, legacy & controversy of the world's most famous ornithological artist, as interpreted through the work of Stan Squirewell, Sabra Crockett, Jon Cherry, Raymond Graf, and Hawk Alfredson. Featuring an extensive exhibit of original Audubon masterpieces alongside local contemporary art.

FEB 12TH - PORTLAND MUSEUM
2308 Portland Ave, Louisville KY 40212 / www.portlandky.org

A Little about Portland's Phoenixes

No one goes thru winter solstice without your body experiencing the death of light, and it's meek rebirth in the days that follow. Anyone on the equator has this built into their circadian rhythm.



But alas Jack Frost and the NorthWind nip that rebirth of hope in its tracks in short order. As luck has it, a deep internal rumbling then overcomes Jack's withering rebuff. This is called the Phoenix effect: The miracle of the epic Phoenix event comes to mammals in a way that the behavioral scientists call the innate ability to envisage delayed gratification. But there I go again tossing pearls to Arnold Ziffel. I suggest a study of Disney's Maleficent 2 would help here. Just to better illuminate, here are some examples of post winter equinox ideation: Sprites of early **hope**, followed by the incessant rise of it's infernal trickster **antidote**, and finally the ensuing and necessary rise of the **Phoenix**. Sorry (not sorry) if this is a bane to read but it is good medicine for Portlanders:

HopeDawn: Personally experience what it feels like to be unfairly labeled an outcast in society or an endangered species. Walk through Kroger with a red A on your forehead or moss on your shoulder like the forest sloths. **Antidote to hope:** Don't do this; people might



think you've got real psychological problems. **Phoenix:** Put the A on the tip of your nose and wear a mask so no one can see it... and wear a chip on your shoulder rather than moss so that people will fear you rather than scorn you. And thereby use the aisles of Kroger to make your statements about society... to society.

HopeDawn: Even though dark and cold and dangerous, its healthy to go for a brisk walk/jog to get 10,000 daily steps after sundown. **Antidote to hope:** Too dangerous; can't predict safety; you nuts? **Phoenix:** Go to Kroger parking lot perimeter for good lights, good security, and nearby place to warm up if you get too cold but don't want to go home just yet.

HopeDawn: Combat digital divide by opening up your WiFi to apartments and sidewalks near you by naming your WiFi hub as "pw=Free2Use" and then set the password as Free2Use. **Antidote to hope:** Nobody wants loitering near where you live. **Phoenix:** Fight for the need for free neighborhood-wide wifi at

the expense of pothole repair funds.

HopeDawn: Start up a student/school run low power FM station at Shawnee High School with all of its numerous benefits. **Antidote to hope:** WNAS from New Albany HS is enough already; we don't need another school radio station. **Phoenix:** WNAS is oldies; so maybe Shawnee HS can concentrate on more hip hop or whatever they want. Doesn't need to be powerful to reach Portland and Shawnee neighborhoods.

HopeDawn: Grab some clay from the Ohio River banks during summer, and sculpt, glaze and fire it in winter, when it's cold and dark-- and the fire is roaring anyway. **Antidote to hope:** Nobody burns wood in winter to stay warm; pottery is commonplace; nonstarter idea. **Phoenix:** Develop cottage industry niche to make homemade pottery fashionable so that money and wood burning will be more abundant.

HopeDawn: Teaching people how to cheaply fix foundations and joists in saggy Portland homes for easy flipping for the eager and young. **Antidote to hope:** Profit-motivated entities will try to stop this grass-roots groundswell by kneecapping lending institutions...and lawyers will sue for giving advice that perhaps might lead to a home-issue in years to come. **Phoenix:** Resilience and sustainability are more than just concepts but they need massive momentum and support.

HopeDawn: Open a fish shack food truck on the Ohio shores, maybe Carp and catfish from the river are



Mondays at Wharf Park... Carp and catfish are abundant. **Antidote to hope:** riddled with lead. **Phoenix:** Make and sell a Carp gumbo soup with flocculating heavy-metal adsorbents added to sequester the Lead so everyone, including kids, can eat up.

In sum: The inescapability from the cycle of hope and anti-hope followed by a Phoenix is settled law. It's too riddled into our collective history to be shrugged off. Start making your own lists. Long live delayed gratification creating an early spring Portland Phoenix Phenom!

#PhenomPen
#UninvitedAdviceSmellsBad
#GoodToKnow

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2 Medium 2 Topping Pizzas

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One Large Pizza with the Works or All Meat

\$14.99 + TAX



Two Large Specialty Pizzas

\$27.50 + TAX



One Large 2-Topping Pizza & Two 20oz. Drinks

\$16.99 + TAX



2 Large 2 Topping Pizzas

\$21.99 + TAX



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Receive exclusive offers & updates!

Customer Favorite!
Personal Size Pizza 1-Topping, 20oz Soda & Bag of Chips
\$7.25

Home Made Lasagna
Made Fresh in Our Store
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STOP IN AND PICK ONE UP!
Cheesy Bread Sticks & Coke
\$10.60

...tax and extra toppings is additional cost

Desserts



CINNAMON STICKS REG. \$6.50 FAMILY SIZE \$10.50
PECAN PIE \$3.50
PLAIN CHEESECAKE \$3.50
FUNNEL FRIES \$3.75
Extra Toppings: Chocolate Caramel or Strawberry \$1.00

Beverages

20 OZ: COKE, DIET COKE, SPRITE 1.75
2 LITER 2.99
COKE, DIET COKE, CHERRY COKE, SPRITE



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PICK UP ONLY 4-9 PM MON-FRI ONLY
1 LARGE 1-TOPPING PIZZA \$7.00

Special Medium Specialty Pizza \$16.99
Big Saucy Sandizza Pizza or Philly Steak Pizza
See menu on back for ingredients. Limited time only.

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SMALL CHEF SALAD 6.25
Add Fajita Chicken 2.75
LARGE CHEF SALAD 8.25
Add Fajita Chicken 4.00
SEASONED CHICKEN TENDERS 6.99
SEASONED POTATO WEDGES 3.60
Add Cheese & Bacon 4.00
CHEESY BREAD STICKS Reg. 8.25
Family Size 10.50
WINGS 6-PIECE (BBQ / HOT) 8.25
WINGS 12-PIECE (BBQ / HOT) 12.25

CHICKEN POPPERS
6 PC \$5.75 15PC \$11.50
Includes 1 Dipping Sauce (Choose one):
BBQ, Marinara, Honey Mustard, Blue Cheese, Ranch



Pizzas

DOUGH MADE FRESH DAILY

	CHEESE	ADD'L TOPPINGS
PAN	3.50	1.00
10" SMALL	8.25	1.25
12" MEDIUM	9.25	1.50
14" LARGE	10.50	2.00
20" X-LARGE	22.99	4.00
28" XX-LARGE	45.99	6.00

TOPPINGS
PEPPERONI • HAM • SAUSAGE • ITALIAN SAUSAGE • BEEF
GREEN OLIVES • BLACK OLIVES • TOMATOES • GREEN PEPPERS
MUSHROOMS • ONIONS • PINEAPPLE • BANANA PEPPERS
JALAPEÑO PEPPERS • BACON

Extra Cheese Additional: Price Varies By Size

LIMITED TIME ONLY!
Medium Specialty Pizza – \$16.99
Your choice of:
Buffalo Style Chicken Pizza
Slow roasted white chicken meat in a tangy buffalo sauce, onions and cheese
Big Saucy Sandizza Pizza
Double spicy pepperoni, savory bacon, crispy bell peppers, special spices and cheese
Bbq Pulled Pork Pizza
Slow smoked pulled pork in a sweet honey bbq sauce, onions and cheese
Philly Steak Pizza
Shredded steak over A-1 Sauce, onions, green peppers and cheese
NO SUBSTITUTIONS



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SPAGHETTI w/ Meat Sauce & Italian Meatballs 9.25
HOMEMADE LASAGNA 9.25
w/ Marinara Sauce
Add Garlic Toast 1.50 each



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ALL SUBS COME WITH PICKLES & CHIPS,
SOME WITH LETTUCE & TOMATO

Additional Meat \$4.00

STEAK HOAGIE WITH CHIPS 8.75
Steak Patty, Marinara Sauce, Onion, Mozzarella Cheese, Lettuce & Tomato
HAM & CHEESE WITH CHIPS 8.75
Ham, Marinara Sauce, Onions, Mozzarella Cheese, Lettuce & Tomato
STROMBOLI WITH CHIPS 8.75
Pepperoni, Sausage, Marinara Sauce, Onions, Mozzarella Cheese & Pepperoncini
MEATBALL SUB WITH CHIPS 8.75
Meatballs Cut in Half, Marinara Sauce, Onions, Mozzarella Cheese & Pepperoncini
TURKEY WITH CHIPS 8.75
Turkey, Onions, Mozzarella Cheese, Lettuce & Tomato
VEGGIE WITH CHIPS 8.75
Onions, Green Peppers, Black Olives, Green Olives, Tomato, Marinara Sauce, Mozzarella Cheese & Pepperoncini
BLT WITH CHIPS 8.75
Bacon, Mayo, Lettuce, Mozzarella Cheese & Tomato
BIG DADDY SUB WITH CHIPS 8.75
Pepperoni, Sausage, Beef, Marinara Sauce, Onions, Banana Pepper Rings, Mozzarella Cheese & Pepperoncini
CHICKEN BACON RANCH WITH CHIPS 8.75
Fajita Chicken, Bacon, Mozzarella Cheese, Ranch, Lettuce & Tomato
GYRO WITH CHIPS 8.75
(Pita bread with seasoned beef & cucumber sauce)
Seasoned Beef, Onions, Mozzarella Cheese, Gyro Sauce, Tomato, Shredded Lettuce & Tomato on Pita Bread
PHILLY & CHEESE WITH CHIPS 8.75
Chopped Steak, Onions, Green Peppers, Mozzarella Cheese, A1 Steak Sauce, Lettuce & Tomato
ITALIAN SLUGGER WITH CHIPS 8.75
Salami, Pepperoni, Ham, Onions, Banana Pepper Rings, Mozzarella Cheese, Italian Dressing & Pepperoncini
CANE RUN CLUB WITH CHIPS 8.75
Ham, Turkey, Bacon, Mozzarella Cheese, Mayo, Lettuce & Tomato

COLD SANDWICHES

TURKEY WITH CHIPS 8.75
Turkey, American Cheese, Mayo, Lettuce & Tomato
TURKEY & HAM WITH CHIPS 8.75
Turkey, Ham, American Cheese, Mayo, Lettuce & Tomato
HAM & CHEESE WITH CHIPS 8.75
Ham, American Cheese, Mayo, Lettuce & Tomato

Your Choice Special
1 Large Works or
Your Choice of 1 All
Meat with Bread Sticks

\$20.99 + TAX



4 Large 14" 1-Topping Pizzas

\$33.25 + TAX



1 Large 14" 2-Topping Pizza, 6 Wings, and Small Salad

\$19.50 + TAX



3 Medium 12" Pizzas with 2-Toppings

\$21.99 + TAX



3 Medium 12" Pizzas with 3-Toppings

\$25.50 + TAX



X-Large 20" 2-Topping Pizza with a 2-Liter

\$32.99 + TAX



Calendar of Events

If you have a special event coming up, let us know before deadline and we will carry it in the Calendar of Events. Call Sherry Stewart, 775-6036 to list your event. If your club or organization is not listed here and you would like it to be, just give me a call.

If your group information changes, please let us know.

Portland Now, Inc.

Tuesday, February 2, 2021

We will be doing a dual meeting again, in person, social distanced at the Portland Museum (enter in the back through Lytle St) and online. It will be posted at portlandlouisville.com.

**6:00pm Social Time,
Meeting Starts 6:30pm**

meet.google.com/pmk-qvwx-nnw

Phone:

617-675-4444 PIN: 667 820 529 9472#

AMERICAN LEGION POST 193

**4th Tuesday of the month, 7 pm,
2800 W. Main St. New members welcome.**

AMERICAN LEGION POST 193

LADIES AUXILIARY

**4th Tuesday of the month, 7 pm,
2800 W. Main St. New members welcome.**

LEWIS/PARKLAND LODGE 638 F&AM

Meets first and third Fridays, 7:30 pm, at The Masonic Lodge at 2nd & Kentucky Sts. Gary Elder, Master 937-3384; Virgil T. Larimore, Secretary, 339-7640.

HELP US HELP OTHERS!

All we need is one hour of your time to help a senior citizen in your neighborhood!

Meals-on-Wheels is looking for volunteers to deliver lunchtime meals to homebound senior citizens. There are many senior citizens living in the Louisville Metro area that are unable to receive meals on wheels due to a severe shortage of volunteers.

Qualifications:

- Complete an application, including police record check
- Provide own transportation

Meals are picked up around 10:00 - 10:30 am and delivery takes about 1 hour. Training is provided. Call 574-6420 to volunteer.

Dare To Care

at St. Cecilia Campus
2519 St. Cecilia Street

the 3rd Tuesday of the month at 10 AM

PORTLAND MUSEUM

Portland Museum Board meets every third Thursday of the month at 5:30 pm, at the Museum, 2308 Portland Avenue. Phone 776-7678. Everyone welcome.

SUPPORT GROUP MEETING FOR PARENTS OF CHILDREN WITH LEARNING DIFFERENCES AND ATTENTION DIFFICULTIES

Meets the third Thursday of each month at 7:00 - 8:30 pm. Learning Disabilities Association of KY, Inc. 2210 Goldsmith Lane #118, Louisville, KY 40218. LDA Office at (502) 473-1256, for additional information.

ADULTS WITH ATTENTION DEFICIT DISORDER

Support group meets on the fourth Thursday of each month, from 7 - 8:30 pm at the offices of Learning Disabilities Association of KY, Inc. 2210 Goldsmith Lane #118, Louisville, KY 40218. LDA Office at (502) 473-1256, for additional information.

LEARNING DISABILITIES ASSOCIATION OF KENTUCKY, INC.

Volunteers needed for general office work, special events, and tutoring. Tutors will help students of average to above average intelligence who learn differently. Please call our office at 502-473-1256.

AARP PORTLAND CHAPTER 2526

AARP - Portland meets on the second Monday of the month at Neighborhood House, 225 N. 25th Street, at 10 am. Please join us!

WEST JEFFERSON COUNTY COMMUNITY TASK FORCE

Meets the 3rd Tuesday of every month, 6 - 8 pm, 3rd floor Conference Room, The Nia Center, 2901 W. Broadway. We are an Environmental Group and we need more Portland residents to participate. Contact Carl Hilton at 852-4609 for information.

NEIGHBORHOOD HOUSE NUTRITION PROGRAM FOR SENIOR CITIZENS

201 N. 25th Street. 774-2322. Meals and activities daily from 9 am to 1 pm. 60 yrs. and up donation suggested.

HOUSING PARTNERSHIP

Meeting dates: Mondays 6 pm and Wednesdays 10 am or 2 pm, Downtown, 333 Guthrie, Room 404, Lou., KY. Must call for enrollment. Phone (502) 585-5451, fax (502) 585-5568.

CONSOLING PARENTS

A support group for parents who have lost a baby through miscarriage, stillbirth or newborn death, 6:30 pm. Tuesday at First Lutheran Church, 417 E. Broadway. Information 629-2103.

Dare To Care

will be at Portland Avenue Community Trust (PACT) Parking Lot at the new location in the former Portland Christian School
2500 Portland Avenue

**1st Tuesday of the month
10 AM**

1st Division Police Auxiliary

The Auxiliary will not be having our meetings going forward until this battle with the Coronavirus-19 is over or under control. At this time the Community Center is not open for meetings. A letter will be sent out to all when it is clear to meet. Wishing everyone the best to stay healthy and stay safe. Give a special prayer for all our Officers and the Health Care workers - also everyone who has to be on the front line of this.

BIRTH PARENT SUPPORT GROUP

For those considering placing a child for adoption and for those who have placed a child. Sponsored by Adoptions of Kentucky, Inc. Call (502) 585-3005 for additional information.

CONSOLING PARENTS

A support group for parents who have lost a baby through miscarriage, stillbirth or newborn death, 6:30 pm. Tuesday at First Lutheran Church, 417 E. Broadway. Information 629-2103.

MANIC DEPRESSIVE & DEPRESSIVE ASSOCIATION OF LOUISVILLE

6 pm Sunday at the Urban Co. Government Center, 810 Barret Ave. Separate meetings for clients and their families are available. Information: 897-9717.

THYROID CANCER SURVIVORS

The ThyCa Louisville Support Group (for survivors of Thyroid Cancer) will meet from 10 - 12 pm monthly at Norton Audubon Hospital, Louisville, KY. Call for times and dates; also directions and other details about ThyCa Louisville. Contact group facilitator Pamela Pringle at (502) 394-0354. All ThyCa Survivors' Support Groups are free and open to anyone diagnosed with thyroid cancer, their families, friends and colleagues.

Portland Avenue Community Trust (PACT)

Portland Ave. Community Trust (PACT) has relocated from 3138 Portland Avenue (Portland Avenue Presbyterian Church) to 2500 Portland Avenue in the former school building of Portland Christian. Until our new space is ready the clothes closet and food pantry are closed. We hope to be operational within a few months. We will keep everyone posted as we progress.

We should be able to continue the Dare to Care mobile pantry and distribution of Dare to Care boxes at the new location, we will notify everyone.

AA meetings in Portland

Grace Community has AA Meetings

Family Health Center
2215 Portland Ave., 4th Floor
Tuesday night at 8:00 PM
For more info call (812) 557-0823

AL-ANON

District 1 Al-Anon meeting Louisville's West End

When: Tuesday, 6:30 p.m.

**Where: Louisville Urban League
15th & Broadway
2nd Floor**

For Friends and Family member who are troubled by someone else's drinking.

Break the Chains of Addiction Reformers Unanimous Faith Based Addiction Program Reformers Unanimous Ministries - "We Help Anybody"

Reformers Unanimous Ministries exists to help anybody worldwide who wishes to experience a life of victory over difficulty. This victory is obtained and retained not through an experience of ongoing effort, but through a once in a lifetime decision to accept Jesus Christ as their personal Savior and a subsequent dedication to developing a dynamic love relationship with him.

Reformers Unanimous Addiction Program

"We Help Addicted Adults Find Freedom"
Reformers Unanimous Addiction Program exists to help adults find freedom from addictive behavior. We accomplish this by assisting them in gaining and maintaining consistent communication with the Highest Power. This power is not a higher power chosen by them, but a Holy Power that has chosen them. Usefulness in life is then attained with community service through good local churches.

Shawnee Baptist Church

2214 Bank St., Louisville, KY 40212
Meets every Friday 7-9pm
For Information call 502-741-9961

West Louisville Dream Team (WLDT) Monthly Meetings scheduled monthly on the second Tuesday of each month @6pm-7pm.

Our next meeting is February 9 @6pm to 7pm. And it will be on Zoom. See the link below.

Join Zoom Meeting
<https://zoom.us/j/99272817817?pwd=U1ZQaG56bFZzeDJXb2ZlWQTB5cWY5UT09>

Creamy Ranch Chicken

6 strips bacon
1 ¼ cups milk
1 lb chicken breasts, cubed
3 cups medium size egg noodles
2 Tbsp flour
Parmesan cheese
2 Tbsp dry ranch salad dressing mix

Cut bacon into small pieces and fry in a large skillet until crisp. Remove crisp bacon and retain 2 Tbs of drippings in skillet. Cook chicken until brown and no longer pink in reserved drippings. Sprinkled flour and dressing mix over chicken and stir to evenly coat. Add milk. Cook and stir until thicken and bubbly. Stir in bacon.

Cook noodles according to direction on pkg. Drain. Serve chicken with noodles sprinkled with Parmesan cheese. Serves 4.



Recipes from the Ladies of Baptist Tabernacle

Happy New Year to one and all. Let's all work together to make this a good year by helping one another and enjoying delicious food. To get you started here are some tempting dishes.



Apple Crisp

5 cups peeled, cored and sliced apples
¾ cup quick oats
¾ cups brown sugar
½ cup flour
¼ cinnamon
1 stick butter

Place apples in greased pan. Combine oats, sugar, flour and cinnamon. Cut in butter. Sprinkle mixture over apples. Bake 350 degrees for 40 minutes. Serve warm with whipped topping or ice cream.



Pork Chops with Apples

Good cooking apples: Granny Smith, Jonathan, Golden Delicious, Rome Beauty
4 boneless pork chops
1 tsp dried marjoram
Salt and pepper to taste
4 Tsp Dijon mustard
2 Tbsp vegetable oil
2 apples cored and cut into small wedges
2 med. onions sliced and separated into rings

Season pork chops with salt and pepper. Heat oil in large skillet. Brown pork chops in hot oil for 4 minutes, turning once. Remove chops from skillet. Cook onions in skillet over medium heat until crisp tender, stirring occasionally. Sprinkle half of the marjoram on onion. Place chops on top of onions. Spread chops with mustard. Place apples around chops and sprinkle the remain marjoram over all. Cover and cook for 5 or 6 minutes or until chop's juices runs clear. Arrange on platter and serve.



Savory Vegetable Stew

1 large potato peeled cut in 1- inch cubes
14 oz. Vegetable broth
1 med. sweet potato peeled cut in 1- inch cubes
1 med. size red pepper, chopped
1 large carrot cut in 1- inch slices
1 med. size green pepper, chopped
1 rib of celery, chopped
1 cup frozen green beans
1 med. onion, chopped
½ cup frozen peas
1 can chickpeas, drained and rinsed
1 Tsp Cajun seasoning
1/2 cup button mushrooms, halved
1 can tomatoes pieces

In a slow cooker combine potatoes, carrot, celery, onions, chickpeas, mushrooms and Cajun seasoning. Stir in tomatoes and vegetable broth. Cover and set on high heat for 5-6 hours. Add peppers, green beans and peas and cook for 15 minutes. Corn bread or biscuits goes really good with soups or stews.



Pea Salad Dressing

1 pkg frozen peas
2 Tbsp of mayonnaise or salad dressing
4 strips of bacon
2 Tsp. Cider vinegar
1 med. red onion chopped
2 Tbsp. sugar
½ cup walnuts, chopped
pepper to taste

Garlic powder to taste

Defrost peas.

Cut bacon into bite-size pieces and fry until crispy. Set aside. Put cup of water in sauce pan. When water is boiling place peas and cook for 5 minutes. Place peas, onions, bacon and walnuts into bowl. Add seasonings. (Sometimes I add pimentos for color. It's your choice.)

In a small bowl add mayo, cider vinegar and sugar. Stir until well blended. Add to pea mixture and stir being sure to well coat.

The dressing will adhere to ingredients. There will be very little dressing left in the bottom of the bowl.

Support The Portland Businesses

The Following Advertisers help make the Portland Anchor possible. Please consider supporting these businesses in the Portland Community, and look for their ads in this issue.

What a great way for the people of Portland to find your neighborhood business quickly! Get on The List! If you would like your business listed here, call us today!

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Portland Promise Center
V.I.T.A. Volunteer Income Tax Assistance Program
 1831 Baird Street, Louisville KY 40203, 776-2635
January 25, 2021 through April 15, 2021

Due to COVID - 19: Curbside or Drop off only.

Pull up out front or in parking lot call into center Eurana will come out and go over everything with you. Same day drop off and pick up.

No one is permitted in building.

Days and Times:

Friday 3:00pm – 7:00pm

Saturday 9:00am – 2:00pm

Sunday 3:00pm -7:00pm

What you will need to bring:

LD for you and spouse (if married)

Original social security card (no copies) for everyone you are claiming

1095 – A Health insurance statement (only if you pay for your insurance through Marketplace)

Direct Deposit information, routing number and account number.

Last years tax return helpful but not necessary.

All income statements:

- ❖ W-2's / Unemployment 1099 - SSA (pink and white) SS letter
- ❖ Self-employment 1099-Misc. form Uber or Lift self-employment form
- ❖ W-2-G Gambling 1099-R Retirement or Pension
- ❖ Interest/Dividend Statements Stocks/Bonds
- ❖ Cancellation of Debt HSA

All deduction statements:

Daycare statements (name, employer ID “, address, and phone number)

1098 -T College tuition and fees statement or receipts from college

Student Loan Interest

Itemized Deductions such as mortgage interest, charitable donations, property taxes, out of pocket healthcare expenses, gambling loss statement.

We are all certified through the IRS and Louisville Asset Building Coalition.

We are all volunteers please have patience with us.

Any questions please call Eurana at center 776-2635 ext. 106.

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