PORTLAND JANCHOR

HIDE

"Louisville's Oldest Neighborhood Newspaper"

Vol. 50, No. 1

January, 2022

First Division Advisory Board Meeting

Submitted by Richard Meadows

The LMPD 1st Division Advisory Board named Officer Brett Ringswald as the Officer Of the Month for the division. Officer Ringswald responded to a call of gunshots in the 3400 block of Northwestern Parkway. Upon arrival Officer Ringswald located a victim with a gunshot wound to the chest. He applied a chest seal and pressure to control the bleeding until LMEMS and LDF arrived. Officer Ringswald's quick action, training, experience and willingness to exercise calm actions helped the victim survive the injuries. Officer Ringswald actions reflect great credit upon himself, the 1st Division and Louisville Metro Police Department.

Over all in the 1st Division car thefts are down. Throughout downtown the Department of Public Works have installed 120 signs reminding people to: Lock Your Car, Take Your Keys and Hide You Belongings. Good advice whether it is downtown or in front of your house. Don't make it easy to steal your possessions.

Throughout the Division violent crime is down. However robberies are up. It's the holiday season. Please be aware of our surroundings. Put your packages in the trunk of your vehicle.

GOOD NEWS! The 1st Division is getting a speed machine. That is the trailer and sign you see with your speed flashing parked along side the street. Louisville Metro Council Members James, Arthur and Purvis each contributed one-third the cost from their district funds to get it. Expected delivery time is late Winter to early Spring.

Pause a moment and think about how big Metro Louisville is in land area. Remember it is all of Jefferson County now. So Louisville's revenue comes from all over, but 13% of all the revenue Louisville gets each year to run all the different departments comes from DOWNTOWN. That area basically bounded by Broadway to the South, Ninth Street to the West, the Ohio River to the North and Brook to the East accounts for thirteen percent of the money Louisville gets each year. Downtown Louisville is in the First Division and the far East side of Portland boarders the far West side of downtown.

Remember the 1st Division is not just Portland. It includes Russell, Downtown (DAP), NULU, Phoenix Hill and Butchertown.

Over the past month officers have issued 28 Pedestrian Safety Tickets. Similar to a traffic ticket you get while driving, PSTs are issued for pedestrians violating foot traffic laws - primarily being in the street at intersections. Of those 28 tickets, 21 of the people cited had bench warrants for their arrest. And they were issued in Downtown.

OF NOTE: Stolen firearm - 2500 Blk Bank St. 3 autos taken from 1800 Blk W. Main St w/keys in the cars in a locked area. Auto stolen from the 100 N. 18th St. Auto NOT drivable, had to be towed. One catalytic converter stolen in the 1700 Blk of Northwestern Prkw. 2500 Blk W. Market burglary iPad, sound bar & money stolen.

Follow us on **f** Portland Now, Inc. and portlandlouisville.com

for a color view of the Portland Anchor



Sharing with our Kentucky Neighbors in need

This past weekend the 1st Division Police Auxiliary held their annual Children's Christmas Party event. We received a tremendous amount of donations. We had items leftover after every family had been served. Folks from the Police Auxiliary Board and from Good Shepherd Church met and decided to donate all leftover items to tornado relief. Along with the leftover items, we received additional generous donations.

Thanks to volunteers, the items were delivered to Madisonville on Wednesday. December 15th.

Thank you to so many . . . Duke and Holly Cotton, Paige and Reileigh Williams @ Paige is my agent , Hampton Scurlock @ Best of Ky Rentals, Good Shepard Parish, Bruce Wren @ Webb Embroidery, Mike and Leesa Jolly @ Emily Wright Foundation, Erma Payton Moody, Jason Hernandez Jeff Lush, and many more.



DEADLINE FOR NEXT ISSUE: JANUARY 19, 2022

Look For Your Next Issue January 28 – February 5, 2022

Portland Now, Inc. Tuesday, January 4, 2022

The January meeting of Portland Now, Inc. will be Tuesday, January 4th on the Google Meet platform and in the meeting room of the Portland Library, 3305 Northwestern Pkwy. We will NOT be doing food at the in person event.

Social time starts at 6:00 pm and the board meeting (open to all) begins at 6:30 pm. If you would like to be on the agenda to speak or make announcements, please e-mail president@ portlandnow.org before Noon on 1/3.

** MASKS ARE REQUIRED INSIDE LIBRARY (and all other Louisville Metro Government Buildings) **

As always, all community members who would like to gain information about neighborhood initiatives or happenings, or get more involved with the great work being done by our committees, are welcome to attend. Hope to see you soon!

> To join the video meeting, click this link: meet.google.com/ako-xbua-dob

Join by phone

(US) +1 617-675-4444 PIN: 335 536 550 9667#

2022 Portland Anchor Deadlines and Publishing Dates

Issue Month	Deadline	Subscription Delivery Date
February 2022	January 19	January 28 - February 5
March 2022	February 16	February 25 - March 5
April 2022	March 16	March 25 - April 2
May 2022	April 20	April 29 - May 7
June 2022	May 18	May 27 - June 4
July 2022	June 15	June 24 - July 2
August 2022	July 20	July 29 - August 6
September 2022	August 17	August 26 - September 3
October 2022	September 21	September 30 - October 8
	* Dates are subject too	change if needed.

WE ARE A CONTRIBUTOR'S PAPER

AND WE WELCOME YOUR MAIL! The Portland Anchor welcomes writing and photographs!

Please send them to:

The Portland Anchor

P.O. Box 2108

Louisville, KY 40201-2108

Include your name, signature, address, and phone number. We cannot print copy righted materials without proper release. All contributor writings that are published will carry the writer's name.

READABLE: It is helpful if your writings are typewritten or printed clearly, with names correctly spelled. Remember someone has to be able to read what you have

PHOTOS: All photographs should have a name and address on the back, and should identify the subject in the picture. Do not send laser print pictures, as they are usually of poor quality and won't print well. A self-addressed envelope should be included if you want the photo returned. Please enclose \$10.00 for each photograph you wish to have published. If payment isn't received with pictures, they will not be published.

We reserve the right to edit, reject, or delay the publication of any written material or photographs.

The content of any article or ad is the responsibility and/or opinion of the writer of same, and is not necessarily the opinion of the Anchor and/or its staff.



Letter to the Editor

Happy New Year 2022! TARC put 15 new buses in service in July and now they got a few more new buses. They are getting 47 new buses all together.

William Rarnes

Family Health Centers is offering **FREE Health Classes!**

Family Health Centers is offering free health classes! Zumba. Yoga. Meditation. cooking class, family activities, and more are available in person or online on your phone, tablet, or computer

Go to www.fhclouisville.org/healthed for more information. Or, call Kristin at Family Health Centers (502) 772-8588

The Portland Anchor

P.O. Box 2108 Louisville, KY 40201-2108 775-6036

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Articles received after the DEADLINE DATE, which is printed on the front page, will be held for publication in the following month's issue.

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The Portland	Anchor	Subscrip	ntion	HOPM
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□ New	Change of	□ Name	□ Address
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New & Renewal Rate Increase

1 year \$15.00

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Chit Chat

Information in Chit Chat is published Free as a service to Portland Anchor readers so that readers have a forum to announce important family events, and to express affection and love toward family, friends and neighbors. The Portland Anchor cannot verify the information published in 'Chit Chat', and assumes no responsibility for its truth or accuracy. Photos cost \$10.00. If you want photo returned, send a self addressed stamped envelope. Do not send zerox or laser copies of photos. Send original photo or save it to a disk or CD.

Chit Chat items must be no more than 100 words or less. No more than 10 items per person. We reserve the right to edit or reject items that we feel are not appropriate for our publication.



Happy? New Year

Hello everybody, little Carmie and Grampa here, just wondering what this new year has in store for us. One thing for sure, I hope it's better than the last two years! Grampa, me, the chickens and the bunnies would like to wish Scotti, Todd, and Save-A-Lot Happy New Year for their donations, and let's not forget all the tornado victims who lost everything. Keep them in your prayers and in your heart! See you on the water or in the field.

Personal

Thomas Galloway left this world on November 14, 2021 at age 71. Time to join his beloved father Grayson, mother Maxine, sister Helen, brother Donnie & his grand daughter Cambrey! So happy we got to visit several times before his passing! We reminessed about several thing! His daughter Angie is so sweet & strong & blessed to have her in my life! I will miss you uncle Tom! Dee Dee

Happy Birthday

Happy Heavenly birthday grandma Audrey Maxine Galloway. I cherish every memory of you each & everyday. I've been upset lately to know grandpa fell vulnerable & was used & our family home is gone! So wrong to take advantage of the elderly. One day God will judge those! Love you. Dee Dee.

The Neighborhood House **Four Seasons Senior Program meets:**

Monday, Wednesday and Friday from 9am-1pm. Bingo is on Wednesday.

You can contact Ms Janet Cherry, who is the coordinator of the Four Seasons program for senior adults, she plans field trips and parties, helps make sure basic needs are being met and connects our seniors to important resources. 774-2322.

Table of Plenty II

"Serving a free meal to all who come"

12 - 4 PM

2222 W Market Street

This is a joint outreach of St. Agnes Catholic Church, Good Shepherd Catholic Church and Catholic Charities

Carry Out Only

All are welcome! Dates and times subject to change.



Holiday

536 N. 26th St. - 776-7916

Owner Donna Wilson

Makina Portland beautiful one head at a time!

Ear Piercing \$35.00 We now except Credit Cards!

Tues., & Thurs. 9:00 am - 5:30 pm Wed. & Fri. - 9:00 am - 5:00 pm Sat. 9:00 am - 3:00 pm

Winter The New Year is here \(\neg \) Lets celebrate! We deliver "flowers for any occasion" We deliver NATIONWIDE 2533 Portland Ave

Wednesday, January 26, 2022

Hairstyles & Tanning

Stylist:

Donna Wilson

Hours:

Closed Sunday and Monday

Ladies of Good Shepherd

Card Party for a Cause

Tuesday, January 11, 2022

Lehmann Hall-3525 Rudd Avenue Doors open at 10:30 AM Luncheon served at Noon

Admission \$8.00 (includes lunch) Reservations Recommended 502-749-9780

Pull Tabs - Raffles - Cake Wheel 50% of the proceeds will benefit: **ACEProject** (Acting Compassionately Everyday)

License #0032



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HALL RENTALS

FOR BIRTHDAYS, WEDDINGS, REUNIONS ETC

LIC #0372





Good Shepherd Chili Cook-Off

Good Shepherd Church held it's annual chili cook-off Sunday, November 21st. Many different types of chili were served. After all the votes were counted the consensus was, we were all winners as we consumed delicious chili!



46th Annual 1st Division Police Auxiliary Children's Christmas Party



NEED RENOVATION ASSISTANCE?

- ask Portland Architect Gary Watrous
\$45/hr. for Portland
Call 776-7007



All pizza sales is plus tax. Addtional cheese is extra price. Prices are subject to change.

January 2022 Portland Branch Library Programs

Call 502-574-1744 for any questions!

Portland Library Hours Monday - Wednesday, 10:00 AM - 8:00 PM Thursday, 12:00 PM - 8:00 PM Friday - Saturday, 12:00 PM - 5:00 PM Sunday, closed

Computer and Resume Help by Appointment

Do you need help learning about computers or need help with your resume? We offer one-on-one classes to work on either topic you need help with. Times and dates are flexible and available by appointment only. Call 574-1744 for more details.

Family Storytime

Family storytime will offer opportunities for children and their families to engage with literature and participate in enrichment activities that build early learning skills. These storytimes feature engaging books which are accompanied by a variety of activities including: songs, rhymes, art activities, and creative play. Ages 3-8

Wednesdays @ 11:00AM - noon

Teen Art Smart Club

Express yourself! Draw, paint, sculpt, shape; cut, paste, design, create! Ages 12-18

Thursday, January 6 @ 5PM - 6:30PM

Crafternoon: Clothespin Snowflakes

This month we will be making snowflakes out of...clothespins. So join us as we hang on the memory of snow. Supplies will be provided. Ages 18+. Limit 10 people call to register. Friday, January 7 @ 2PM - 3PM

Movie Screening: Selma, Lord, Selma

In 1965, Sheyann and Rachel, two African-American girls from Selma, Alabama, become active in the Civil Rights Movement after they witness a speech by Dr. Martin Luther King, Jr.Rated PG: Parental Guidance Suggested. Some material may not be suitable for children. Ages 8+ Saturday, January 15 @ 1:30PM - 4PM

We Got Game!

Put your speed, skills, and smarts to the test in a variety of exciting, fun-filled competitions, activities! Ages 12-18, Thursday, January 20 @ 5PM - 6:30PM

Coffeehouse Trivia

Join Portland Library staff at The Coffee Boxx (1512 Portland Ave. #1, Louisville, KY 40203) for an afternoon of general trivia. Compete alone or with teams of up to six people for a prize generously provided by Coffee Boxx! Saturday, January 22 @ 1PM - 3PM

Mystery Book Club - With a Twist!

A monthly book club where you read the mystery you want based on a monthly theme. January's theme is a mystery book that is the first in a series. Takes place at The Coffee Boxx, 1512 Portland Ave., Louisville, KY 40212. Call 502-574-1744 for information. Tuesday, January 25 @ 12:30PM - 1:30PM

Café LOUIE

Join us to meet your local legislators in your community! These informal meetings with Legislators include state representatives and senators along with Metro Council and suburban city elected officials. Café LOUIE is a partnership with the Bingham Fellows, the Leadership Louisville Center, and the Friends of the Louisville Free Public Library. Saturday, January 29 @ 9AM - 10AM

Indoor Mindfulness

For the winter we will take our Mindfulness program indoors. Join us in the Auditorium of the Portland Branch while we enjoy guided meditation and some simple mindfulness exercises. Mats will be provided for use.

Saturday, January 29 @ 2PM - 3:30PM

WE WELCOME

NEW PATIENTS WE ACCEPT

PASSPORT HEALTH PLAN, HUMANA CARESOURCE,
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We now accept major credit cards

PORTLAND DENTAL CENTER

26th & Bank Street

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Family Dentistry

Obituaries



Jerry Lee Abell, 63, passed away December 4, 2021. Jerry was a beloved son and brother. He was preceded in death by his mother, Patricia Abell. He is survived by his father, William Abell; son, Jerry Dyer; sisters, Karen Messick (Terry) and Robin Higdon (Daryl); brothers, Larry Abell Jr. (Kathy) and Joseph R. Abell (Tammy); many nieces and nephews. J.B. Ratterman & Sons 2114 W. Market Street is in charge of arrangements. Services were private.

Donnie Franklin Bishop Sr., 54, passed away December 8, 2021. Donnie was born April 10, 1967 in Louisville, Kentucky to Johnnie Bishop and Bonnie (Corn) Smith. Donnie was an employee of Ace Hardware Store; he enjoyed serving his community at



the hardware store. He was a member of Shawnee Baptist Church, enjoyed wrestling, watching Nascar and going to the casino. He will be greatly missed by all his family, friends and his Portland community. He is preceded in death by his father. Johnnie Bishop; step-father, Jim "Marvin" Smith; brother, John Bishop Smith; and grandparents, Earl and Blanche Corn. Survivors include two sons. Donnie F. Bishop, Jr., Jacob F. Bishop (Renee): two step-sons. Matt and William Cothern; three daughters, Amber Issac (Daniel). Brandie Bishop. Christina Brown; step-daughter, Destiny Mellick; mother, Bonnie Smith (Talbert Milbert); his twin brother. Ronnie Bishop (Stacie Napier); two sisters, Faith Dunaway (Jenn MIller), Kim Bishop; companion for 11 years, Ashley Vincent; and thirteen grandchildren. Legacy Funeral Center-Schoppenhorst Chapel in charge of arrangements.



Patricia "Pat" L. Cornn, 76, passed away December 5, 2021 after a brief illness. She was born August 14, 1945 in Louisville. Kentucky to the late Leslie Cornn and Fave (Sims) Franklin. She was a retired 911 Dispatcher for the City of Louisville: she was a avid U of L fan, she loved to garden in her vounger years and her yard was filled with beautiful roses, she enjoyed writing poems and coloring. She was a good hearted person and would do anything for anyone. She will be greatly missed by her family and friends. Besides her parents she is preceded in death by her son, Eugene Cornn; grandson, Gene Winbun; a brother and two sisters. Survivors include her grand-daughter that was also her caregiver, Brittany M. Velazquez (Angel); grand-daughter, Shannon Dixon; two brothers, Jewell Cornn, Louis F. Cornn; sister, Edie Cornn; and nine grandchildren. Legacy Funeral Center-Schoppenhorst Chapel in charge of arrangements.



Dona Jon Crowe. 83. passed away December 15, 2021. She retired as Benefits Coordinator at the University of Louisville where she had served since 1988. Dona was a loyal member of Baptist Tabernacle Church in Louisville. She was preceded in death by her parents, Dona Dolores Crowe and Cad Wallace "C.W." Crowe. She is survived by her brother, Walter Douglas Crowe Sr.; nephews, Walter Douglas Crowe II (Connie) and Bryan David Crowe (Jamie Lynn); greatnephews. Charles Douglas Crowe (Elizabeth Fannin Crowe), Robert Steven Olson, and Bryan Douglas Crowe (Catherine); greatnieces, Emily Dolores Crowe and Katelyn Alicia Olson, J.B. Ratterman & Sons Funerals & Family Cremation Care 2114 W. Market Street was in charge of arrangements with burial in Evergreen Cemetery. Expressions of sympathy may be made to Baptist Tabernacle Church in Louisville. KY. or American Cancer Society.





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January, 2022 The Portland Anchor Page 7

Obituaries



Robert F. "Bob" Clifford, 92 passed away December 14, 2021. Bob was a hardware professional with a career spanning 40 plus vears at Janes Brothers Hardware. He was a devout Catholic and an active parishioner at St. Cecilia and Good Shepherd Catholic Churches, serving on the Parish Council, the Finance Committee, working the church bingo and a member of Good Shepherd Men's Club. Bob was preceded in death by his loving wife of 65 years, Mary Clifford; infant daughter, Margaret Ann Clifford: sister, Edna Stilts Paris. He is survived by his sons, Robert Joseph (Rosemarie), David Joseph, Christopher Joseph (Kerrié) and Leo Joseph Clifford; daughters, Mary Ann Shilling (Owen), Helen Louise Shown (Herb), and Patricia Jeannie Nickels: 16 grandchildren, 33 great-grandchildren and 6 great-great-grandchildren. Mass of Christian Burial was held at Good Shepherd Catholic Church, 3511 Rudd Ave. with burial in Resthaven Memorial Park. J.B. Ratterman & Sons Funerals & Family Cremation Care, 2114 W. Market St. in care of arrangements.



Scotty Dean Engle, Sr, 46, passed away November 13, 2021. Scotty had worked for Cecil & Red Appliance. He was a big U of K fan. He loved his sons and grandkids. He is survived by his sons, Scotty Engle Jr. and Jeffrey Engle; mother, Mary Clifford; sister Debbie French; grandsons, Dawson Engle and Greyson Engle. J.B. Ratterman & Sons Funerals & Family Cremation Care, 2114 W. Market St. is in charge of arrangements. Services were private.



Doris Ann Ligon, 65, passed away December 13, 2021. Doris was a kind woman who would help anybody in need. She was a loving mother and grandmother. She loved the color red and riding her bike. She was preceded in death by her dear husband, James Thomas "Goose" Ligon; parents, Joseph Harry and Mary Culver DeWitt; brother, Michael DeWitt; niece, Angela DeWitt. She

is survived by her children, Mary Ligon and Eric Ligon (Jenny); step-son, Stephen Purcell; godson, Justin Phelps; grandchildren, Charity, Bryson, Anna, Breawna, Blake, Mariah, Maya, and Allie; niece, Crystal Bratcher; nephews, Glenn Bratcher and Christopher DeWitt; brother, Joseph Pete DeWitt; sister, Sharon Bratcher, and many friends. J.B. Ratterman & Sons Funerals & Family Cremation Care is in charge of arrangements. Services are private.



Doris June Maillette (White), 92, passed away November 21, 2021. Doris was the Director of Purchasing at U of L. She was preceded in death by her loving husband, Bill Maillette. She is survived her nieces, Sondra Wilson and Susan Hodge; nephew, Alan White; her loving husband, Bill's family. J.B. Ratterman & Sons Funerals & Family Cremation Care, 2114 W. Market Street with burial in Evergreen Cemetery was in charge of arrangements.



Luther H. Miller, 56, passed away November 30, 2021. He was born May 25, 1965 in Louisville, Kentucky to the late Luther Howard and Dorothy Miller. Luther was a

J.B. Ratterman & Sons

Funerals and Family Cremation Care



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Good Shepherd Catholic Parish

(Our Lady's Campus) 3511 Rudd Avenue

MASSES

Saturday 4:00 PM Sunday 11:00 AM

Masks required. Social distancing quidelines will be followed.

guidelines will be followed.All are welcome to celebrate with us

goodshepherdchurch.us 502-749-9780

member of Dixie Highway House of Prayer. Survivors include his four children, Luther Murphy (Cassie), Cortelious Murphy, Laron Miller, Shauntineke Murphy; two brothers, Anthony Miller and Darryl Miller (Lashan); three sisters, Regina Symoneete, Tina Miller and Sheila Austin (Carlos); seven grandchildren; companion, Kimberly Mason; long-time friend, Michael Barnes; and many nieces, nephews and cousins. Legacy Funeral Center-Schoppenhorst Chapel in charge of arrangements.



Eric Todd Philpott, 49, passed away November 30, 2021. Eric was a Blaster for Tri State Plating. He was preceded in death his mother, Brenda Jones. He is survived by his daughter, Tasha Philpott; granddaughter, Paislee Stephens; father, Allan Philpott; step-mother Lunell Philpott; Rika Massey; brother, Christon Philpott. Funeral Services was at J.B. Ratterman & Sons Funerals & Family Cremation Care, 2114 W. Market Street.



William Edmund Robards, 72, passed away November 15, 2021 after a long battle with cancer. He retired from Iron Workers Local 70. He was preceded in death by his mother, Eleanor Robards, and his father, John "Cocky" Robards, brothers Stephen Robards, and two sisters Patty Robards, and Sharon Wilkinson-Robards. He is survived by his wife Jaimie Robards, his sister Vicki Lucey, his brother Michael Robards, and brothers-in-law Gregory Simmons and Zachary Simmons and his son William Robards Jr. (Loretta), and 3 daughters Kelly Jo Portman, Gabrielle Benfield (Charles) and Liberty Benfield and 11 grandchildren Dylan Douthitt (Sierra), Nicholas Douthitt Draven Douthitt, Noah Douthitt, Rachel Robards, Ryan Robards, Savannah Moeller (Alex), DeLaney Benfield (Timmy), Raven Skaggs (Mikayla), Shaylee Skaggs, Mark Skaggs and 5 great grandchildren and a host of nieces, nephews, and cousins and his aunt Teeny Wakeland, and many friends who were family too! J.B. Ratterman & Sons Funerals & Family Cremation Care 2114 W. Market Street, was in charge of arrangements.

Obituaries



Eugene Daniel Swain, 82, passed away, November 19, 2021. He was a veteran of the U.S. Navy and was a retired electrician for AT &T and Methodist Evangelical Hospital. Eugene was preceded in death by his loving wife, Janette Swain; mother, Lucille Clark; father, Cleveland Swain; grandson, Davelavon Perry; nephew, Michael R. Jones. He is survived by his son, Eric Daniel Swain Sr. (Allison); daughter, Catherine "Cathye" E. Perry (David); sister, Brenda Jones (R. M. Jones). J.B. Ratterman & Sons Funerals & Family Cremation Care 2114 W. Market, in charge of arrangements.



Patti Thomasson, 59, passed away November 24, 2021. Patti was a proud grandmother. She was a huge U of K Basketball fan and she loved Charlie the cat and had a green thumb. She is survived by her loving husband. Marty: daughter. Kelli Thomasson; son, Adam Thomasson (Theresa); grandchildren, Alexander and Caleb Thomasson; sisters, Linda Hicks, Mary Sue Thompson (Rick), and Shirley Auter (Phil); brothers, David and Dennis Lanham: sisters-in-law, Sherry Brown and Carol Thomasson; father-in-law Harry Thomasson; many nieces and nephews. J.B. Ratterman & Sons Funerals & Family Cremation Care, 2114 W. Market Street in charge of arrangements, with burial in Resthaven Memorial Park



Cecelia Mae Tyrrell, 69, passed away November 25, 2021. Cecelia was a Nurse's Aide for Kings Daughter. She loved going to bingo and volunteered at the Neighborhood House. She always put other people first, before herself, she was a loving wife, mother, grandmother, and sister. Cecelia was preceded in death by her parents, Edward and Marcella Parker; brothers, Gary and Shorty Parker. She is survived by her loving husband, Robert; daughters, Diana Tyrrell (Roda), Mary Jones (Calvin); son, T.J. Tyrrell (Sarah); sisters, Rosemary Skaggs and Mary Shepherd (Jim); brothers, Eddie Parker and James Parker (Darlene); 5 grandchildren and 1 great-grandchild. J.B. Ratterman & Sons Funerals & Family Cremation, 2114 W. Market Street, was in charge of arrangements.

When I Die

Please don't sigh! Hold your head high! A lot of you won't get to say bye! Some will crv! Some may laugh! Others might be mad!

I came in this world all alone! I am probably leaving the same way! My oldest grandson said he didn't want to see me dead! I have a lot of great memories with many! Never a reason for my family to fight! If ever close to me you know I have looked out for everyone! Perhaps you will see me again someday!

When you think of me, think of a butterfly, hummingbird, horse, cardinal or something sweet bye & bye! For sure a eagle because I am free! It may be soon or when I am close to 80. I've been far more good than I have been bad! I never done none no wrong! So don't focus on the times I was red & mean. Think of the good when you had somewhere to lean! I've lost family close to me not just because of death but that we disagree!

1 month after my death my obituary will be in the Portland Anchor. I wrote it & my own eulogy too! Please take care try to do your best & not your worst! Always be careful what you give & who you trust because people will use you easily! Yes I am afraid! I wear a smile because my bed is made!

My oldest son said I am the smartest & strongest. My youngest son said I am the most independant realist. I was not true to myself, but always honest with you. Cherish life, don't waste it. Love, your mom, sister & friend



Family Health Centers is now offering COVID-19 Vaccines to anyone 12 years or older, boosters to anyone 18 and older. Current patients 5-11 years old may now receive a COVID Vaccine!

FREE! **NO INSURANCE NEEDED!**

Learn more at www.fhclouisville.org

Call 502-772-8110 to get an appointment or for information on same day walk-ins.

Portlandiaky Word Game

1

It doesn't take a culture-savvy person to know that a tv series exists called Portlandia. This comedy series is a never-ending liberal self-own, featuring weed-drenched dialogue and tire-sandal-scuffing dirtbags. Maybe you haven't noticed but our very own Portland is a never-ending conservative self-own, featuring weed-drenched dialogue and boot-scuffing dirtbags. This is a super cool archetype-foil for my idea of exploring fill-it-in word games for a good rendition of our ever-burgeoning Portland culture. With that as a back-drop, and using a random number generator for selecting which Portlandia episode to use as archetype, the result is below. The game involves filling in a word in the list below, then reading the paragraph below the list with the words chosen. You will really want to be doing this...and in a group of any kind.

	 e e e e e e e e e e e e e e e e e e e
2.	 cheapest beer you can think of
3.	 best spot for free food
4.	 a book you haven't read yet
5.	 name of a friend you never want to see again
6.	favorite prescription drug you use but don't have prescription for
7.	 month and year of the last time you had a large leafy green salad
8.	brand of favorite hand gun

favorite brand of cigarette

Good Shepherd Catholic Parish

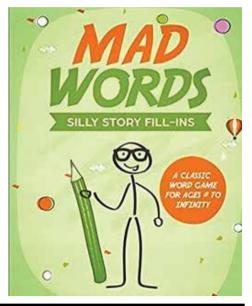
HALL RENTAL

Available to Rent for Clubs, Receptions & Reunions

Lehmann Hall 3525 Rudd Ave.

(502) 749-9780

goodshepherdchurch.us





IN THIS EPISODE, we find that:

- --Sandra hits it off with the guy who declines her credit card so they go to the park and sip on (((2))) into the evening.
- --Nina and Lance have an infestation of ants so they torture them with the business end of (((1))) to manifest their anger.
- -- The Mayor looks for a world record that will bring tourists to Portland, and thinks it might have something to do with our infatuation with (((6))).
- --Fred and Carrie help Portland secede; the social-fabric-terrorists receive an award for best stereophonic hand-gun firing in the air with a ((8)).
- -- Dave and Kath leave notes on cars and sign them with (((5))).
- --Jill tries a radical diet, not having tried anything new since (((7))).
- --A school hires a bully to teach the children about grit, but the project was curtailed when it was learned that (((4))) was involved in an incident with a child's broken nose
- --A traveler checks in to one of our unconventional hotels, and discovers (((3))) and never leaves.
- --Portland is declared the most anti-feminist city in the country and Toni and Candace try to deal with all of the attention by declaring, "I don't care if I go to prison."

++++++++

So far there is no funding allocated for a mini-series of Portlandiaky, but if it appears, filming will start immediately and there will be no paucity of supercharged content. Can we start crowd-sourcing this immediately?

PortlandNate # Fill-It-In GameNight is ON

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Stay active even when it's cold outside!

Winter is here! Cold weather and shorter days make it harder to find the time and motivation to be active. Many of us feel like hibernating instead! But physical activity is important all year round. Almost all of us would feel better, be able to do more, and be healthier by being more active than we are now. Physical activity is a great way to lose weight too!

Being physically active means engaging in aerobic exercises and strengthening exercises. Adults should aim for 30 minutes of moderate aerobic exercises 3 to 5 days a week (walking, aerobics, biking, yard work – anything that works your heart and lungs). Adults should also do 8 to 10 strengthening exercises 2 to 3 days a week (anything that strengthens your muscles by making them work against resistance). Start small! Get support. Try some of the free resources below! And talk with your doctor before you start a physical activity program.

Exercising outside

- Wear layers Exercise makes a lot of body heat, but once you start to tire and the sweat dries, you can get chilled. Dress in layers that you can take off since you start to sweat and then put back on as needed. And don't forget a hat or headband – more than 30% of your body heat is lost through your head!
- Be visible Wear light or reflective clothing so drivers can see you, especially since it gets dark early.
- Drink plenty of fluids Drink water before, during and after your workout, even if vou're not thirsty. You can become just as dehydrated in the cold as in the heat.

Exercising indoors

Cold Drinks

Cash back

- Walk around the block.
- Walk up and down the hallway or the stairs in your house or apartment building.
- Create a home gym with a set of weights, an exercise ball and a jump rope.
- Check out the videos and links at the Family Health Centers website: www.fhclouisville.org/healthed

Submitted by Kristin Munro-Leighton, Health Educator at Family Health Centers, 772-8588





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Recipes from the Ladies of Baptist Tabernacle

Winter is here and that means hearty meals of delicious soups and warm tasty casseroles. Here's a few to make you hungry and appreciate a warm kitchen.



Chicken Casserole

2 c. shredded cooked chicken 2 Thsp melted butter 1 can cream of chicken soup ½ c. grated cheese 1 tsp. lemon juice 1 c. rice

1/4 c. chicken broth, if needed ½ c. mayonnaise

Cook the rice and place in large bowl. Add chicken, soup, lemon juice, butter, grated cheese, mayonnaise and chicken broth. Mix together and place in casserole dish. Bake at 350 degrees for 30-40 minutes.

Ham and Broccoli Casserole



bread crumbs ½ c. shredded cheese 1 pkg. frozen broccoli

½ c. milk 1 c. of cubes of ham

2 Thsp butter

1/4 c. flour (add more if needed)

Cook broccoli for 5 minutes in boiling water, drain and place in casserole dish. In a skillet melt butter add flour and stir until it is blended Add Shredded cheese and stir until melted. Add ham and mix. Pour cheese sauce and mix. Sprinkle bread crumbs of top. Bake until crumbs are brown.



Hamburger Casserole

1 lb hamburger 1 c. cream of mushroom soup 1 pkg. Tater Tots or Hash Browns 1/4 cup milk

1 c. mixed vegeta

1 medium onion, chopped

½ c shredded cheese

Brown hamburger and onions. Line Tater Tots or Hash Browns in a 9 x 13 inch pan. Cover with hamburger and onion mixture. Combine milk to soup in bowl add mixed vegetables and mix well. Pour on top of hamburger mixture. Sprinkle cheese on top. Bake at 350 degrees for 45-55 minutes.



Chili

1 lb hamburger 1 tsp pepper 1 c. red kidney beans ½ tsp cayenne pepper 1 c. hot chili beans 1 medium onion, chopped 1 c. tomato sauce Add water if needed

chili pepper to taste (make sure you put it on the table for those who like a lot)

Fry hamburger until pink disappears. Drain. Place in Dutch oven or large pan. Add remaining ingredients. Cook over medium heat. Some folks like spaghetti in their chili so add that if you want to. Other folks like thick chill, others like it more runny. That's what the extra water if for. I aim to please all of you chili lovers. Oh, another thing, some people like spaghetti in their chili. So, perhaps you could boil some just in case. Of course, you will need crackers or corn bread. So, which ever you favor have some handy. And shredded sharp cheddar cheese and more chopped onions. Now, that should please everyone.



Lasagna

2 lbs ricotta or cottage cheese

2 eggs

2 lbs hamburger

1 lb Mozzarella cheese

(more if you like)

2 jars pasta sauce

1 box Lasagna noodles

oregano (use for your own taste)

You might do well if there is another person to help prepare this with you.

Boil lasagna noodles until tender. In a bowl combine eggs and cottage cheese. Cook hamburger, drain and add sauce. In a 9 x 13 inch pan start with a layer of lasagna noodles. Add meat sauce. Layer of noodles and cheese and egg mixture. Add mozzarella cheese layer. Repeat until finished. Sprinkle with Parmesan cheese and shredded mozzarella cheese. Bake in 350 degree oven for 50 minutes.



Hearty Beef Stew

1 pkg of stew meat

1 cup beef broth

4 potatoes peeled and cubed

1 can peas

4 carrots peeled, cut in 1 inch pieces salt and pepper to taste

1 medium onion chopped

2 cups of water

½ c. chopped celery

Roll stew meat in flour and place in hot skillet with a small amount of oil. Braise meat. Remove and place in Dutch oven. Add remaining ingredients. Bring to boil, lower to medium heat and cook until potatoes are tender.

Stay safe and warm!

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sider supporting these businesses in the Portland Community, and look for their ads in this issue.

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Opening day may change

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Drop off days and times: 7:00am -9:00am Tuesday, Wednesday, Thursday, Saturday Appointment days and times: 9:00am - 2:00pm Tuesday, Wednesday, Thursday, Saturday Drop off and appointments Sunday 3:00pm - 6:00pm

What you will need to bring:

I.D for you and spouse (if married)

Original social security card (no copies) for everyone you are claiming

1095 – A Health insurance statement (only if you pay for your insurance through

Direct Deposit information, routing number and account number.

Last years tax return helpful but not necessary.

All income statements:

W-2's / Unemployment Self-employment 1099-Misc. form

W-2-G Gambling

Interest/Dividend Statements

Cancellation of Debt

1099 - SSA (pink and white) SS letter

Uber or Lift self-employment form

1099-R Retirement or Pension

Stocks/Bonds

HSA

All deduction statements:

Daycare statements (name, employer ID ", address, and phone number) 1098 -T College tuition and fees statement or receipts from college

Student Loan Interest

Itemized Deductions such as mortgage interest, charitable donations, property taxes, out of pocket healthcare expenses, gambling loss statement.

We are all certified through the IRS and Louisville Asset Building Coalition. We are all volunteers please have patience with us.

Any questions please call Eurana at center 776-2635 ext. 106.

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