

# PORTLAND ANCHOR

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Louisville, KY 40201-2108

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*“Louisville’s Oldest Neighborhood Newspaper”*

Number 1

January, 2023

## Little Caesars Says, “Thank You Portland!”

“Thank you, Portland and west-end community, for a wonderful welcome to the neighborhood!” The process that began for Eric and Kevin (Provision Brands LLC.), the owners of Little Caesars #3638, located at 529 N. 22<sup>nd</sup> street began in January of 2021 when Eric noticed a “for lease” sign on the window at the Portland Crossing location and culminated in a soft opening on October 13<sup>th</sup>, 2022. After more than a year and a half of negotiating, remodeling and hiring of staff, the response from the community of Portland and the surrounding community has been outstanding! “To give you an example, with the help of a few of our west-end friends on social media spreading the word about our hiring needs, we had tremendous success during the hiring process, with more than 70 interviews for the 30-40 positions available. We were simply overwhelmed by the number of people wanting to work at Little Caesars!”

A bit of Little Caesars history... Little Caesars was founded by Mike and Marian Ilitch in Garden City, Michigan in 1959, when they opened their first pizza store. The first franchise store opened in 1962 and it continues to be a family-owned business, with the corporate office located in Detroit, Michigan, just across the street from Comerica Park, home of the Detroit Tigers. In 1997, the chain introduced the “\$5.00 Hot-N-Ready Pizza” – a concept that continued for almost 25 years. One of Mr. Ilitch’s sayings through the years was, “Everyone has \$5.00 in their pocket and we can feed an entire family for \$5.00!” Though the price has changed a little of the last 25 years, the tradition of feeding a family at a great value continues today. Eric and Kevin, knew the Portland community would benefit by having another food option to compliment the area’s existing quick service food offerings.

What does Little Caesars #3638 bring to the Portland community? First and foremost, we bring a pizza with dough that is made fresh daily, 100% Mozzarella and Muenster cheese that is never frozen and pizza sauce made from California vine-ripened tomatoes. Second, the team at Little Caesars #3638, led by the General Manager named Christian, strive to provide the best customer service in the city. It is our goal to make sure that anyone wanting a “Hot and Ready Pepperoni Pizza” are able to get in and out in minutes if not seconds. Custom pizzas will generally take 8-10 minutes. Third, our menu offers customers numerous Little Caesar favorites such as the world-famous Crazy Bread, Italian Cheese Bread as well as Zesty Bread (a little bit of heavenly jalapeno cheese sauce between the crust and cheese layer). For those that prefer a meatier diet, we also have four flavors of chicken wings: Oven Roasted, BBQ, Buffalo and Garlic Parmesan.

What is the long-term mission of Provision Brands LLC? We focus on three areas with our team members: service, leadership and entrepreneurship. Our end



game is to identify employees that show ability and desire and using a farm club approach, develop their service skills and leadership skills so that in the future, when additional entrepreneurial opportunities surface, we’ll be able to provide them with a vehicle to jump into ownership themselves. Our team’s daily objective is simply to serve the Portland community well by being good neighbors, great food providers and responsible employers of young and old alike in Portland.

Follow us on  **Portland Now, Inc. and**  
**[portlandlouisville.com](http://portlandlouisville.com)**  
for a color view of the Portland Anchor

**DEADLINE FOR NEXT ISSUE: JANUARY 18, 2022**

Look for your next issue January 27 – February 3, 2023

# PORTLAND NOW, Inc.

## Monthly Neighborhood Meeting

### Tuesday, January 3, 2023 - 6:00 PM

We will be meeting in the rear of  
The Table Restaurant, 1800 Portland Ave.

Lots of important issues to discuss this month.  
You Really Need To Come Out & Participate  
In Making Your Neighborhood Better.

TAKES A NEIGHBORHOOD



### 2022 Portland Anchor Deadlines and Publishing Dates

Issue Month	Deadline	Subscription Delivery Date
JFebruary 2023	<b>JANUARY 18</b>	January 27 - February 3, 2023
March 2023	February 15	February 24 - March 3, 2023

\* Dates are subject too change if needed.

### WE ARE A CONTRIBUTOR'S PAPER AND WE WELCOME YOUR MAIL!

The Portland Anchor welcomes writing and photographs!

Please send them to:

The Portland Anchor  
P.O. Box 2108  
Louisville, KY 40201-2108

Include your name, signature, address, and phone number. We cannot print copy righted materials without proper release. All contributor writings that are published will carry the writer's name.

**READABLE:** It is helpful if your writings are typewritten or printed clearly, with names correctly spelled. Remember someone has to be able to read what you have written.

**PHOTOS:** All photographs should have a name and address on the back, and should identify the subject in the picture. *Do not send laser print pictures, as they are usually of poor quality and won't print well.* A self-addressed envelope should be included if you want the photo returned. **Please enclose \$10.00 for each photograph** you wish to have published. If payment isn't received with pictures, they will not be published.

We reserve the right to edit, reject, or delay the publication of any written material or photographs.

The content of any article or ad is the responsibility and/or opinion of the writer of same, and is not necessarily the opinion of the Anchor and/or its staff.



### Letter to the Editor

I want to wish everone a very Happy New Year 2023.

*William Barnes*



Articles received after the **DEADLINE DATE**, which is printed on the front page, will be held for publication in the following month's issue.

## The Portland Anchor

P.O. Box 2108  
Louisville, KY 40201-2108  
**775-6036**

Published Monthly By  
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## The Portland Anchor Subscription Form

New Change of  Name  Address  
 Renewal

### Please Print

If renewal, please print exactly as it appears on mailing label, or remit label.

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ZIP \_\_\_\_\_ TELEPHONE # \_\_\_\_\_

Beginning October 2021,  
New & Renewal Rate Increase

**1 year \$15.00**

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Louisville, KY 40201-2108



# Chit Chat

Information in Chit Chat is published **Free** as a service to Portland Anchor readers so that readers have a forum to announce important family events, and to express affection and love toward family, friends and neighbors. The Portland Anchor cannot verify the information published in 'Chit Chat', and assumes no responsibility for its truth or accuracy. **Photos cost \$10.00.** If you want photo returned, send a self addressed stamped envelope. **Do not send zerox or laser copies of photos.** Send original photo or save it to a disk or CD.

**Chit Chat items must be no more than 100 words or less. No more than 10 items per person.**  
**We reserve the right to edit or reject items that we feel are not appropriate for our publication.**

Thank You to all of our advertisers who have supported the Portland Anchor and your trust in us over the years. We look forward to a new year and new beginnings.

*Happy New Year!*



## Ladies of Good Shepherd Luncheon and Card Party for a Cause

**Tuesday, January 10, 2023**

Lehmann Hall, 3525 Rudd Avenue

**Doors open at 10:30 AM**

**Admission \$8.00**

**Includes lunch and door prize ticket**

50% of the proceeds will benefit:  
 Catholic Women's Organization  
 (Africa)

*Cake Wheel – Raffles – Pull Tabs*  
 For Reservations call 502-749-9780

In case of inclement weather we will follow JCPS school closure police.

License #0032

## Good Shepherd's Table of Plenty Comes to a Close

Good Shepherd's Table of Plenty has been serving a free monthly meal to all who wish to come at the St. Anthony Campus of Catholic Charities since April 2017. Beginning January 2023, The Table of Plenty will no longer have access to the St. Anthony Campus to serve the monthly meal. After discussing this development with our faithful volunteers, Good Shepherd has decided to discontinue The Table of Plenty as of January 2023.

We would like to thank Catholic Charities for providing the opportunity to serve over 13,996 meals. We would especially like to thank Laura Stevens the former Common Table Director, Chef Makeda Freeman-Woods and the students of the Catholic Charities Culinary Program for the wonderful meals.

We would also like to thank the Saint Agnes Outreach Committee, Pastoral Committee and its parishioners for their generous financial support which has allowed us to serve the Portland, Russell, and Shawnee neighborhoods for over five years.

Thank you to the pastors of Good Shepherd both past and present for their continued support: Fathers John Burke, Chuck Walker, and Deogratias Ssamba, AJ.

Finally, we would like to thank all who have volunteered in this worthy cause of feeding the hungry, especially the co-chairs, Charles Ludwig and Deloris White.



## Hoops & Homework FREE After School Program

**Delta Gymnasium - 2508 Portland Ave.**

Must RSVP - [deltainc502@gmail.com](mailto:deltainc502@gmail.com) / [deltafoundation502.com](http://deltafoundation502.com)

STARTS JANUARY 4TH - 3:00 pm - 6:00 pm

Boys & Girls 8 - 16 – DINNER PROVIDED

- HOMEWORK ASSISTANCE
- TUTORING
- BASKETBALL SKILLS INSTRUCTIONS
- SCRIMMAGES
- FUN ACTIVITIES



## Holiday

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*Donna Wilson*

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**Hours:**

Tues. & Thurs. 9:00 am - 5:30 pm

Wed. & Fri. - 9:00 am - 5:00 pm

Sat. 9:00 am - 3:00 pm

Closed Sunday and Monday



**Support Your**



**American Legion  
 Shawnee Post - 193**

**2800 West Main - 776-8596**

**HALL RENTALS**

FOR BIRTHDAYS, WEDDINGS, REUNIONS ETC

LIC #0372



## 1st Division LMPD Officers of the Month



*Detective Likins*

On November 26, 2022 Detective Likins was the on call Detective for the 1st Division. At 10:36am 1st Division Officers were dispatched to E. Muhammad Ali on a stabbing. When officers arrived they found a victim with a severe forehead laceration from a knife. The officers on the scene determined that the suspect was still in the location but was refusing to exit. Detective Likins responded to the location and assessed the situation, gathering information from the Officers on scene.

After interviewing the victim, Detective Likins determined that there was probable cause for a Search Warrant. He spent the next several hours drafting and obtaining approval for the warrant. When Officers on scene were able to convince the suspect to exit the apartment Detective Likins proceeded to interview the suspect. 1st Division Officers were dispatched to another stabbing on Place Blanc.

The injuries were so severe that Homicide Detectives responded to the scene, but determined that it was a Division case. Detective Likins assumed control of that investigation as well. Detective Likins was able to effectively organize and control two complex investigations both of which involved serious physical injury to the subjects.

His professionalism was instrumental in conducting a thorough investigation for both cases. Detective Likins never lost his composure nor did he lose sight of his priorities. At 9:27pm he was still sending emails to respective parties to ensure that they had accurate information. Detective Likins actions may be routine for him but exemplifies the best of the department.

The above Detective Likins has proven time and time again to be an asset to the 1st Division and LMPD. His actions bring great credit and distinction to the Louisville Metro Police Department. Because of his selfless service and commitment to the safety of the community he is more than deserving of Officer Of The Month for December 2022.

### Salvation Army

306 N. 28th Street

**Chili Cook-Off with Karaoke**

**Saturday, January 14, 5-9 PM**

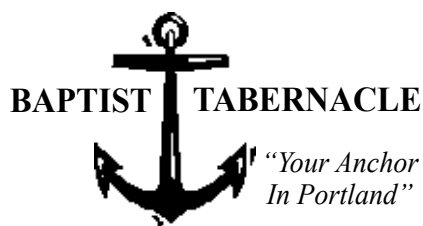
Fundraiser with Silent Auction

& Dessert Auction

\$8.00 Covers all you can eat

*This event is a fundraiser  
for the church.*

**30th & Market 778-4419**



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**2520 Portland Ave. ~ 776-6400**

*Portland & West End*

**Sun-Thurs 3pm-10pm, Fri & Sat 3pm-11:30pm**

All pizza sales is plus tax. Additional cheese is extra price. Prices are subject to change.





**47th Annual  
Portland Youth Baseball  
League and  
1st Division Police Auxiliary  
Children's Christmas  
Party December 3, 2022**

*From Pop Thomas*



**WE WELCOME  
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**778-0999**

***Family Dentistry***





### Loving on Louisville

On Saturday, December 17th, Creation Center, at 2500 Portland Avenue, The Delta Foundation along with Coca Cola, held a Ham giveaway with a food bag and cases of Cokes. Thank you to the people involved in this event that volunteered their time to help people in our community. Over 180 Hams were donated for this event and 9000 cases of Coke.



Family Health Centers

## OUR SHOT TO END COVID

Family Health Centers provides free COVID-19 Vaccines to anyone. if you are 12 years or older, visit our Pharmacy to receive a vaccine or booster. For children 6 months to 11 years old, ask for the COVID Vaccine at the next visit with the Pediatrician.

2215 Portland Ave, 40212

Boosters

Mon - Thurs 9:45am - 4pm

First time vaccinations

Fridays 9:45am - 4pm

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### NEWS--AND YOU MAY NOT LIKE IT--or not.

The news is that there are no more junk day pickups from Metro; we'll have to call it in for them to pick up. This is eye-popping in Portland especially since we collectively have lots of stuff in garages--The 2020 Census Reports are out and are now saying our zipcodes increased in number of hoarders, with increases in accumulatum. We generally need to reduce our stuff. Putting it into the landfill or melting it down for its metals is not a good use of embedded carbon. Since we already know this, what are we to tell our kids in 7 years when they accuse you of carbon-abuse (as they slam the door, having to leave for the cooler Canada).

Here's an idea: Let's give it away somewhere. GoodWill and Salvation Army are too boring and predictable. I suggest creating a Portland Mercy Ships program. We can collect our "overstock" and put it on a slow ship to Paducah or Honduras. We can harbor a ship in Portland somewhere; the river is big enough isn't it? Our garage goop is someone else's necessity. We are part of the world and it keeps bumping into our little lives--'m getting used to it; modern technology is helping. We can crowdfund anything we want. We are living out our best lives.

Please notice the QR code and the thumbprint entry-pane on the page. With your thumb on the scanner frame, everytime you scan your cellphone to the QR code (the buzz of black and white micro-boxes) then you allocate a silent donor to release funds for putting another item on the ship. I know it's hard to believe but it's true. Details are super complicated but all you need do is believe...everything is already worked out for you. More on this technology under "biometric pulpity" on Wikipedia. Cut it out and place the images on your fridge so as to thumb print it every time you get a stick of celery to nosh on. Some are saying that they've personally spoken with Gabriel about this and he and his pinioned colleagues are supporting this endeavoring to independently count and allocate these righteous thumbprinting actions. Needless to say, the Left-Leaning media have opined vociferously about this revolution in recent months. This is in effect only in the paper version, not the online displays.

Amazingly it doesn't affect your social media "likes"...to the astonishment and embarrassment of silicon valley for never locking out this creative Houdini loophole. Of course this will be controversial...some will remarkably believe the thumb prints are a hoax--along with the possible involvement of angels--and that's a consequence of the polarization of our society.

As with anything confronting your perceived reality for the first time, do your fact checking until you are comfortable with it. Long live an informed and thoughtful populace. In summary, just believe: that's our biggest task. Oh, yeah, this is never getting easy...so, with sober and jaundiced assessment, I approach the idea that thoughtful appropriation of our hoarded items might be just hard work.

Encouraging all to Do The Right Thing,  
 PortlandNate  
 #the\_magic\_is\_in\_the\_believing  
 #Mercyship-adjacent-philosophy  
 #NextCensusWillBeBetter



# Obituaries



**Herbert Eugene Blincoe Jr.**, 72, passed in his sleep November 25, 2022. He was born November 23, 1950, in Louisville KY to Herbert Eugene Blincoe Sr and Nancy (Alexander) Blincoe. Herbie was a Christian and in the early 2000's he renewed his Christian commitment and joined Mt. Vernon Baptist Church, Louisville KY where he was baptized and faithfully served on the Adult Usher Board Ministry. He is preceded in death by his father, Herbert Sr., and his beloved sister, Theresa Pennebaker. He leaves to cherish his memory, children Michael Martin, Tarekalyn and Mikelyn Edmondson, all of Louisville, his mother, Nancy A. Blincoe, sister, Brenda Blincoe, eleven grandchildren, thirteen great grandchildren and one great great grandchild, special friends Tonyia Edmondson, and Ruth Stewart



**Janice Marie Bolin**, 59, passed away November 30, 2022. She was born April 14, 1963 in Versailles, KY to the late Charles P. and Mary M. (Rodgers) Bolin. Janice was a former food service employee for Masterson's and Check's Café. She loved animals, helping anyone, enjoyed cooking for her family, was the "neighborhood Momma", an avid U of L fan and also enjoyed her peace and quiet. She will be missed by all who knew her. Besides her parents she is preceded in death by her son, Demetric Bolin; grandson, Jaden Maddox and brother, Charles Bolin. Those left to cherish her memory are her five children, Princess Bolin, Santa Fa McCrowie (Tremayne), Prince, Matthew and Joshua Bolin; husband, Prince Cotton; three brothers, Edward, James and David Bolin; and best friend, Jimmy Clark. Legacy Funeral Center-Schoppenhorst Chapel, 1832 W. Market Street was in charge of arrangements.



**David Wayne Brewer Jr.**, age 50, passed November 15, 2022. He was a retired electrician and a life-long resident of Portland. David loved watching sports games especially Kentucky's UK Basketball. He had a great sense of humor and loved telling jokes. He could make the whole room laugh. David deeply loved his family and being with them. He was predeceased by his mother, Jackie Brock Brewer, sister, Jessica Brewer, his grandfather, William Brewer and his white-haired granny, Norma Young Brewer. He is survived by his daughter, Briana Lynn Brewer, his father, David Wayne Brewer Sr., sons, David Wayne Brewer III, and Andrew Joseph Brewer, brothers, James Brewer and Jessie Brewer and grandson, Marshall Wayne Napier. Funeral Services were held at J. B. Ratterman & Sons Funerals & Family Cremation Care, 2114 W. Market St.

**Bertha Ellen Cox**, age 86 years, passed peacefully at her home December 7, 2022. She was a life-long resident of Portland and a long time member of Portland Christian Church. She retired from Jefferson County Board of Education where she prepared and served lunch to the students for over 27 years. In addition, she also worked Special Events and Music Concerts at The Fairgrounds and Cardinal Stadium. Bertha loved Elvis Presley movies and his music. She was a good mother who loved her children and family and was greatly loved by them. Bert was a welcome caregiver and bill-payer for many family members. She is predeceased by her parents, Everett and Alberta Barmore Hack and her brother, Everett J. "Eddie" Hack Jr. She is survived by her daughter, Bertha "Bert" Hutchison, son, Joseph B. Cox, her sister, Linda K. Hutchison and grandchildren, David Hutchison Jr., Brittany Hutchison, Christina Rhodes and Joseph Dennis. Her great-grandchildren, Cortney and Cheyanne also survive. J. B. Ratterman & Sons Funerals & Family Cremation Care, 2114 W. Market St. was in charge of arrangements, Internment St. Stephens Cemetery.



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**Happy New Year!**

Have a safe and  
prosperous New Year!

**Don't forget  
Valentine's Day  
is coming!**

Hours:

8 AM - 5 PM Mon. - Fri.

8 AM - 3 PM Saturday



Country-Wide and Southern Indiana Delivery



## Obituaries



**Albert J. "Jeff" Daniels**, 62, passed away December 2, 2022 in Jeffersonville, IN. He was born in Pineville, KY on July 27, 1960 to James K. and Juanita (Maiden) Daniels. Jeff enjoyed collecting guns and knives. He was happiest at home taking care of his wife Amy and his grand-daughter, Dayla. Jeff is preceded in death by his father, James K. Daniels; son, Cody Logsdon; daughter, Charlene Daniels and his wife Amy passed away three days after he did. Those left to cherish his memories are his three daughters, Tiara Daniels, Whitney Durbin and Dayla Logsdon; Mother, Juanita Daniels; three sisters, Marilyn Wyatt (Bobby), Irene Sosamon (Mark), Loretta Green (Terry); two brothers, Doyle Daniels (Joyce), Eddie Daniels; four grandchildren, Kaylie, Kaden, Kash and Kamden. Legacy Funeral Center-Schoppenhorst Chapel, 1832 W. Market Street was in charge of arrangements with burial in Evergreen Cemetery.



**Amy Diane Daniels (Logsdon)**, 56, passed away unexpectedly December 6, 2022. She was born August 12, 1966 in Louisville, KY to the late Earl and Barbara Ann (Lucey) Logsdon, Sr. Amy enjoyed going shopping for deals, and playing Bingo. She enjoyed collecting guns and knives with her husband Jeff and they both liked Harley Davidson things. She loved her family and will be missed. Besides her parents she is preceded in death by her husband Albert J. "Jeff" Daniels just 4 days before her; son, Cody Logsdon; step-daughter, Charlene Daniels; two sisters, Drusilla Mounce and Barbara Gail Logsdon; three brothers, Earl "Skeeter" Logsdon, Jr., Kenneth Wayne Logsdon and Randy Ray Logsdon. Those left to cherish Amy's memory are her daughter, Dayla Logsdon; step-daughters, Tiara Daniels and Whitney Durbin; step-grandchildren, Kaylie, Kaden, Kash and Kamden; brother in law, Rudy Mounce; sister in law, Vicki Logsdon; several aunts, uncles, nieces, nephews, cousins and friends Legacy Funeral Center-Schoppenhorst Chapel, 1832 W. Market Street was in charge of arrangements, with burial at a later date.



**Clara Jean Franz**, age 65 years, passed peacefully at her home, November 27, 2022. She was a long time resident of Portland and had worked at the Census Bureau for 5 years. Clara grew up at 19th & Duncan and she loved her friends and family. She was predeceased by her loving mother, Helen Fouts Franz and brother, Thomas Franz. She is survived by her sister, Alice Ranburger, brother, Donald Franz Jr., and step-father, Donald Franz Sr. Her dear like-a-sister, Theresa Schosch also survives. Funeral services were held at J.B. Ratterman & Sons Funerals & Family Cremation Care, 2114 W. Market St. was in charge of arrangements.



**Betty Jean Montgomery (Percy)**, 73, passed away December 9, 2022. She was born August 24, 1949 in Eddyville, KY to the late William and Vida (Barrett) Percy. Betty Jean enjoyed gardening and tending to her flowers, she always put her daughter first in everything; her daughter and grandson was the light of her life. Betty Jean enjoyed going on family outings to the Louisville Zoo and to the various parks, she was fun and full of life. She was a great Mom and Nana. She enjoyed spoiling her grandson rotten! She will be truly missed by all who knew her. Those left to cherish her memory are her loving and devoted daughter, Rachel Montgomery; son, Chet Montgomery; her grandson, Stephen "Bruce" Beumel; and two brothers, Gerald Percy (Sue) and Luther Percy (Mary). Legacy Funeral Center-Schoppenhorst Chapel, 1832 W. Market Street was in charge of arrangements.

**Shauna C. Murphy**, 52, passed away, November 19, 2022. She was born in Owensboro, KY on December 30, 1969 to Jerry Brice and Chequita Stevenson. She was a member of Cable Missionary Baptist Church, her favorite color was pink, she enjoyed cooking, taking walks and spending time with her family. She was a joy to be around and would put a smile on your face. Shauna will be missed by all who knew her. Shauna is preceded in death by her father, Jerry Brice. Those left to cherish

her memories are her four children, Chadwick D. Murphy, Shauntinake Murphy, Cortelious Murphy and Luther Murphy (Cassidy); her mother, Chequita Stevenson; grandmother, Elouis Pope Murphy; siblings, Ramona Murphy, Sheretha Stevenson, Darrell Murphy (Elizabeth) and Phillippe Murphy (Michelle); Aunt Pong Maddox; three uncles, William, Joseph and Deon Murphy; ten grandchildren; and numerous cousins and friends. Cremation was chosen and a memorial service will be held at a later date in Owensboro, Kentucky. Legacy Funeral Center-Schoppenhorst Chapel in charge of arrangements.

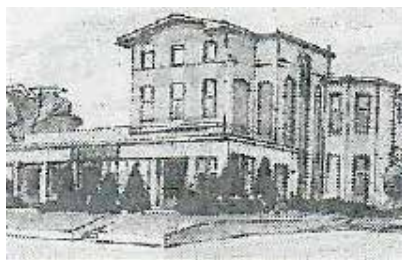


**Mark Nail Jr.**, 40, of Louisville, KY, passed away November 17, 2022. Mark was born on September 21, 1982 to Mark Nail Sr. and Debbie Higdon Nail. He is survived by his mother, Debbie Nail; sister, Stephanie Nail; six nieces and nephews, Brennan, Ja'lyn, Todd, Navy, Cyan and Legacy; and numerous aunts, uncles, cousins and extended family. Debbie & Stephanie would like to thank their family and friends who have been there for them at this difficult time, especially, Donna, Kendra, Brenda, Chris, Christie and Barry. Memorial contributions can be made to the Diabetes Association. Legacy Funeral Center-Schoppenhorst Chapel, 1832 W. Market St., was in charge of arrangements.

**Katherine Marie Shadoan**, age 67, passed peacefully November 20, 2022, at her home. She was baptized as a baby at St. Brigid Catholic Church where her family attended until joining St. Anthony Catholic Church. Katherine attended Cerebral Palsy School and was mute all her life except for when she would say "Momma"! She brightened up the day of all who walked by her at her personal care home wanting to give them a big hug to go with her big smile. Katherine was a beautiful gift from God. She was predeceased by her loving parents, Van B. and Mary Katherine Pfannmoeller Shadoan, her brother Christopher Shadoan and uncle, William Shadoan. She is survived by her brother, Lawrence "Larry" Shadoan and many dear friends where she lived. J. B. Ratterman & Sons Funerals and Family Cremation Care 2114 W. Market St. was in charge of arrangements.

## J.B. Ratterman & Sons

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*Pleasingly affordable, at life's most difficult time  
Traditional Quality, Smart Prices*

Tony Ratterman, owner  
Lenny Black, office manager

We are looking to purchase one or two graves at  
Portland Cemetery. Please call our office.



## Obituaries



**Albert Lavall Williams**, 67, passed away, November 6, 2022. He was born December 11, 1954 in Louisville, KY to the late Albert L. and Madeline L. Williams. Albert was a retired corrections officer for the Jefferson County Sheriff's Office and a member of Forrest Tabernacle. In addition to his parents he is preceded in death by his brother, Ricky Williams; and 2 sisters, Cynthia and Donna Williams. Those left to cherish his memories are his 6 daughters, LaPrecious Williams, LaTasha Key (Matthew), Alicia Ezell, Teja Key, TyKesha Johnson ( De-Shawn) and Chateara Seymour (Kenneth); 3 sons, Albert Williams III, Albert Williams III and Yahha Williams (Zaire) ; 3 sisters, Vivian Williams, Donna Bowman and Audrey Ray. 20 Grandchildren, Victoria Hughes, Daniel Harris, Jr., Treqwan Key, Matthew & Tristan Jones, Elai' Jah & Elijah Ezell, Alayazia, Ayana & Darius Williams, Ta'Layja Key, Raynita Ford, A'Nya, Deonea & Aubrey Williams, Austin & Alissa Williams, Asharee Johnson, Avontre' Williams, Ariana Hansberry, Tierra & Kenneth Seymour, Jr.; 4 great grandchildren, Tremari & Talya Key, Aiden & Amazing Williams; 2 nieces, Shawnta Williams & Tammy Cater. Legacy Funeral Center-Schoppenhorst Chapel, 1832 W. Market Street was in charge of arrangements.

**Ruth Ann Metzger Yates**, age 81 years passed November 9, 2022 at Norton Women's And Children's Hospital. She was a former resident of Portland, was a graduate of Shawnee High School and had worked customer service at the Courier Journal and Jefferson Mall. Ruth loved antique store shopping, oriental decor, cats, bowling, sun tanning both on the beach and in her backyard, 50's Music, bingo, and especially her family. She was predeceased by her loving husband of almost 50 years, Owen Clifford "Cliff" Yates, her parents, Otto and Lillie Metzger, and her brothers and sisters, Henry, Jim, Otto, Bill, Vera, Sally and Ron. She is survived by her daughter, Beverly Dowers (Robert), her son, Mark Yates (Maria), brother Richard Metzger. Four granddaughters, two great-grandchildren and many nieces and nephews also survive. An open-house in honor of Ruth's life will held at her home December 3, 2022. Ruth's family and friends will enjoy sharing moments and memories that will live forever.

## Stay active even when it's cold outside!

Winter is here! Cold weather and shorter days make it harder to find the time and motivation to be active. Many of us feel like hibernating instead! But physical activity is important all year round. Almost all of us would feel better, be able to do more, and be healthier by being more active than we are now. Physical activity is a great way to lose weight too!

Being *physically active* means engaging in aerobic exercises and strengthening exercises. Adults should aim for 30 minutes of moderate aerobic exercises 3 to 5 days a week (walking, aerobics, biking, yard work – anything that works your heart and lungs). Adults should also do 8 to 10 strengthening exercises 2 to 3 days a week (anything that strengthens your muscles by making them work against resistance). Start small! Get support. Try some of the free resources below! And talk with your doctor before you start a physical activity program.

### Exercising outside

- Wear layers – Exercise makes a lot of body heat, but once you start to tire and the sweat dries, you can get chilled. Dress in layers that you can take off since you start to sweat and then put back on as needed. And don't forget a hat or headband – more than 30% of your body heat is lost through your head!
- Be visible – Wear light or reflective clothing so drivers can see you, especially since it gets dark early.
- Drink plenty of fluids – Drink water before, during and after your workout, even if you're not thirsty. You can become just as dehydrated in the cold as in the heat.

### Exercising indoors

- Walk around the block.
- Walk up and down the hallway or the stairs in your house or apartment building.
- Create a home gym with a set of weights, an exercise ball and a jump rope.
- Check out the videos and links at the Family Health Centers website: [www.fhclouisville.org/healthed](http://www.fhclouisville.org/healthed)

Submitted by Kristin Munro-Leighton,  
Health Educator at Family Health Centers, 772-8588

**Family Health Centers** is offering free health classes! Zumba, Yoga, cooking classes, family activities, and more are available in-person or online on your phone, tablet, or computer. Go to [www.fhclouisville.org/healthed](http://www.fhclouisville.org/healthed) for more information. Or, call Kristin at Family Health Centers (502) 772-8588.

### NEED RENOVATION ASSISTANCE ?

- ask Portland Architect -  
Gary Watrous  
\$45/hr. for Portland  
Call 776-7007



### Martin Luther King, Jr. Day January 16, 2023

*"I have a dream that one day this nation will rise up and live out the true meaning of it's creed - we hold these truths to be self-evident: That all men are created equal."*

Martin Luther King, Jr.

### Classified Ads

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church of the  
**PROMISE**

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**502-439-0189**

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**Sunday - 11:00 a.m.**

**Celebrate Recovery**  
**Thursday - 6:30 p.m.**

[www.bethepromise.org](http://www.bethepromise.org)

## Good Shepherd Catholic Parish HALL RENTAL

*Available to Rent for Clubs,  
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Lehmann Hall  
3525 Rudd Ave.

**(502) 749-9780**

[goodshepherdchurch.us](http://goodshepherdchurch.us)





### Family Storytime

Family Storytime is an opportunity for families to bond over shared stories and songs, as well as engaging in creative activities that reinforce a lifelong love of learning.

Ages 3-8 and their families.

Wednesdays @ 11:00AM - noon

### Crafternoon: Button Art

Buttons, buttons everywhere! Join us as we make Art using buttons. Supplies provided. Just bring your imagination! Adults only. Limit 10 participants, call 502-574-1744 to register.

Friday, January 6 @ 2PM - 3PM

## Portland Branch Library Programs

Call 502-574-1744 for any questions!

### Portland Library Hours

Monday - Wednesday, 10:00 AM - 8:00 PM

Thursday, 12:00 PM - 8:00 PM

Friday - Saturday, 12:00 PM - 5:00 PM

Sunday - closed

### Teen Art Smart Club

Express yourself! Draw, paint, sculpt, shape! Cut, paste, design, create!

Ages 12+

Thursday, January 12 @ 5PM - 6:30PM

### Winter Wondering

Come and have a really "chill" time, enjoying games, crafts, and activities that spotlight the Winter season!

Ages 5+

Saturday, January 14 @ 2PM - 3:30PM



### Crochet Club

Come hang out and share your crochet projects with us. Beginners welcome. There will be supplies for crocheting during the program and some simple patterns available.

Ages 18+.

Wednesday, January 18 @ 5:30PM - 6:30PM



### Movie Screening: Abominable

After discovering a Yeti on the roof of her apartment building, Yi and her two friends embark on an epic quest to reunite the magical creature with his family. Rated PG: Parental Guidance Suggested. Some material may not be suitable for children.

Ages: 8+

Thursday, January 19 @ 4:30PM - 6:30PM

### Saturday Adult Book Discussion Group

The Goldfinch by Donna Tartt. This heartbreaking coming of age tale turned suspense thriller begins as a story about Theo, a boy who violently loses his mother in a terrorist attack at NYC's Metropolitan Museum of Art. During the attack he comes into the possession of a famous painting. The painting and Theo become chained by fate and a 14 year odyssey follows full of startling coincidences, sudden swerves of fortune, wild characters, vivid locations, sorrow, betrayal, friendship and redemption.

Saturday, January 21 @ 3PM - 4PM

### Computer Basics

Bare bones basics of computer operation including word processing, web browsing, and navigation.

Monday, January 23 @ 6PM - 7PM

### Evening Mindfulness

Join us at the Portland Branch while we enjoy an evening of guided meditation and some simple mindfulness exercises. Mats will be provided for use.

Wednesday, January 25 @ 5:30PM - 6:30PM

### We Got Game!

Put your speed, skills, and smarts to the test in a variety of exciting, fun-filled competitions, activities!

Ages 12-18

Thursday, January 26 @ 5PM - 6:30PM

### Café LOUIE: Portland

This informal meeting with Legislators includes state representatives and senators along with Metro Council and suburban city elected officials. Café LOUIE is a partnership with the Bingham Fellows, the Leadership Louisville Center, and the Friends of the Louisville Free Public Library.

Saturday, January 28 @ 9AM - 10AM

## Shaheen's

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## What Would You Like for CHRISTMAS

What would you like for Christmas that you don't already have  
I want the world to know "stuff"  
don't make you good or bad  
How 'bout contentment in knowing we are beautiful

What would you like for Christmas that you don't already have  
I'd like for us to gather on that day and share a meal  
How 'bout you bring a bowl of your favorite recipe

What would you like for Christmas that you don't already have  
All the different colors of nothing 'cause I have it all  
How 'bout we give a gift to the Birthday Boy

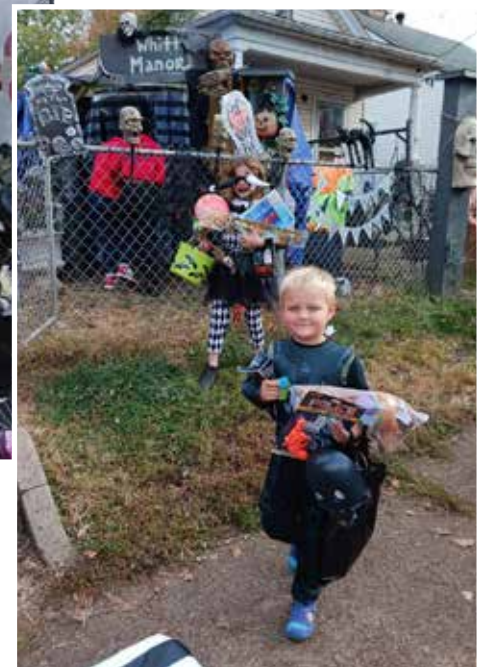
*Happy Birthday Jesus  
Merry Christmas Everyone*



### Whitt Manor 2022

*Leia Whitt*

We had our first event for Whitt Manor in 2015. We asked people to bring can goods and non perishable food items. We took these items and added everything to make Thanksgiving dinner for Portland families in need. Our event takes place the Saturday before Halloween but during the peak of Covid, we scaled back. This year we asked Portland's Lil Angels if they would like to join us. With the help of this wonderful group of people, we were able to give out so much more to our community. We both have Facebook pages ours is Whitt Manor and theirs is Portland's Lil Angels for more information on events.



**Klein Bros.**  
 1101 W. Broadway  
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## Holiday Recipes from The Anchor



### Chicken Roll ups

2 large chicken breast  
1 can crescent rolls  
1 10.5 oz can cream of chicken soup  
1/2 soup can of broth (use what the chicken cooked in)  
1/2 soup can milk  
1 T. all purpose flour  
6 oz. shredded sharp cheddar cheese  
pinch of salt and pepper

Place the chicken in a pot and cover with water, bring to a boil, reduce the heat to medium and cook till chicken is cooked through. Remove chicken (save broth). When cooled enough to handle remove the chicken from the bone and shred, set aside. Whisk together the soup, broth, milk, flour, salt and pepper. Unroll the crescent dough and separate into the triangles. Place at larger end of the triangle some cheese and a good heaping of the chicken. Roll up and place in a 9x13" casserole dish. Repeat with remaining. Once all are in the dish, pour the soup mix around each one and then drizzle a little over the tops (not too much). Bake in a 375 degree for 25 minutes, remove and top with a little more cheese and return to the oven for 5 minutes. Let sit for a couple of minutes before serving, the soup mixture will thicken up like a gravy.



### Hawaiian Cheesecake Bars

2 C flour  
1 C sugar  
1 C butter  
16 ounces cream cheese  
4 Tbsps. sugar  
4 Tbsps. milk  
2 eggs  
2 tsp vanilla  
16 ounces crushed pineapple, drained  
2 C flaked coconut  
2 Tbsps. melted butter

Combine flour, 1 cup sugar and 1 cup butter. Pat mixture into ungreased 9 X 13 pan. Bake at 350 oven for 14-19 minutes. Cool slightly. Mix together cream cheese, sugar, milk and eggs. Fold in vanilla, and drained pineapple. Spread over baked crust. Combine coconut and 2 TBS melted butter. Sprinkle over pineapple layer filling. Bake 350 for 15-20 minutes.



### Easy Sugar Cookies

2 3/4 C flour  
2 tps Cream of Tartar  
1 tsp baking soda  
1/2 teaspoon salt  
1 1/2 C sugar  
1 C (2 sticks) butter, softened  
2 eggs  
2 tps Vanilla Extract  
Additional sugar, for rolling

Mix flour, cream of tartar, baking soda and salt in large bowl. Set aside. Beat sugar and butter in large bowl with electric mixer on medium speed until light and fluffy. Add eggs and vanilla; mix well. Gradually beat in flour mixture on low speed until well mixed. Refrigerate dough 2 hours or until firm. Preheat oven to 400°F. Shape dough into 1-inch balls. Roll in additional sugar or Colored Sugar. Place 2 inches apart on baking sheets. Bake 6 to 8 minutes or until lightly browned. Cool on baking sheets 1 minute. Remove to wire racks; cool completely.



### Cheese Ball Bites

8 slices bacon  
1 1/2 (8-oz.) blocks cream cheese, softened  
1 C shredded cheddar  
1 tsp garlic powder  
1 tsp paprika  
Kosher salt  
Freshly ground black pepper  
1/3 C freshly chopped chives  
1/3 C finely chopped pecans  
18 pretzels sticks

*If preparing them the night before, refrigerate until 1 hour before serving, then remove from fridge and let come to room temperature.*

In a large nonstick skillet, cook bacon until crispy, 8 minutes. Drain on a paper towel-lined plate, then finely chop. Set aside. Meanwhile, in a large bowl, stir together cream cheese, cheddar cheese, garlic powder, and paprika and season with salt and pepper. Use a cookie scoop to form mixture into 18 small balls and transfer to a parchment-lined baking sheet. Refrigerate until firm, 1 hour. In a shallow bowl, stir together bacon, chives, and pecans. Roll balls in bacon-chive-pecan mixture, insert a pretzel stick into each, and let come to room temperature 15 minutes before serving. (If not serving right away, loosely cover with plastic wrap and return to fridge.)

### No Bake Cookies

1/2 C butter (sliced into pieces)  
2 C granulated sugar  
1/2 C milk  
1/4 C unsweetened cocoa powder  
1/2 cup creamy peanut butter (optional)  
1 tsp pure vanilla extract  
3 C quick-cooking oats

Before getting started, make sure to gather all of your ingredients and measure everything out. Line two large baking sheets with parchment paper and set aside. Combine the butter, sugar, milk, and unsweetened cocoa powder in a large saucepan and heat over medium heat, making sure to stir often until the butter is melted and everything is well combined. Bring the mixture to a rolling boil and allow to boil for 60 seconds (make sure to set a timer!) stirring occasionally. Remove from the heat, and stir in the peanut butter and vanilla extract until fully combined. Stir in the oats and mix until all of the oats are coated with the mixture and everything is well combined. Drop spoonfuls of the mixture onto the prepared baking sheets (I like to use a 1.5 tablespoon cookie scoop). Allow to cool for 20 to 30 minutes, serve, and enjoy!



### Yummy Banana Split Trifle

1 Box Yellow Cake Mix or Angel Food Cake Mix  
1 Lg Pkg. Banana Pudding  
3 large bananas, sliced  
1 1/2 C sliced fresh strawberries  
1 1/2 - C chopped fresh pineapple (or 6 oz can of crushed pineapple, drained)  
1 Container - Cool Whip, thawed  
1 Jar Maraschino Cherries, diced  
1/2 C Pecans, chopped  
1/4 C chocolate syrup

Prepare the cake and make sure it's completely cooled before assembling the dessert. Cut the cake into bite-sized pieces. Prepare the pudding mix. In a trifle dish or 3" inch baking dish, break up the bite-size pieces, using half the cake for the first layer. Top the cake pieces with half of the pudding, half of the bananas, half of the strawberries, half of the pineapple, half of the Cool Whip, half the Maraschino cherries, half of the chocolate syrup and half of the nuts. Repeat all these steps with the remaining ingredients in the same order. Chill until ready to serve.

*\*Note: When I assemble mine, I don't allow the pudding to set completely before assembling because I want it to work it's way in between the cake pieces before it firmly sets.*



## Good Shepherd Catholic Parish

### MASSES

Mass Saturday 4 PM,  
Sunday 11 AM,  
Daily 7:30 AM

Good Shepherd Catholic Parish  
3511 Rudd Avenue  
502-749-9780  
goodshepherdchurch.us

## Calendar of Events

If you have a special event coming up, let us know before deadline and we will carry it in the Calendar of Events. Call Sherry Stewart, 775-6036 to list your event. If your club or organization is not listed here and you would like it to be, just give me a call.

*If your group information changes, please let us know.*

### PORTLAND NOW, INC.

Monthly Meeting

**Tues. January 3, 2023**

**6:00 PM**

We will be meeting in the rear of The Table Restaurant  
1800 Portland Ave.

*Lots of important issues to discuss this month. You Really Need To Come Out & Participate In Making Your Neighborhood Better.*

### TAKES A NEIGHBORHOOD

#### AMERICAN LEGION POST 193

4th Tuesday of the month, 7 pm,  
2800 W. Main St. New members welcome.

#### AMERICAN LEGION POST 193 LADIES AUXILIARY

4th Tuesday of the month, 7 pm,  
2800 W. Main St. New members welcome.

#### LEWIS/PARKLAND LODGE 638 F&AM

Meets first and third Fridays, 7:30 pm, at The Masonic Lodge at 2nd & Kentucky Sts. Gary Elder, Master 937-3384; Virgil T. Larimore, Secretary, 339-7640.

### HELP US HELP OTHERS!

**All we need is one hour of your time to help a senior citizen in your neighborhood!**

Meals-on-Wheels is looking for volunteers to deliver lunchtime meals to homebound senior citizens. There are many senior citizens living in the Louisville Metro area that are unable to receive meals on wheels due to a severe shortage of volunteers.

#### Qualifications:

- Complete an application, including police record check
- Provide own transportation

Meals are picked up around 10:00 - 10:30 am and delivery takes about 1 hour. Training is provided. Call 574-6420 to volunteer.

#### SUPPORT GROUP MEETING FOR PARENTS OF CHILDREN WITH LEARNING DIFFERENCES AND ATTENTION DIFFICULTIES

Meets the third Thursday of each month at 7:00 - 8:30 pm. Learning Disabilities Association of KY, Inc. 2210 Goldsmith Lane #118. Louisville, KY 40218. LDA Office at (502) 473-1256, for additional information.

#### ADULTS WITH ATTENTION DEFICIT DISORDER

Support group meets on the fourth Thursday of each month, from 7 - 8:30 pm at the offices of Learning Disabilities Association of KY, Inc. 2210 Goldsmith Lane #118, Louisville, KY 40218. LDA Office at (502) 473-1256, for additional information.

#### LEARNING DISABILITIES ASSOCIATION OF KENTUCKY, INC.

Volunteers needed for general office work, special events, and tutoring. Tutors will help students of average to above average intelligence who learn differently. Please call our office at 502-473-1256.

#### WEST JEFFERSON COUNTY COMMUNITY TASK FORCE

Meets the 3rd Tuesday of every month, 6 - 8 pm, 3rd floor Conference Room, The Nia Center, 2901 W. Broadway. We are an Environmental Group and we need more Portland residents to participate. Contact Carl Hilton at 852-4609 for information.

#### NEIGHBORHOOD HOUSE NUTRITION PROGRAM FOR SENIOR CITIZENS

201 N. 25th Street. 774-2322. Meals and activities daily from 9 am to 1 pm. 60 yrs. and up donation suggested.

#### HOUSING PARTNERSHIP

Meeting dates: Mondays 6 pm and Wednesdays 10 am or 2 pm, Downtown, 333 Guthrie, Room 404, Lou., KY. Must call for enrollment. Phone (502) 585-5451, fax (502) 585-5568.

#### CONSOLING PARENTS

A support group for parents who have lost a baby through miscarriage, stillbirth or newborn death, 6:30 pm. Tuesday at First Lutheran Church, 417 E. Broadway. Information 629-2103.

### Dare To Care

at St. Cecilia Campus  
2519 St. Cecilia Street

the 3rd Tuesday of the month at 10 AM

### Dare To Care

will be at Portland Avenue Community Trust (PACT) Parking Lot at the new location in the former Portland Christian School, 2508 Portland Avenue

**1st Tuesday of the month  
10 AM**

#### BIRTH PARENT SUPPORT GROUP

For those considering placing a child for adoption and for those who have placed a child. Sponsored by Adoptions of Kentucky, Inc. Call (502) 585-3005 for additional information.

#### CONSOLING PARENTS

A support group for parents who have lost a baby through miscarriage, stillbirth or newborn death, 6:30 pm. Tuesday at First Lutheran Church, 417 E. Broadway. Information 629-2103.

#### MANIC DEPRESSIVE & DEPRESSIVE ASSOCIATION OF LOUISVILLE

6 pm Sunday at the Urban Co. Government Center, 810 Barret Ave. Separate meetings for clients and their families are available. Information: 897-9717.

#### THYROID CANCER SURVIVORS

The ThyCa Louisville Support Group (for survivors of Thyroid Cancer) will meet from 10 - 12 pm monthly at Norton Audubon Hospital, Louisville, KY. Call for times and dates; also directions and other details about ThyCa Louisville. Contact group facilitator Pamela Pringle at (502) 394-0354. All ThyCa Survivors' Support Groups are free and open to anyone diagnosed with thyroid cancer, their families, friends and colleagues.

### Portland Avenue Community Trust PACT

2508 Portland Avenue

Located in the Portland Depot, the former Portland Christian School

The Food Pantry and Clothes Closet are presently open every Thursday

**11:00 to 1:00**

Free Groceries / Free Clothes and Shoes for Adults and Children.

## Janes Bros.

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**Sunday 11:00 - 5:00**

**Phone 778-8727**

## AA meetings in Portland

**Grace Community has  
AA Meetings**

Family Health Center  
2215 Portland Ave., 4th Floor

**Tuesday night at 8:00 PM**

For more info call (812) 557-0823

*Does someone's drinking bother you?*

## AL-ANON

**District 1 Al-Anon meeting  
Louisville's West End**

**When: Tuesday, 6:30 p.m.**

**Where: YMCA**

930 W. Chestnut St.

7th Floor

**For Friends and Family member who are troubled by someone else's drinking.**

Break the Chains of Addiction

**Reformers Unanimous  
Faith Based Addiction Program**

**Reformers Unanimous Ministries -  
"We Help Anybody"**

Reformers Unanimous Ministries exists to help anybody worldwide who wishes to experience a life of victory over difficulty. This victory is obtained and retained not through an experience of ongoing effort, but through a once in a lifetime decision to accept Jesus Christ as their personal Savior and a subsequent dedication to developing a dynamic love relationship with him.

**Reformers Unanimous  
Addiction Program**

**"We Help Addicted Adults Find Freedom"**  
Reformers Unanimous Addiction Program exists to help adults find freedom from addictive behavior. We accomplish this by assisting them in gaining and maintaining consistent communication with the Highest Power. This power is not a higher power chosen by them, but a Holy Power that has chosen them. Usefulness in life is then attained with community service through good local churches.

**Shawnee Baptist Church**

2214 Bank St., Louisville, KY 40212

**Meets every Friday 7-9pm**

For Information call 502-741-9961

**The Housing Partnership, Inc.**  
Provides free homebuyer education and financial counseling to residents and homebuyers on an ongoing basis. Enrollment is necessary. Please call (502) 585-5451 for more information. www.WeAreHPI.org.



## Recipes from the Ladies of Baptist Tabernacle

It's January and that means cold weather and comfort food!

Hint: To quickly bake potatoes, place them in boiling water for 10 to 15 minutes. Pierce their skins with a fork and bake in a preheated oven.

### Granny's Coleslaw

1 (16 oz) bag shredded  
1 tsp. mustard  
Coleslaw mix  
2 tsp. mayonnaise  
1 carrot, shredded  
2 T. vinegar  
½ cup onion, chopped finely  
Salt and pepper to taste  
2/3 c. sugar

Mix carrot and onion with Coleslaw mix. Mix sugar, mustard, vinegar, mayonnaise, salt and pepper. Mix until smooth and add to slaw. This can be made the day before using.



### Party Potato Soup

6 to 8 potatoes  
¾ cups milk  
½ cup onion, chopped  
4 oz. cream cheese  
½ cup celery, chopped  
1 tsp. garlic powder  
½ cup carrots, shredded  
Salt and pepper to taste  
1 pkg. frozen broccoli  
Toppings: shredded cheddar cheese, bacon bits, oyster crackers

Peel potatoes, dice and boil until tender. Add onion, celery, carrots and broccoli. Bring to boil. Mash vegetable. Add milk, and cream cheese. Simmer at med. heat. Add garlic powder and salt and pepper. Have plenty of toppings at the ready.



### Chicken Noodle Soup

2 chicken breast with bones  
1 (12 oz.) pkg. of egg noodles  
1 can of chicken broth  
4 qts. water  
2 carrots, chopped  
Salt and pepper to taste  
½ cup of celery, chopped  
1 (8 oz.) pkg. cream cheese (room temperature)

In a Dutch oven boil chicken breast until cooked. Take chicken out of water to cool. Do not depose of water. Cut the chicken into small pieces and set aside. Add to the water the chicken broth, vegetables, and cream of cheese (spoon into water so it will melt easier) and bring to boil. Add noodles and cook for 5 to 7 minutes. Add chicken and simmer on low for 10 minutes. Turn heat off, cover with lid and let set for 20 to 30 minutes to thicken.



### Beef Stew

2 lb. stew meat  
¼ cup flour  
3 large potato, peeled and diced  
Salt and pepper to taste  
4 carrots, chopped into small pieces  
½ cup chopped onion  
1 can of peas

Dip stew meat in flour, making sure all sides of coated. Put in skillet and braise until meat is no longer pink, or a little longer if you like. Into pot put meat, potatoes carrots and onions and cook until vegetables are tender but not mushy. Add peas and salt and pepper. Simmer to let peas get warm. Let stand a few minutes before serving.



### Mac and Cheese

1 16 oz. box of elbow macaroni  
½ cup milk  
1 16 oz. shredded sharp cheddar cheese  
2 T. flour  
4oz. cream cheese  
1 cup of canned French fried onions

Prepare macaroni according to directions. Drain. Over a low heat place milk in flour into a pan and stir constantly. Slowly add cream cheese, next add cheddar cheese and stir until cheeses are melted. Add macaroni to cheese mixture and blend. Put in a greased casserole, sprinkle French-fried onions on top and bake in a 350-degree oven for 50 minutes. If you like you are free to sprinkle more shredded cheese on top before you sprinkle the French-fried onions.



### Kentucky Cornbread

(excellent with any type of soup or stew)

1 ½ cup self-rising cornmeal  
2 eggs, beaten  
½ cup vegetable oil  
1 cup sour cream  
1 sm. onion, chopped fine  
½ tsp. salt  
1 can creamed corn

Mix all the ingredients until well blended. Pour into a hot, well-greased skillet. Bake in 400-degree oven until done and evenly brown on top.

## Support The Portland Businesses

The Following Advertisers help make the Portland Anchor possible. Please consider supporting these businesses in the Portland Community, and look for their ads in this issue.

What a great way for the people of Portland to find your neighborhood business quickly! Get on The List! If you would like your business listed here, call us today!

### ARCHITECTS

Gary Watrous, Portland Architect . . . 2711 W. Main St. . . . . 876-7100

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Shaheen's . . . . . 2604 Portland Ave. . . . . 778-9741

### FLORISTS

Victor Mathis Florist . . . . . 2531 Bank St. . . . . 772-3649

### FUNERAL HOMES

J.B. Ratterman & Sons . . . . . 2114 W. Market St. . . . . 776-4661

Legacy Funeral Center-Schoppenhorst Chapel . 1832 W. Market St. . . 585-4394

### HAIR SALON

Holiday Hairstyles & Tanning . . . . . 536 N. 26th St. . . . . 776-7916

### HOUSEHOLD SERVICES

Janes Bros. ACE Hardware . . . . . 2527 Portland Ave. . . . . 778-8727

New Albany Heating, A/C & Electric . . . . . New Albany . . . . . (812) 944-6019

### RESTAURANTS

Annie's Pizza . . . . . 2520 Portland Ave. . . . . 776-6400

### THE PORTLAND ANCHOR

Advertisements, Articles, Information & Subscriptions . . . . . 775-6036

**Call 775-6036 Today To Get Listed!**

*May the New Year ring in lots of love,  
happy tidings, good health and loads of  
blessings for you and your family!*





**Portland Promise Center  
Volunteer Income Tax Assistance Program (V.I.T.A.)  
1831 Baird Street  
Louisville KY 40203, 776-2635  
January 23, 2023 - April 15, 2023**

Opening day may change

We are doing drop off and appointment only.

Call 776-2635 for an appointment.

Appointments can be made Monday – Friday 9:00am - 3:00pm.

We will start making appointments Monday, January 16<sup>th</sup>.

Drop off days and times: 4:00pm - 8:00pm Tuesday, Wednesday, Thursday and  
9:00am - 1:00pm Saturday and Sunday 3:00pm - 6:00pm

Appointment days and times: 4:00pm - 8:00pm Tuesday & Wednesday  
9:00am - 2:00pm Saturday  
3:00pm - 7:00pm Sunday

What you will need to bring:

I.D for you and spouse (if married)

Original social security card (no copies) for everyone you are claiming

1095 – A Health insurance statement (only if you pay for your insurance through Marketplace)

Direct Deposit information, routing number and account number.

All income statements:

- ❖ W-2's & Unemployment 1099 - SSA (pink and white) SS letter
- ❖ Self-employment 1099-Misc. form Uber or Lift self-employment form
- ❖ W-2-G Gambling 1099-R Retirement or Pension
- ❖ Interest/Dividend Statements Stocks/Bonds
- ❖ Cancellation of Debt HSA

All deduction statements:

Daycare statements (name, employer ID “, address, and phone number)  
1098 -T College tuition and fees statement or receipts from college & Student Loan Interest

Itemized Deductions such as mortgage interest, charitable donations, property taxes, out of pocket healthcare expenses, gambling loss statement. Self-employment expenses.

We are all certified through the IRS and Louisville Asset Building Coalition.  
We are all volunteers please have patience with us.

**Family Health Centers is offering free health classes!**

Zumba, Yoga, cooking classes, family activities, and more are available in-person or online on your phone, tablet, or computer.

Go to [www.fhclouisville.org/healthed](http://www.fhclouisville.org/healthed) for more information.

Or, call Kristin at Family Health Centers (502) 772-8588.



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