

PORTLAND ANCHOR

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Louisville, KY 40201-2108

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“Louisville’s Oldest Neighborhood Newspaper”

Number 2

February, 2023



Home Changes Everything

Habitat Accepting Mortgage Applications: February 13 – 18, 2023

About Habitat’s Homeownership Program

Homeownership unlocks the ability to build financial stability, to excel at work and school, and to grow up in a healthier environment. Through partnering with Habitat for Humanity of Metro Louisville, families and individuals not only buy an affordable home, but they’ll gain new friends, new skills and a new sense of community and belonging. The security and stability a Habitat home provides will help you take the first steps towards a brighter future.

Once accepted into Habitat’s program, Habitat provides all the materials, land, and expertise to construct the homes. Homebuyers agree to help build their own home, in partnership with community volunteers, where Habitat owns land. Once the home is complete, the homebuyers buy the homes from Habitat at an affordable mortgage with 0 % interest loan.

Habitat mortgage applications are based on:

- NEED for housing
- ABILITY TO PAY an affordable mortgage
- WILLINGNESS TO PARTNER with Habitat

For any questions about Habitat and our homeownership program, please visit our website at louisvillehabitat.org.

2023 Homeownership Application Process

- We will be taking applications from Monday, February 13 through
- Saturday February 18, 2023, mortgage applications will be available and accepted from 1:00 pm – 6:00 pm at the Habitat Jane and Jewell located at 1620 Columbia Street, 40203.

- The last day to pick up an application is Thursday, February 17 at 6:00 pm.
- Completed applications are required to be turned in with all supporting documentation by Saturday, February 18 at 6:00 pm.

Habitat New Applicant Information Session

- We ask that interested individuals attend an Information Session to better understand the application process. The sessions for February are:

Application Periods	February 2023	Location
Information Sessions (choose 1)	Wednesday, February 1st @ noon	Jane & Jewell Center-1620 Columbia St.
	Wednesday, February 1st @ 6 pm	Habitat Restore-4044 Taylorsville Rd.
	Saturday, February 4th @ 10 am	Jane & Jewell Center-1620 Columbia St.
Applications Available for Pickup and Return	Monday, February 13th through Saturday, February 18th from 1 pm to 6 pm	Jane & Jewell Center-1620 Columbia St.

- To RSVP for a session, please contact Susan Vance at svance@louisvillehabitat.org or call (502) 805-1401.

Habitat will also be accepting applications again in July and you can stay up to date through our website at louisvillehabitat.org/Housing_Programs/Homeownership.



Follow us on **Portland Now, Inc. and**
portlandlouisville.com
for a color view of the Portland Anchor

DEADLINE FOR NEXT ISSUE: FEBRUARY 15, 2023

Look for your next issue February 24 – March 3, 2023

PORTLAND NOW, Inc.
Monthly Neighborhood Meeting
Tuesday, February 7, 2023 - 6:00 PM

We will be meeting in the rear of
 The Table Restaurant, 1800 Portland Ave.

Looking forward to seeing all y'all at this meeting.
 Bring a friend, get them signed up as a member.



Letter to the Editor

Some of the street's in this community have been repaved thank's to Public Works. They did a fine job too.

William Barnes

The Legend of St. Valentine's Day

Some scholars believe that during his stay in prison Valentine made friends with the jailer's blind daughter who at times brought to him notes and flowers from children. Whenever possible, Valentine also replied to the notes. Days before his execution, Valentine prayed for the jailer's daughter and she regained her sight. Before his death, Valentine is also said to have written a farewell note for the jailer's daughter and signed it "From your Valentine". This expression is popular even today. Valentine was beheaded on February 14.

The Portland Anchor

P.O. Box 2108
 Louisville, KY 40201-2108
775-6036

Published Monthly By
 Anchor Publication, Inc.

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2023 Portland Anchor Deadlines and Publishing Dates

Issue Month	Deadline	Subscription Delivery Date
March 2023	FEBRUARY 15	February 24 - March 3
April 2023	March 22	March 31 - April 8
May 2023	April 19	April 28 - May 6
June 2023	May 17	May 26 - June 3
July 2023	June 21	June 30 - July 8
August 2023	July 19	July 28 - August 5
September 2023	August 16	August 25 - September 2
October 2023	September 20	September 29 - October 7
November 2023	October 18	October 27 - November 4
December 2023	November 15	November 24 - December 2
January 2024	December 13	December 29 - January 6, 2024

* Dates are subject too change if needed.

WE ARE A CONTRIBUTOR'S PAPER AND WE WELCOME YOUR MAIL!

The Portland Anchor welcomes writing and photographs!

Please send them to:

The Portland Anchor
 P.O. Box 2108
 Louisville, KY 40201-2108

Include your name, signature, address, and phone number. We cannot print copy righted materials without proper release. All contributor writings that are published will carry the writer's name.

READABLE: It is helpful if your writings are typewritten or printed clearly, with names correctly spelled. Remember someone has to be able to read what you have written.

PHOTOS: All photographs should have a name and address on the back, and should identify the subject in the picture. *Do not send laser print pictures, as they are usually of poor quality and won't print well.* A self-addressed envelope should be included if you want the photo returned. **Please enclose \$10.00 for each photograph** you wish to have published. If payment isn't received with pictures, they will not be published.

We reserve the right to edit, reject, or delay the publication of any written material or photographs.

The content of any article or ad is the responsibility and/or opinion of the writer of same, and is not necessarily the opinion of the Anchor and/or its staff.

**Articles received after the DEADLINE DATE,
 which is printed on the front page, will be held
 for publication in the following month's issue.**

The Portland Anchor Subscription Form

New Change of Name Address
 Renewal

Please Print

If renewal, please print exactly as it appears on mailing label, or remit label.

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ADDRESS _____

CITY _____ STATE _____

ZIP _____ TELEPHONE # _____

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 Louisville, KY 40201-2108

Chit Chat

Information in Chit Chat is published **Free** as a service to Portland Anchor readers so that readers have a forum to announce important family events, and to express affection and love toward family, friends and neighbors. The Portland Anchor cannot verify the information published in 'Chit Chat', and assumes no responsibility for its truth or accuracy. **Photos cost \$10.00.** If you want photo returned, send a self addressed stamped envelope. **Do not send zerox or laser copies of photos.** Send original photo or save it to a disk or CD.

Chit Chat items must be no more than 100 words or less. No more than 10 items per person.
We reserve the right to edit or reject items that we feel are not appropriate for our publication.



"My Knee"

Little Carmie sitting on Santa's knee for maybe the last time, his knee can't take it no more. You might be wondering where Grampa's at, he's the camera man. I hope you had a good Christmas and the new year is better than the last. I can't wait for spring to get here, I got my fishing poles down and Grampa's teaching me how to clean and repair them. I told Grampa, "this year is when the student becomes the teacher. Game on. See ya on the water or in the field.

Happy Birthday

I want to wish our beautiful daughter Rachael a very happy birthday this month. It has been a trying year for many and has been for our family in so many ways. The day after Father's Day last year, we got a call early in the morning from Rachael and she said I think I am going to need some help. She said when she got up her left leg wouldn't work. I told her we would be there as soon as we could drive there. When we arrived, as soon as I saw her I knew she had had a stroke. She had one of the worse strokes at 40 years old someone could have and survived it. She spent a week in ICU and a total of 7 weeks in the hospital, 6 weeks of rehab with extensive therapy. I can't tell you enough that God answered our prayers for a full recovery. After many weeks of physical therapy, she was able to resume her duties as a preschool teacher, doing what she loves. This will be a very special birthday. I love you to the moon and back babygirl and don't know what I would do without you.

I want to thank all the wonderful doctors, nurses and therapists who worked with her at Baptist Hospital. You would not let her do anything but her best each day. I know in my heart those people who worked with her early on in therapy is the reason she came home again.

I also want to thank all the therapists that she saw as an outpatient. Many uphill battles to overcome and she did it.

In Loving Memory

In January 2022, we suddenly lost my sister Jenny (Hayse) Adair who was battling Alzheimers at the time. Her husband of 57 years, Jimmy Adair, followed her unexpectedly when he passed away eight months later a week before his birthday. He grieved losing her to Alzhiemer and then suddenly in death. Jimmy was like a brother to the rest of us and we dearly miss both of them so much. They loved each other so much and he was always happy to buy her a big bouquet of Valentine red roses and a beautiful card to show how much he loved her. In our hearts we know they are together again.

We never know what tomorrow will bring, so don't take anything for granted.



Good Shepherd

Lehmann Hall 3525 Rudd Ave.



Each FRIDAY beginning
 February 17 – March 31
 4 - 8 PM

Fish Dinners, Pizza, Beverages
 Cake Wheel - Raffles - Pull Tabs

All are welcome!

LIC #0032



Ladies of Good Shepherd Luncheon and Card Party for a Cause

Tuesday, February 14, 2023

Lehmann Hall, 3525 Rudd Avenue

Doors open at 10:30 AM

Admission \$8.00

Includes lunch and door prize ticket

50% of the proceeds will benefit:
 Hildegard House

Cake Wheel - Raffles - Pull Tabs

For Reservations call 502-749-9780

In case of inclement weather we will
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License #0032

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2800 West Main - 776-8596

HALL RENTALS

FOR BIRTHDAYS, WEDDINGS, REUNIONS ETC

LIC #0372

Officers of the Month LMPD 1st Division January 2023

Richard D. Meadows, Facilitator, 1st Division Advisory Board



Major Shannon Lauder

The First Division Advisory Board is pleased to announce that the Officer of the Month for January 2023 is Major Shannon Lauder. Since Major Lauder's arrival as Commanding Officer for the 1st Division we have observed management operations improve every month. Although she stepped into this extremely challenging position: in the middle of the Covid-19 pandemic, the riots and our district struggling through 3 CO's in the preceding two years, Major Lauder has been a forward thinking, steady hand in guiding the 1st Division.

The day she arrived in the 1st Division in 2021, she rolled up her sleeves and went to work. Finding that the 1st was understaffed by nearly 40% compared to the other divisions within LMPD, she immediately rallied the senior command staff to fix this issue by having experienced officers assigned to the 1st. When the district was short-staffed it was not uncommon to find Major Lauder at work, on the street riding a beat, after she had already spent her work day moving things forward in the division. Understand Majors are not paid overtime, she was doing that work to make the 1st Division a better place. I have never seen a CO do that in all the years I have been associated with LMPD.

She has created a family atmosphere with the officers and right now the First Division is one of the best divisions to work in because of the high morale. This is not just wishful thinking, she has purposely worked at making this happen by doing things like: calling everyone on their birthdays, visiting people when they are sick, personally paying for things people need and gathering money to help when there is a critical desideratum.

One thing that really shows how much the men and women of the 1st Division love working for Major Lauder is seeing the self-initiated activity sky rocket. I believe the 1st Division leads the department right now in that. That shows officers trust her to have their back if something goes wrong. She sees one aspect of her job is supporting the men & women of the 1st Division as more important than popularity with the upper command.

Taking into account all that is presented above, her leadership and much more, it is with sincere appreciation that the First Division Advisory Board designates Major Shannon Lauder as the Officer Of The Month for January 2023.

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*tax. Extra cheese & toppings
are additional cost

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Sun-Thurs 3pm-10pm, Fri & Sat 3pm-11:30pm

2520 Portland Ave. ~ 776-6400
Portland & West End
Sun-Thurs 3pm-10pm, Fri & Sat 3pm-11:30pm

All pizza sales is plus tax. Additional cheese is extra price. Prices are subject to change.

Portland Branch Library Programs

Call 502-574-1744 for any questions!

Portland Library Hours

Monday - Wednesday, 10:00 AM - 8:00 PM

Thursday, 12:00 PM - 8:00 PM

Friday - Saturday, 12:00 PM - 5:00 PM

Sunday - closed

Family Storytime

Family Storytime is an opportunity for families to bond over shared stories and songs, as well as engaging in creative activities that reinforce a lifelong love of learning. Ages 3-8 and their families. Wednesdays @ 11:00AM - noon

AARP Tax Prep

IRS-certified volunteers provide free tax counseling and preparation services to millions of low- and middle-income taxpayers, with special attention to those ages 60 and older. Bring along the necessary tax forms, information and documentation, proof of your Social Security number, and a photo ID. Tues. February 7 - April 11 @ 11AM - 3PM; Thurs. February 2 - April 13 @ 12PM - 4PM

Crafternoon: Faerie Doors

Love faeries and all things related? Come create a magical door for Faeries to visit through. Imagination is required, all other supplies will be provided. Adults only. Limit 10 participants, call 502-574-1744 to register. Friday, February 3 @ 2PM - 3PM

2023 Black Superhero Showcase

It's baaaaack! In honor of African-American History Month, we will spotlight graphic novels, artwork, and activities featuring some of the media's most popular and not-so-popular black superheroes! Come dressed as your favorite superhero! Ages 5+ Saturday, February 11 @ 2PM -3:30PM

Crochet Club

Come hang out and share your crochet projects with us. Beginners welcome. There will be supplies for crocheting during the program and some simple patterns available. Ages 18+. Wednesday, February 15 @ 5:30PM - 6:30PM

Beautifully Spoken

Create your own visual masterpiece using memorable words spoken by a notable African-American history maker! Ages 12-18 Thursday, February 16 @ 5PM - 6:30PM

Saturday Adult Book Discussion Group *The Devil in Silver* by Victor LaValle.

A metaphoric tale of horror and suspense that includes elements of faith, class, race and healthcare inequality. New Hyde mental hospital is a quintessential bedlam hidden in Queens. This ordinary looking asylum hides a deep, dark secret. Pepper, a self-described working class hero, has been sentenced to the institution and on his first night he's visited by a monster. The other inmates share the same story of a terrifying creature, they call the Devil that roams the halls after sundown. The inmates know they must defeat this Devil but can they save themselves before it's too late? Saturday, February 18 @ 3PM - 4PM

Evening Mindfulness

Join us at the Portland Branch while we enjoy an evening of guided meditation and some simple mindfulness exercises. Mats will be provided for use. Wednesday, February 22 @ 5:30PM - 6:30PM

We Got Game!

Put your speed, skills, and smarts to the test in a variety of exciting, fun-filled competitions, activities! Ages 12-18 Thursday, February 23 @ 5:30PM - 6:30PM

Computer Basics

Basic digital literacy, navigation, word processing, and web browsing Friday, February 24 @ 2PM - 3PM



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Family Dentistry

Portland Relatives- Was Don Hopper Born On A Pool Table?

by Deanna L Hopper

My dad, long-time resident Donald L Hopper, grew up in Portland. As I mentioned in my previous articles, his father, Raymond Hopper was born on 12/27/1913 in Mitchell Indiana and moved frequently with his siblings and parents Anna C. and Brewer R. Hopper in southern Indiana before settling in in the Portland neighborhood around 1924. Raymond attended Western Junior High. Since his parents had their own church, the Full Gospel Missionary Work, it can be inferred that some of his upbringing was in the Protestant denomination. By the 1930 US Census, Raymond was sixteen years old and living with his family at 208 N 17th St. He is listed as a student who can read and write. Raymond is listed in Caron's City Directory with his family from 1930-1935 at the various addresses I listed for his parents in previous articles. No occupation is given for him in those years.

Meanwhile, Donald's mother, Margaret Lee Cunningham was born on Easter Sunday 4/12/1914 at the residence of her parents Bertha Emma Josephine Willman Cunningham and Charles Joseph Cunningham at 2403 W Main St in the Portland neighborhood. The 1920 census shows five-year-old Margaret living with her parents in a rented home at 1629 Rowan St. Her father's occupation is listed as a laborer in a vinegar factory. Both parents could read and write and all three spoke English. By the 1930 Census the family had moved to a rented home on 1602 Portland Ave. Sixteen-year-old Margaret was not attending school and the family answered No to the question-Does this family own a radio?

Margaret was raised in the Catholic faith and made her first communion at St Patrick's on 13th and Market. She attended Emma Dolfinger Elementary School. Her early life was marred by health issues. Once, she fell out of a tree and her playmate fell on top of her contributing to a lifetime of back trouble. Her mother once told me that she had considered surgery for Margaret but was talked out of it by another parent whose child's back surgery had not gone well. But Margaret had happy times none the less. She told me that a favorite past time was roaming the neighborhood with a pack of girls her age (an image of my grandmother I find hard to envision). She also enjoyed visiting with many relatives in Portland, Shippingport, and beyond and was especially close to her paternal Grandmother Lillie Louise Pirmann Cunningham. She also had a dog named Little Bit. By the time she was seventeen, Margaret is listed in Caron's Directory as an engraver at W E Shacklett Co. She continued to work there until 1936.

According to Grandma Margaret, the loss of their fathers in the same month and year was one thing that drew her and Grandpa Raymond to each other. Charles died in Louisville on 1/9/1932 when Margaret was seventeen and Brewer died in Louisville on 1/22/1932 when Raymond was eighteen. By 1933 Margaret lived with her widowed mother Bertha at 317 30th and by 1934 they lived in an apartment over the bank at 2603 Bank Street. Raymond courted her, in part, by calling from a payphone (remember those?) across the street. She could look out the window and see him while they talked. By 1935 mother and daughter had moved to 643 N 27th Street.

I was surprised to find out that my grandparents had eloped, secretly marrying at the rectory of St Cecelia's on 25th Street on 1/19/1935. Since Margaret was twenty and Raymond was twenty-one, I asked Grandma Margaret why the subterfuge? Partly, because of her health issues, she was advised not to have children, which in that day basically meant not marrying. Also as I related in another story, my Great-grandmother Bertha was a very devout Catholic and did not approve of the Pentecostal bent of Great-Grandmother Anna's church and I suppose that might have been a part of the controversy. After the nuptials, they each returned to their respective mothers' homes. This charade went on for some time before the priest, Father Reitzel, finally informed them that he could no longer continue to be part of this and gave them an ultimatum to tell their mothers

or he would. A family joke is that since Margaret was born on Easter, her mother almost named her Bunny; and good thing she didn't because then my grandmother's married name would have been Bunny Hopper!

Times were hard for a lot of people in the 1930's. The first time I heard the word "mean" to describe an economic state was when Grandma Margaret told me that she remembered standing outside the downtown department stores looking at the storefront displays and feeling "so mean" because she was too poor to buy the dresses.

Sometimes during this same period Grandpa Raymond was stationed at the Fort Knox Civilian Conservation Corps. The CCC was a work relief program for unmarried men during the Great Depression. When Grandma told me this, my Aunt Sharon Shirley was as surprised as I was. When she asked why no one had ever mention it, Grandma laughed and said Grandpa went AWOL and never went back and they were always afraid that someone might come looking for him!

According to the city directory, the newlyweds lived with Margaret's mother Bertha at the 643 N 27th Street home in 1936 and 1937. Raymond is listed in 1936 as a helper at E J Willman and Son (a family business still in operation on Market Street) and as a clerk at PG Corp in 1937 and 1939. By 1938 Grandma and Grandpa were living in their own apartment above the Columbia Athletic Club at 621 E St. Catherine here in Louisville and son Donald's birth certificate shows that is where he was born in October of that year. When Dad recently repeated that he was born on a pool table there, I scoffed at the veracity of that oft-heard story. Dad bristled and indignantly said that he grew up believing it and that it wasn't until very late in life that his mother implied it might not have happened that way! So, another family legend to be believed or not.

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Have a conversation with your doctor to see if the
COVID-19 Vaccine and Booster are right for you.



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Measles cases continue to rise; vaccines help to protect your family

At least one case of measles connected to the outbreak in Columbus, Ohio, has been confirmed in Kentucky, according to state health officials. The outbreak in Columbus has infected 85 children there since October. Currently, there are no confirmed or suspected cases in Jefferson County.

Measles can be dangerous, especially for babies and young children. Measles typically begins with:

- high fever (may spike to more than 104°),
- cough,
- runny nose (coryza), and
- red, watery eyes (conjunctivitis).

Serious complications include pneumonia and encephalitis.

Measles can be prevented with the two-dose MMR vaccine. The CDC recommends that children get the first dose of the vaccine when they are 12 to 15 months old and the second dose when they are 4 to 6 years old. One dose of the vaccine is about 93% effective at preventing measles, while both doses are about 97% effective, the CDC says.

The Department of Public Health and Wellness provides adult and children's vaccines. Find locations and how to schedule an appointment on our Immunizations website. louisvilleky.gov or 574-6520.

Radon is an unwelcomed guest in your home

In recognition of Radon Awareness Week (January 23-27), now is the time to learn more ways to prevent radon in your home.

Radon is an odorless, colorless, radioactive gas. It is also the second leading cause of lung cancer in the United States. The U.S. Environmental Protection Agency (EPA) and the Surgeon General's office estimate radon is responsible for more than 21,000 lung cancer deaths each year. Since it is difficult to identify any immediate symptoms related to radon exposure, it may take years before health problems appear.

Having your home tested is the only effective way to determine whether you or your family is at risk of radon exposure. If you would like to obtain a free test kit, contact us at loumetrohealth@louisvilleky.gov

Learn more about Radon the Invisible Killer (video) in English, Spanish, Somali and Hmong.

WIC helps families stretch their food budgets

At Louisville Metro Public Health and Wellness WIC, moms learn what to eat while pregnant or breastfeeding and what to feed their growing kids. They also get WIC benefits that can be used at grocery stores to help them provide healthy foods for their families.

If you qualify for WIC (based on your income), you will receive nutritious foods to help you nurture good health for your child or children. You pay NO fees or charges to receive WIC benefits.

Be sure to learn more about our WIC clinics conveniently located in Louisville. Please call 502-574-7975 to see if you qualify for WIC. The offices are open from 8 a.m. to 5 p.m. Monday through Friday.

Family Health Centers is offering free health classes! Zumba, Yoga, cooking classes, family activities, and more are available in-person or online on your phone, tablet, or computer. Go to www.fhclouisville.org/healthed for more information. Or, call Kristin at Family Health Centers (502) 772-8588.

Obituaries



Effie Imogene Barksdale (Massey), 90, passed away December 29, 2022. She was born May 8, 1932 in Chalybeate, KY to the late Blaine Massey and Abbie Ervin. Effie enjoyed cooking for her family. Her biscuits, homemade gravy and chocolate pies were everyone's favorite. In her younger years Effie enjoyed drawing, embroidery tablecloths, going to bingo, taking walks in the park, watching the deer and the ducks in the park. Effie loved her children, grandchildren and great grandchildren. Besides her parents she is preceded in death step-mother, Eddie Jewel Wilson; by her first husband, Joe Earl Pusey; her second husband, John William Barksdale; son, Danny Pusey; two daughters, Anna Faye Pusey, Katherine Louise Bell; step-children, Norman Barksdale, Jackie, Janie and Fred; siblings; Sidney, Florence, Ida, Wil-

lard, Birdie, Nettie Bell and Aline Massey; and a niece, Elaine Vincent. Those left to cherish her memories are her children, Joel Edward Pusey, George Henry Pusey, Daniel Earl Pusey, Sandra Lynn Pusey, Sharon, Shirley, Sherry Sublett (Marshall), Billy; step-son, Donnie Barksdale; half-sister, Margaret Wingfield (Gary); and half-brother, Billy Massey; a host of grandchildren, great grandchildren, nieces and nephews. Legacy Funeral Center-Schoppenhorst Chapel, 1832 W. Market Street was in charge of arrangements with burial in Bethany Memorial Cemetery.



Terry Shane Bishop, 45, passed away December 11, 2022. He was born December 19, 1976 in Louisville, KY to Debra Bishop. He enjoyed working on cars, installing stereo systems and speakers. Terry also enjoyed a wide range of music, he was a great uncle to his nieces and nephews. His family called him a giant because he was 6 foot 6 inches and wore size 16 shoes. He will be

missed by all who knew him. Terry is preceded in death by his step-father, Michael Ferguson; grandparents, Everette and Marie Bishop; and his sister, Jessica Ferguson. Left to cherish his memories are his mother, Debra Ferguson; six brothers, Anthony Bishop, Gary Bishop, Justin Ferguson, Mikey Bishop, Aaron Ferguson (Megan) and Trevor Ferguson (Stephanie); sister, Tiffany Bishop; aunt and uncle, Carol & Gary Cole; and cousin Angela Puckett. Legacy Funeral Center Schoppenhorst Chapel, 1832 W. Market Street in charge of arrangements.



Chester D. "Buddy" Carrier, age 71 years, passed peacefully on December 23, 2022 at U of L Health-Mary & Elizabeth Hospital. He was retired from Fischell Construction where he had worked for 33 years. He loved going to Churchill Downs, betting on the horses and watching them run. Buddy was a great gambler. Buddy also loved to fish, even if it meant sitting by himself by the water. He loved being a joke-

ster and was a special friend to many. He was predeceased by his parents Joseph and Helen (nee Inyard) Carrier, and 2 daughters, Sandy Kay Adams and Terri Lynn Carrier. Chester is survived by his daughter, Kimberly Ann Carrier; 2 sisters, Jo Ann Karnes and Linda Banet; and 2 brothers, Bernard and Tommy Carrier. Twelve grandchildren, 15 great-grandchildren, and as his life companion, Jennifer Bratcher.



Brandon TroyLee Copley, age 40 years, passed peacefully at his home on January 16, 2023. He was born, raised and had lived in Portland most all of his life. Brandon graduated from J. Graham Brown High School. He loved The U of L Cardinals, Baltimore Ravens and LaMar Jackson. He loved finding a new restaurant every week that he had not been to before and then going there! He loved NASCAR racing and following it's drivers, and he loved day-trip travel adventures to new destination points. Brandon found great in-



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Country-Wide and Southern Indiana Delivery

Obituaries

terest in the lives of his 4 dogs and his cat. He loved all animals. Most especially, Brandon loved his family and his soulmate/best friend, Pandora Hollifield. He is survived by his parents, Richard McCoy (Sabrina Keesler McCoy) Terri Copley Carroll (Gerry Carroll), 5 Brothers, Tommy Estes, Geary Carroll Jr., Steven Carroll, Bradley Carroll and Jason Carroll, 4 Sisters, Jaidyn McCoy, Toni Echols, Brandy French and Sara Mattingly, his grandfather, Herman McCoy and his "like-a-brother, William Herchenrader. Many nieces and nephews also survive. J.B. Ratterman & Sons Funerals & Family Cremation Care, 2114 W. Market St, in charge of arrangements. Cremation was chosen.



E. Edward Elmore, 69, passed peacefully January 15, 2023, at his home. He was a lifetime resident of Portland and drove an Oil Truck for Anchor Oil Co. for 20 years. He was a proud U.S. Army Veteran. He cherished being a part of his nephew, Mitchell's life. Edward loved his wife "Liz" of 40 years and his whole life and family. He was predeceased by his parents, Mildred K. (nee Estes) Hale and Melvin Hale and his father, Paul Elmore and sister,

Janice McCord. He is survived by his loving wife, Elizabeth Ann "Liz" (nee Wright) Elmore, his nephew, Mitchell Allen Elmore, five sisters, Patsy Charles, Anita Colemore, Eula Day (James), Lela Eisenback (Leon), and Roberta Elmore and two brothers, Allen Elmore and Thomas Elmore. Many nieces and nephews also survive. J.B. Ratterman & Sons Funerals & Family Cremation Care, 2114 W. Market St. in charge of arrangements. Cremains interment at Mt. Holly Cemetery.

James William Henderson, 69, of Charlestown, IN, passed away on January 12, 2023. Jimmy was born on August 26, 1953 to James T. and Jeannie Henderson in Louisville, KY. After his parents passed away, he was adopted by his aunt, Delores Henderson. This started a beautiful legacy of adoption that changed the trajectory of his family. Eight of his nine grandchildren are adopted. Jimmy grew up in the Portland neighborhood of Louisville and graduated from Portland Christian School. He attended Southeastern Christian College and started dating Sharon, the love of his life. He and Sharon would have celebrated their fiftieth anniversary in July. He is also survived by JT and Dr. Natalie Henderson (Tedros, Chernet, and Joseph) and Daniel and Denise Henderson (Elle, Shawn, Joshua, Ember, Kasper, and Jeremiah). Those who love him most called him "Pop." Jimmy started his career at South Central Bell and worked all over Kentucky for the phone company for 36 years as a lineman and installer/repairman. He was a proud member of the Communications

Workers of America Union. His passion for the Portland neighborhood led him to be Scoutmaster for Troop 275 for nearly two decades. He positively impacted the lives of hundreds of young men and served as a dad to many. He trained hundreds of Scout leaders and was given numerous honors from the Boy Scouts of America, including the prestigious Silver Beaver Award. He loved sports, especially baseball, and coached numerous teams on which his sons played. For many years, he was a basketball and baseball official with the Independent Sports Officials Association. Faith was important to Jimmy and he was a member of Southeast Christian Church for over thirty years. He was preceded in death by his parents, adopted mother Delores, surrogate parents Bill and Joyce Wickersham, and his brother Ronny VanCleave. Funeral services at Scott Funeral Home, 2515 Veterans Parkway, Jeffersonville, In. Donations in his honor can be made to Portland Christian School (portlandchristian.org).



William Freddie Hudspeth, age 76 years, passed peacefully December 20, 2022 at his home. He was a lifelong Portland resident and a retired tow-truck driver for the Louisville Metropolitan Police Department's Vehicle Impoundment Center, where he worked for 20 years. He was a U.S. Army veteran and member of the Shawnee American Legion Post 193. Freddie loved Kentucky Wildcat basketball. He had an eye and talent for remodeling and fixing things. He was a perfectionist in his work. He was predeceased by his parents William Freddie and Agnes (nee Seitz) Hudspeth, his daughter, Kimberly; 3 brothers, Kenny, Jackie and Arthur; and 2 sisters Janice Kinley and Faye Miller. Freddie is survived by his loving wife of 53 years, Patricia A. Lee "My Honey" Hudspeth; his son, William Freddie "Baby Fred" Hudspeth; and 2 sisters, Jeanie Collins and Anita Hudspeth. Four grandchildren, Justin (Libby), Justice (Trevor), Chelsea (Zach), Macy, 4 great-grandchildren, and many nieces and nephews also survive him.



Ja'Maury J. D. Johnson, 15, passed away unexpectedly, 18, 2022. He was born June 29, 2007 in Louisville, KY to Joseph D. Johnson and Kelaiah Perry. Ja'Maury was a 10th grader at Minor Daniels School; a member of Mount Sinai AON Church. He enjoyed drawing, art, rap and music. He will be missed by all who knew him. Ja'Maury is preceded in death by his brother, Leonidas Johnson. Those left to cherish his memories are his mother, Kelaiah Perry; father, Joseph D. Johnson; two sisters, Justice and Journey Moorehead; half-sister, Tay'la Moorehead; grandparents, Patricia King, Robert Perry and Austina Johnson; aunt, LaQuita Davis; and a host of cousins and friends. Legacy Funeral Center-Schoppenhorst Chapel 1832 W. Market Street was in charge of arrangements with burial in Calvary Cemetery.



Juanita Barbara "Nita" Kelly, age 66 years, passed peacefully on December 18, 2022 at Jewish Hospital. Born in Louisville on July 7, 1956, she was a lifelong resident of Portland. Nita worked for many years on the Portland Festival Committee Board of Directors. She loved Portland. She was an enthusiastic U of L Cardinals fan and enjoyed helping her Portland community in anything anyone needed. Nita loved her family and her dear cat "Samantha"; spending most of her time with her great-grandchildren was her favorite pastime. She was predeceased by her parents, John Thomas and Lillian (nee Wittekind) Barber, brother Johnny Barber, sister Jan Linton, and grandson, Robert Davis. She is survived by her loving husband of 37 years, James R. Kelly; her daughter, Terri Royse (David), granddaughter, Audriana Davis, and grandson Nick Marin; brother Jeffrey Barber (Sharon); and nieces and nephews: Jackie, Julie, Jill, Lisa, Sean, Tony and Jennifer. Funeral services were held at J.B. Ratterman & Sons Funerals & Family Cremation Care, 2114 W. Market St., Louisville.

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immortal love we have for
those who go before us.

Obituaries

Linda Lee Mitchell, 67, passed away December 17, 2022 from a lengthy illness. She was born September 7, 1955 in Louisville, Kentucky to the late Lewis Murphy and Mary Scheidell. She was a former dietary manager for Christian Church Home and Baptist East. Linda was also a member of St. Peter Evangelical Church. Besides her parents she is preceded in death by her step-father, Jack Landrum; and brother, David Murphy, Sr. Those left to cherish her memory are her brother, Glenn Murphy; and an half-sister, Marina Landrum. Funeral services held at Legacy Funeral Center-Schoppenhorst Chapel, 1832 W. Market Street with burial in Cave Hill Cemetery.



Richard L. Moore, 78 years, passed peacefully at his home December 30, 2022. He was a native of Louisville and a machinist for Popp Machine Shop. He is survived by his loving wife Aquilla Bentley Moore and special friends from over the years. Funeral Services were held January 5, 2023, at J.B. Ratterman & Sons Funerals & Family Cremation Care, 2114 W. Market St. Cremation is chosen.



Joyce Lucille Shaheen, age 80 years, passed peacefully December 30, 2022, at Norton Audubon Hospital. She was a life-long resident of Portland and a long time member of West End General Baptist Church. She was a loving mother and homemaker and had been a switchboard operator in her younger years. Joyce's favorite pastime was listening to Elvis's music, especially his gospel music and spending time with her family. Being always willing to help others, Joyce was loved by everyone who know her. She was predeceased by her parents, Ruthie Dell Cain Lee and Sidney L. Sutton and her sister, Juanita D. Rebollo. She is survived by her 2 sons, Kenneth Shaheen

Jr., and Robert Conley, her nieces, Elisha Lindsey, Joyce Pulido and Anna Horton as well as 12 great-nieces and nephews and 20 great-great nieces and nephews who also survive. Funeral services will be held 10:30 am Friday, January 6, 2023 at J. B. Ratterman & Sons Funerals & Family Cremation Care. Internment Resthaven Memorial Park.



Paul A. Turner, 42, passed away January 3, 2023. He was born August 17, 1980 in Louisville, KY to the late Robert and Corlis (Smith) Turner, Sr. Paul was a self-employed tattoo artist. He enjoyed going fishing, four-wheeling and motorcycle riding. He loved life and lived it to the fullest. Besides his parents he is preceded in death by his second wife, Breezy Turner; brother, Robert "Bobby" Turner, Jr and a sister, Roberta DeWitt. Those left to cherish his memories are his son, Matthew Turner; sister, Julia Hack (Jason), seven nieces and nephews, Timothy Wayne Turner, Mindy Sue Turner, Jed Turner, Kayla Turner, Megan Hack, Amber Hack, and Bryan Hack; companion, Shelly Etiennee; first wife/best friend, Jessica Willis; several great nieces, nephews, cousins and friends. Legacy Funeral Center-Schoppenhorst Chapel, 1832 W. Market Street was in charge of arrangements.



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Julie (Polk) Tyrrell, 42, passed away on Monday, December 26, 2022. Julie loved spending time with her family, especially her boys, Jacob and Logan. They kept her fighting over the past four years through her battle with cancer. She is preceded in death by her Mamaw T; Papaw Bud; grandfather, Onell Higgs and Jimmy Vannatta; aunt, Venita Schmidt. She is survived by her husband, Robert Tyrrell; two sons, Jacob & Logan Tyrrell; two brothers, James "Lynn" Polk (Jennifer) & Chris Hamilton (Nikki); sister, Lisa Lucas (Tommy); parents, Robert & Jody Vannatta; and a host of nieces, nephews, and many friends. Her Celebration of Life was held at Ratterman Southwest Funeral Home, 4832 Cane Run. The family would like you to join the registry at Be The Match / Donate Marrow or Blood Stem Cells. <https://bethematch.org/>

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Linda May Wheeler, 70, passed peacefully December 31, 2022 at Jewish Hospital. She was a life-long resident of Portland and had been a shirt presser at Parrot Cleaners. Linda loved to spend time with her granddaughter, Kayla and great-grand daughters, De'layla and Khloe, playing "make-believe" and just watching them get lost in the moment. She loved to accompany Della on her delivery routes all around the city and making small talk along the way. She was predeceased by her parents, Henry R. and Estelle Merkel Wheeler, her daughter, Kathy Taylor and son, John Taylor. She is survived by her daughter and best friend who cared for her, Della Taylor-DeWitt (Richard), 5 grand children and 4 great grandchildren. Funeral Services were held at J.B. Ratterman & Sons Funerals & Family Cremation Care, 2114 W. Market St. Cremation is chosen.

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William Barnes - Portland Neighbor, and community activist

By Sherry Stewart



William grew up at 16th & Rowan in the house that his family purchased in 1949. His brother Tommy and sister Mary still live in the house that they grew up in, and brother Warren lives in Jeffersonville. Brothers Gene and Harry are deceased. William is a tall shy person and is always willing to do what he can to help his community. He is a proud man and proud of the community he represents.

William lives in an apartment on 22nd Street now and was just elected President of the Resident Council of his apartment complex.

William dropped out of school to go to work part time at Strattons, nearby at 15th & Main, loading and unloading trucks. His father Herman taught him how to paint and together they painted their house. He has worked at several jobs, including 9 years at Custom Quality, now known as Workwell Industries, until he fell and broke his knee cap and has to use a cane to get around.

He used to walk about the neighborhood with a garbage bag picking up litter and cleaning out storm drains. His brother Tommy does the same thing on the streets area around his home. They have always been willing to get out and clean up what needs to be done and volunteer to help. In 2010 William was the Block Captain of the Portland Cleanup Campaign for Portland.

William has a vast amount of knowledge, and can remember so much about the peoples and relatives who have lived in Portland and been in his life, including addresses from many years ago. He can tell you so much about Portland and the people that have lived here, he even told me that Mayor Fischer's ancestors

once lived at 18th & Bank Street, who knew?

Williams makes sure he votes in every election. He volunteered for John Yarmuth's election campaign making yard signs to distribute around the city.

Williams loves to tell about his father and that he hung around with former Mayor Jerry Abramson growing up. Abramson calls William every once in a while to check in with him to see how he is doing. William likes to send cards and notes to people, and Abramson told William to give him a call once in a while and save his stamps. Steve Magre called him up to wish him a Happy New Year. He knows Fire Chief Fredrick.

Many people in Metro Government knows William. He recently went to Louisville's 51st Mayor Greenberg's inauguration ceremony in January and he was introduced by Barabara Sexton Smith as the Mayor of Portland to the Interim Police Chief. They all know William. He is a highly respected man.

He is a member of Corinthian Ministries Baptist Church on West Jefferson Street and was baptised there on Valentine's Day 2016.

William has called Metro Call and Public Works for years trying to get 24th to 30th & Slevin Streets, 22nd to 23rd & Rowan Streets, 22nd to 26th & Bank Streets and 34th & 35th Streets from Bank to Market Street paved, and it finally happened. He is happy with the outcome.

Always being a bus rider, he makes it a point to call LG&E about street lights out around bus stops and reported back to the Anchor the ones that had been fixed. He never misses a month in sending in an article to the Anchor. If he sees

a problem in the community he will not hesitate to call Metro Call, MSD, Public Works or LG&E to get the problem fixed. All the numbers are close at hand for him and they know who he is.

TARC is another service in Louisville that William keeps in touch with. He know when they are ordering new buses and if they are electric or fuel users, and keeps us informed of any new information about changes that TARC maybe making.

MSD recognized William with an award for Meritous Service to the Community. He kept the storm drains open from 16th to 22nd & Rowan and down 22nd Street. That award came from Bill Schardein. He would walk around with his shovel and make sure the water could drain and not back up flooding the streets. When our community and other areas of Louisville were experiencing theft of sewer grates, William was reporting to MSD where they were missing in the Portland area and MSD was quick to replace them.

Louisville Metro Council, Cheri Bryant Hamilton has given William two awards, a Certificate of Distinguished Service in 2004 and 2005 for his countless hours to clean numerous blocks in Portland. He has also received the Molly Leonard Community Service Award in 2006, and he has been given several Metro Pins for his service that he proudly wears on his jackets. William has articles and acknowledgements of thanks hanging on his walls along with awards and plaques and pins to show for his hardwork and kindness.

William is a good, kind, gentleman and has been a good ambassador for Portland and the community. He does not watch much TV, only the news and he keeps up with politics and candidates. He is an early to bed, early to rise person.

Thank you William for all you do for Portland. You are an anchor in Portland.

Thank You

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Trains, Trains, Go Away; Come Again Another Day -- Three Minutes You'll Never Get Back Again

My neighbor came up to me the other day and said that he had the coolest sound clips and that I had to share them in an article in the Portland Anchor. I said that he should write his own *.* article, but he balked at that. So I said that I'd listen to them. And after I listened I said, "These are just train sounds!", to which he said, "Yes, I know and they are so cool!" I didn't respond. He then reiterated the desire for me to put his sound files into the Anchor article--clearly not understanding that you can't post sound files in a newspaper. Unphased, he said, "I just think trains are so wonderful how they fill our lives with pounding and screeching and tapping and clanking." Clearly deranged, I told him I'd try, and so here we are. I found a way to stitch all the files together into one cacophonous .wav file which is posted



in a [bit.ly](https://bit.ly/3IXxyvR) shortcut <https://bit.ly/3IXxyvR> --shown in the QR code in this article space (Thank you, Libya, for allowing use of your ICANN domain.) It's about 2 minutes long and kinda boring, but don't tell my neighbor that. He's lost in what we call the Stockholm Syndrome--meaning that since we can't do anything about the horrible intrusion of trains near our homes, we might as well learn to love and fawn over them. Not something I'd recommend--but when someone falls into the syndrome, I recognize it immediately (see cartoon). But I will now consider the use



of this obvious railroad abuse (and victim fawning) to discuss recent developments and themes. Here's my conspiracy theory: The day the new mayor was sworn in, the gates to the walking section of the K&I Bridge was opened (without any signs of tinkering with the padlock); see picture. Two weeks later, when there was a 600-round shoot-'em-up, the gate was relocked. I think the railroad folks wanted to embrace a "soft opening" for the new mayor to jog on and get some publicity...but then they got cold feet. I don't blame them for re-locking it since the hypodermic needle residue was getting a bit extreme on the bridge. The long and short of it is that billion dollar industries that have land rights beyond belief (thanks to the youthful efforts of Abe Lincoln) might curiously traipse into being nice--in spite of corporate lawyer dissensions--but are quite timid about it and recoil when there are signs of 600 rounds of trouble. Given that we've got a \$1.7 trillion tailwind with the infrastructure law, I'm thinking the city and the rail-gang could come to an agreement/treaty--that involves millions of federal windfalls. Just a guess.

So feel free to put this sound file on continuous repeat...and go to sleep to it. It's a thing.

And about my neighbor's Stockholm Syndrome: It's pretty par for the course of a zipcode that's off the charts of abuse according to police records. Train noises from the rail-gang is not the worst kind of abuse to accept and learn to love. Trains aren't trying to hurt anyone, they are just trying to make billions--which I can appreciate. I'm just asking questions!



When I asked chatGPT to make a haiku of railroad Stockholm Syndrome, it came up with this: "I love you, my squeak; Deep in my heart you know you have me; Together we'll rail the world."

PortlandNate

Be Good to Your Heart



When you celebrate Valentine's Day this month, give your heart a little love too!

How does my heart work?

Your heart is actually a muscle. This muscle squeezes about 60 to 80 times a minute to pump your blood through it. You have miles and miles of arteries and veins that are like a pipe system leading from your heart to every part of your body. Your vital organs depend on the constant supply of oxygen and nutrients they get from the blood your heart is pumping.

What can hurt my heart health?

High blood pressure: The force of blood pushing against the walls of your arteries and veins is your "blood pressure." Normal blood pressure for adults is less than 120/80 mmHg. If you have high blood pressure (also called hypertension), your blood is pushing harder than normal on the walls of your blood vessels which can damage them and also puts extra strain on your heart. This damage and strain can lead to heart disease, heart attack, and stroke.

High cholesterol: Cholesterol is a soft, fat-like substance found in your blood and cells. When there is too much cholesterol in your blood, it can join up with other fats to clog the arteries. These clogs can reduce blood flow to the heart, causing a heart attack, or to the brain, causing a stroke.

Smoking: Smoking cigarettes (or using other tobacco products like e-cigarettes/vaping and cigars) can cause heart problems by increasing blood pressure, narrowing the arteries, increasing cholesterol, making blood more likely to clot, and making less oxygen available for the heart muscle to work.

Obesity and diabetes: Obesity and diabetes can cause heart problems by increasing blood pressure, increasing cholesterol, and more.

How can I help my heart?

- Make an appointment with your health provider to **have your blood pressure and cholesterol checked.**
- **Sign up for programs** to improve your heart health with physical activity, healthier eating, and relaxation. **For more information, check the Family Health Centers website www.fhclouisville.org/healthed or call Kristin (502) 772-8588.**

Loaded Potato Casserole

6 russet potatoes sliced into 1/4" slices
 salt and pepper
 1 cup shredded cheddar cheese
 1 cup shredded monterey cheese
 8 slices bacon cooked and crumbled
 2 cups mild, 2 large eggs
 fresh or dried parsley to garnish (optional)

Preheat oven to 375 degrees. Butter two 9-inch pie pans. Set aside. Layer half of the potato slices in the dish, overlapping slightly. Season with salt and pepper. Sprinkle the cheeses on top of the potatoes and add crumbled bacon pieces. Add the other half of potato slices on top of the cheese. In a small bowl, mix together the milk and eggs. Pour half of the mixture over top of the potatoes. Repeat the steps above for both pie pans. Cover both with foil and bake for 90 minutes, or until the custard, eggs and milk, are cooked and set. Allow the dish to rest for 15-20 minutes before serving.

Pineapple Sunshine Cake

1 box yellow cake mix
 4 large eggs
 1 can crushed pineapple with juice
 1 container whipped topping, thawed
 1 box instant vanilla pudding
 1 can crushed pineapple with juice for topping
 Maraschino cherries for topping

Heat oven to 350 degrees. Spray 9 x 13" baking dish with cooking spray and set aside. In a large mixing bowl, combine cake mix, eggs, oil, and 1 can of crushed pineapple with juice with a hand mixer until well combined. Pour into prepared pan. Bake for 25-30 minutes or until a tooth pick inserted in center of cake comes out clean. Allow the cake to cool completely on a wire rack.



In medium-size mixing bowl, fold together whipped topping, vanilla pudding, and 1 can crushed pineapple with juice. Spread the icing mixture over the top of cooled cake. Store in the refrigerator.

Recipes from The Anchor

Parmesan Crusted Chicken

This parmesan crusted chicken recipe is a comfort food classic with tender chicken breasts nestled inside crispy breading. It's ready in just 30 minutes, and the parmesan and panko breadcrumb coating is easier to make than you think!

- 2 large chicken breasts cut in half lengthwise
- 1/2 teaspoon garlic powder
- Salt & pepper to taste
- 1/4 cup flour
- 2 eggs beaten
- 2/3 cup panko breadcrumbs
- 1/2 cup freshly grated parmesan cheese
- 1/2 heaping teaspoon Italian seasoning
- 3 tablespoons olive oil divided

Preheat the oven to 400F. Position the rack in the top third of the oven.

Cut the chicken in half lengthwise so you have 4 thinner pieces. Pat the chicken dry with paper towel. Sprinkle it with the garlic powder and some salt & pepper on both sides.

Prepare 3 bowls: one with the flour, one with the eggs (beat them with a fork), and the third with the panko/parmesan/Italian seasoning (mix it all together)

Add 2 tablespoons of olive oil to an oven-proof skillet over medium heat. Let the pan heat up while you're working on the chicken in the next step.

Meanwhile, coat the chicken pieces in the flour. You will then dip each piece in the egg, followed by the breadcrumb mixture (shake off any excess at each of the 3 steps). Pro tip: do the dipping with one hand and leave the other one free to make this process easier. You may need to gently press the chicken into the breadcrumbs to make them stick.

Add 2 of the chicken pieces to the skillet and cook for around 2-3 minutes/side until golden. I use tongs to easily flip the chicken. Transfer the chicken to a plate, and for the second batch, add the remaining tablespoon of olive oil to the skillet. Once you've fried all the chicken, take the skillet off the heat and arrange all 4 pieces inside. Transfer the skillet to the oven and cook for 5 minutes or until cooked through (chicken is done when an instant read thermometer reads 165F).



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2023 WINTER YARD WASTE SCHEDULE

Beginning January 16, yard waste will be collected every other week on the opposite week of recycling collection. Weekly yard waste collection will resume the week of March 13.

Yard Waste

Desechos de jardin

FEBRUARY

febrero

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				

Recycling

Reciclaje

MARCH

marzo

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18

Weekly yard waste collection resumes March 13. Recycling remains every other week.

LARGE ITEM PICKUP

Check
if your items are usable. Give away or sell usable items instead!

Schedule
your appointment by scanning the above code or go to Louisvilleky.gov/Pickup. Follow accepted items guidelines.

Set Out
confirmed items the day before your appointment.

Go to Louisvilleky.gov/LargeItems for more information about the program.

Calendar of Events

If you have a special event coming up, let us know before deadline and we will carry it in the Calendar of Events. Call Sherry Stewart, 775-6036 to list your event. If your club or organization is not listed here and you would like it to be, just give me a call.

If your group information changes, please let us know.

PORTLAND NOW, INC.

Monthly Meeting

Tues. February 7, 2023

6:00 PM

We will be meeting in the rear of The Table Restaurant 1800 Portland Ave.

Looking forward to seeing all y'all at this meeting.

Bring a friend, get them signed up as a member.

TAKES A NEIGHBORHOOD

AMERICAN LEGION POST 193

4th Tuesday of the month, 7 pm,
2800 W. Main St. New members welcome.

AMERICAN LEGION POST 193 LADIES AUXILIARY

4th Tuesday of the month, 7 pm,
2800 W. Main St. New members welcome.

LEWIS/PARKLAND LODGE 638 F&AM

Meets first and third Fridays, 7:30 pm, at The Masonic Lodge at 2nd & Kentucky Sts. Gary Elder, Master 937-3384; Virgil T. Larimore, Secretary, 339-7640.

HELP US HELP OTHERS!

All we need is one hour of your time to help a senior citizen in your neighborhood!

Meals-on-Wheels is looking for volunteers to deliver lunchtime meals to homebound senior citizens. There are many senior citizens living in the Louisville Metro area that are unable to receive meals on wheels due to a severe shortage of volunteers.

Qualifications:

- Complete an application, including police record check
- Provide own transportation

Meals are picked up around 10:00 - 10:30 am and delivery takes about 1 hour. Training is provided. Call 574-6420 to volunteer.

SUPPORT GROUP MEETING FOR PARENTS OF CHILDREN WITH LEARNING DIFFERENCES AND ATTENTION DIFFICULTIES

Meets the third Thursday of each month at 7:00 - 8:30 pm. Learning Disabilities Association of KY, Inc. 2210 Goldsmith Lane #118. Louisville, KY 40218. LDA Office at (502) 473-1256, for additional information.

ADULTS WITH ATTENTION DEFICIT DISORDER

Support group meets on the fourth Thursday of each month, from 7 - 8:30 pm at the offices of Learning Disabilities Association of KY, Inc. 2210 Goldsmith Lane #118, Louisville, KY 40218. LDA Office at (502) 473-1256, for additional information.

LEARNING DISABILITIES ASSOCIATION OF KENTUCKY, INC.

Volunteers needed for general office work, special events, and tutoring. Tutors will help students of average to above average intelligence who learn differently. Please call our office at 502-473-1256.

WEST JEFFERSON COUNTY COMMUNITY TASK FORCE

Meets the 3rd Tuesday of every month, 6 - 8 pm, 3rd floor Conference Room, The Nia Center, 2901 W. Broadway. We are an Environmental Group and we need more Portland residents to participate. Contact Carl Hilton at 852-4609 for information.

NEIGHBORHOOD HOUSE NUTRITION PROGRAM FOR SENIOR CITIZENS

201 N. 25th Street. 774-2322. Meals and activities daily from 9 am to 1 pm. 60 yrs. and up donation suggested.

HOUSING PARTNERSHIP

Meeting dates: Mondays 6 pm and Wednesdays 10 am or 2 pm, Downtown, 333 Guthrie, Room 404, Lou., KY. Must call for enrollment. Phone (502) 585-5451, fax (502) 585-5568.

CONSOLING PARENTS

A support group for parents who have lost a baby through miscarriage, stillbirth or newborn death, 6:30 pm. Tuesday at First Lutheran Church, 417 E. Broadway. Information 629-2103.

Dare To Care

at St. Cecilia Campus
2519 St. Cecilia Street

the 3rd Tuesday of the month at 10 AM

Dare To Care

will be at Portland Avenue Community Trust (PACT) Parking Lot at the new location in the former Portland Christian School, 2508 Portland Avenue

**1st Tuesday of the month
10 AM**

BIRTH PARENT SUPPORT GROUP

For those considering placing a child for adoption and for those who have placed a child. Sponsored by Adoptions of Kentucky, Inc. Call (502) 585-3005 for additional information.

CONSOLING PARENTS

A support group for parents who have lost a baby through miscarriage, stillbirth or newborn death, 6:30 pm. Tuesday at First Lutheran Church, 417 E. Broadway. Information 629-2103.

MANIC DEPRESSIVE & DEPRESSIVE ASSOCIATION OF LOUISVILLE

6 pm Sunday at the Urban Co. Government Center, 810 Barret Ave. Separate meetings for clients and their families are available. Information: 897-9717.

THYROID CANCER SURVIVORS

The ThyCa Louisville Support Group (for survivors of Thyroid Cancer) will meet from 10 - 12 pm monthly at Norton Audubon Hospital, Louisville, KY. Call for times and dates; also directions and other details about ThyCa Louisville. Contact group facilitator Pamela Pringle at (502) 394-0354. All ThyCa Survivors' Support Groups are free and open to anyone diagnosed with thyroid cancer, their families, friends and colleagues.

Portland Avenue Community Trust PACT

2508 Portland Avenue

Located in the Portland Depot, the former Portland Christian School

The Food Pantry and Clothes Closet are presently open every Thursday

11:00 to 1:00

Free Groceries / Free Clothes and Shoes for Adults and Children.

Janes Bros.

ACE Hardware

2527 Portland Avenue

Plumbing &

Building Supplies

Drywall ♦ Roofing

Cement ♦ Lumber

OPEN

Mon. - Sat. 8:00 - 6:30

Sunday 11:00 - 5:00

Phone 778-8727

AA meetings in Portland

Grace Community has AA Meetings

Family Health Center
2215 Portland Ave., 4th Floor

Tuesday night at 8:00 PM

For more info call (812) 557-0823

Does someone's drinking bother you?

AL-ANON

District 1 Al-Anon meeting Louisville's West End

When: Tuesday, 6:30 p.m.

Where: YMCA

930 W. Chestnut St.

7th Floor

For Friends and Family member who are troubled by someone else's drinking.

Break the Chains of Addiction

Reformers Unanimous Faith Based Addiction Program

**Reformers Unanimous Ministries -
"We Help Anybody"**

Reformers Unanimous Ministries exists to help anybody worldwide who wishes to experience a life of victory over difficulty. This victory is obtained and retained not through an experience of ongoing effort, but through a once in a lifetime decision to accept Jesus Christ as their personal Savior and a subsequent dedication to developing a dynamic love relationship with him.

Reformers Unanimous Addiction Program

"We Help Addicted Adults Find Freedom"
Reformers Unanimous Addiction Program exists to help adults find freedom from addictive behavior. We accomplish this by assisting them in gaining and maintaining consistent communication with the Highest Power. This power is not a higher power chosen by them, but a Holy Power that has chosen them. Usefulness in life is then attained with community service through good local churches.

Shawnee Baptist Church

2214 Bank St., Louisville, KY 40212

Meets every Friday 7-9pm

For Information call 502-741-9961

The Housing Partnership, Inc.

Provides free homebuyer education and financial counseling to residents and homebuyers on an ongoing basis. Enrollment is necessary. Please call (502) 585-5451 for more information. www.WeAreHPI.org.

Recipes from the Ladies of Baptist Tabernacle

*It's February already, and you need something to warm your insides.
That means chili or soup for supper.*



Potato Soup

16 oz frozen hash browns
2 ribs of celery, chopped
1 can chicken broth
2 cups of milk
2 cups of water
1 can cream of chicken soup
1 cup of onions, chopped

Add hash browns, chicken broth, water, onion and celery to dutch oven. Cook over low heat for about 45 minutes. Mix soup and milk and add to potato mixture and cook about 15 more minutes. Salt and pepper to taste. Have grated cheese available for those who need a topping.



Cheese Soup

1 can cream of chicken soup
1 pkg. Frozen broccoli, carrot,
and cauliflower
1 lb processed cheese, cubed
6 cups water
6 med. Potatoes diced
4 chicken bullion cubes

Combine frozen vegetable, bullion cubes and potatoes in water. Cook until mush. Mash in necessary. Add cream of chicken soup. Just before serving add cheese cubes. Mix well when melted, making sure not to let cheese burn.

Support The Portland Businesses

The Following Advertisers help make the Portland Anchor possible. Please consider supporting these businesses in the Portland Community, and look for their ads in this issue.

What a great way for the people of Portland to find your neighborhood business quickly! Get on The List! If you would like your business listed here, call us today!

ARCHITECTS

Gary Watrous, Portland Architect . . . 2711 W. Main St. 876-7100

CLOTHING/DEPARTMENT STORES

Shaheen's 2604 Portland Ave. 778-9741

FLORISTS

Victor Mathis Florist 2531 Bank St. 772-3649

FUNERAL HOMES

J.B. Ratterman & Sons 2114 W. Market St. 776-4661

Legacy Funeral Center-Schoppenhorst Chapel . 1832 W. Market St. . . 585-4394

HAIR SALON

Holiday Hairstyles & Tanning 536 N. 26th St. 776-7916

HOUSEHOLD SERVICES

Janes Bros. ACE Hardware 2527 Portland Ave. 778-8727

New Albany Heating, A/C & Electric New Albany (812) 944-6019

RESTAURANTS

Annie's Pizza 2520 Portland Ave. 776-6400

THE PORTLAND ANCHOR

Advertisements, Articles, Information & Subscriptions 775-6036

Call 775-6036 Today To Get Listed!



Chili

*Everyone has a favorite chili recipes.
This is just one of them.*

2 Tsp. butter
2 Tsp. chili powder
1 ½ cup diced onion
2 cans canned tomatoes
1 small clove of garlic
2 tsp. salt
1 lb hamburger
1 tsp sugar
4 cans red kidney beans

Melt butter in saucepan; add onion and garlic clove. Cook until onion is tender but not browned. Add hamburger; cook, stirring until lightly browned. Mix chili powder to make a paste with 1 Tbs of cold water; stir into hamburger. Add tomatoes, salt and sugar; mix well. Bring to a boil; cover. Reduce heat; simmer for 1 hour. Add beans and cook until heated through. Note: corn bread goes really good with chili. Just sayin'

If you like spaghetti in your chili feel free to add. Remember: There is no such thing as Chili Police.



Slaw (it goes with everything)

½ cup buttermilk
2 med. carrots finely chopped
½ cup mayonaise
3 Tbs grated onion
1/3 cup sugar
2 Tbs lemon juice
4 ½ tsp white vinegar
salt and pepper to taste
1 lb finely chopped cabbage

Wisk first 7 ingredients. Add remaining ingredients and toss to coat. Refridgerate at least 2 hours before serving. Put left overs in an air tight container.



Peach Cobbler

A perfect way to end a meal on a cold February day.

¾ cups sugar
1 (16 oz.) can peaches
¾ cup self-rising flour
¼ cup margarine
¾ cup milk or peach juice

Mix together sugar, self-rising flour, milt (or juice) and peaches. Melt butter in baking dish and pour peach mixture over butter. Bake in 350 degree oven for 20 minutes or until golden brown on top. Don't forget the whipped topping Or, a scoop of vanilla ice cream.



Classified Ads

Want to advertise here?

CLASSIFIED ADS MUST BE PAID FOR WHEN SUBMITTED "NO EXCEPTIONS"

Send your classified ad, plus Check or Money Order. 20 cents per word, and phone number counts as a word

To: Portland Anchor, P.O. Box 2108
Louisville, KY 40201-2108

WE BUY, SELL, AND RENT HOUSES!

694best.com
(502) 694-BEST (2378)

**Portland Promise Center
Volunteer Income Tax Assistance Program (V.I.T.A.)
1831 Baird Street
Louisville KY 40203, 776-2635
Through April 15, 2023**

We are doing drop off and appointment only.

Call 776-2635 for an appointment.

Appointments can be made Monday – Friday 9:00am - 3:00pm.

We will start making appointments Monday, January 16th.

Drop off days and times: 4:00pm - 8:00pm Tuesday, Wednesday, Thursday and
9:00am - 1:00pm Saturday and Sunday 3:00pm - 6:00pm

Appointment days and times: 4:00pm - 8:00pm Tuesday & Wednesday
9:00am - 2:00pm Saturday
3:00pm - 7:00pm Sunday

What you will need to bring:

I.D for you and spouse (if married)

Original social security card (no copies) for everyone you are claiming

1095 – A Health insurance statement (only if you pay for your insurance through Marketplace)

Direct Deposit information, routing number and account number.

All income statements:

- ❖ W-2's & Unemployment 1099 - SSA (pink and white) SS letter
- ❖ Self-employment 1099-Misc. form Uber or Lift self-employment form
- ❖ W-2-G Gambling 1099-R Retirement or Pension
- ❖ Interest/Dividend Statements Stocks/Bonds
- ❖ Cancellation of Debt HSA

All deduction statements:

Daycare statements (name, employer ID “, address, and phone number)
1098 -T College tuition and fees statement or receipts from college & Student Loan Interest

Itemized Deductions such as mortgage interest, charitable donations, property taxes, out of pocket healthcare expenses, gambling loss statement. Self-employment expenses.

We are all certified through the IRS and Louisville Asset Building Coalition.
We are all volunteers please have patience with us.

Family Health Centers is offering free health classes!

Zumba, Yoga, cooking classes, family activities, and more are available in-person or online on your phone, tablet, or computer.

Go to www.fhclouisville.org/healthed for more information.
Or, call Kristin at Family Health Centers (502) 772-8588.



The Portland Anchor

*Oldest Community Newspaper in the Louisville Area
Serving the Community of Portland, and the
surrounding area of Kentucky and Southern Indiana
Since 1974*

Display Ads - A PDF file is preferred.

Inserts - Preprints - \$50.00 per 1,000

Classified Ads - .20 cents per word, a phone number counts as a word.

Late Fee: A 1 1/2% Late fee will be added monthly to all late outstanding balances.

AD SIZE

1/16 Page - 2.47” wide x 2.37” deep

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1/8 Page - Vertical - 2.47” wide x 4.75” deep

1/4 Page - 4.97” wide x 4.75” deep

1/2 Page - Vertical - 4.97” wide x 9.517” deep

1/2 Page - Horizontal - 10.25” wide x 4.75” deep

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\$25.05

\$50.10

\$50.10

\$100.20

\$200.40

\$200.40

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P.O. Box 2108, Louisville, KY 40201-2108

Call Sherry Stewart at (502) 775-6036

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Mr. Heat

Mr. Cool

812-944-6019

Serving Louisville & Southern Indiana