

PORTLAND ANCHOR

VOL. 48, NO. 11

LOUISVILLE'S OLDEST NEIGHBORHOOD NEWSPAPER

NOV. 2023

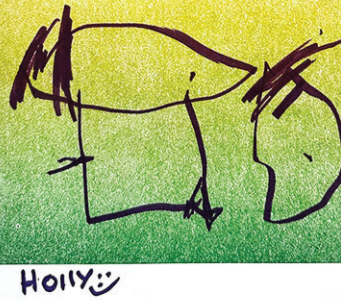
we love
PORTLAND
because

*Fun, nice
people
everyone*

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because

*the kids I love
live here!*

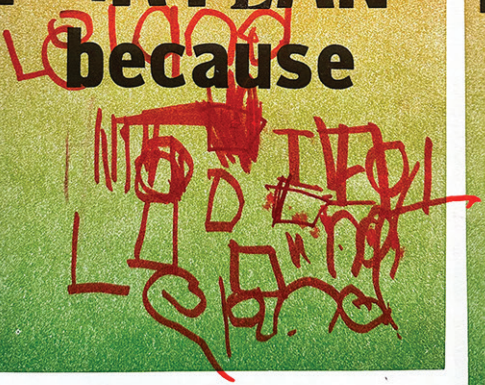
we love
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because



we love
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because

*NEIGHBOR
HOOD
HOUSE*

we love
PORTLAND
because



we love
PORTLAND
because

*It's Fun and
Happy
Mackenzie*

we love
PORTLAND
because

*its awesome
glacie*

we love
PORTLAND
because

*I grew up Down here
and raising my BABYS
Down here*

PORTLAND NOW, INC.

Monthly Meeting

WEDNESDAY, NOVEMBER 8, 2023

(Tuesday, November 7th is election day)

Social Time 6:00 - Meeting Time 6:30

Meeting held at Church Of The Promise

1800 Portland Avenue

Enter side door on 18th St.

Our speaker will be the talking about the new phase of the waterfront park expansion.

There will be pizza during social time. Please bring your own drink.

ALL PORTLAND RESIDENTS ARE ENCOURAGED TO ATTEND AND BECOME ENGAGED IN NEIGHBORHOOD ACTIVITIES.



Letter to the Editor

I talked to Public Works, and they said for North 22nd Street and Rowan Street by Western Middle School, the request for a traffic signal is still in for now.

William Barnes

Pot holes or problems

Call Metro Call 311

Street lights out

Call LG&E 589-1444 or 489-3500



Happy Thanksgiving!

Portland Anchor

P.O. Box 2108
Louisville, KY 40201-2108

(502) 775-6036

Published Monthly By
Portland Anchor LLC

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Cover: Community art installation now at the Portland Museum

2023 Portland Anchor Deadlines and Publishing Dates

Issue Month	Deadline	Subscription Delivery Date
December 2023	NOVEMBER 15	November 24 - December 2
January 2024	DECEMBER 13	December 29 - January 6, 2024

** Dates are subject too change if needed.*

WE ARE A CONTRIBUTOR'S PAPER AND WE WELCOME YOUR MAIL!

The Portland Anchor welcomes writing and photographs!

Please send them to:

Portland Anchor
P.O. Box 2108
Louisville, KY 40201-2108

Include your name, signature, address, and phone number. We cannot print copy righted materials without proper release. All contributor writings that are published will carry the writer's name.

READABLE: It is helpful if your writings are typewritten or printed clearly, with names correctly spelled. Remember someone has to be able to read what you have written.

PHOTOS: All photographs should have a name and address on the back, and should identify the subject in the picture. *Do not send laser print pictures, as they are usually of poor quality and won't print well.* A self-addressed envelope should be included if you want the photo returned. **Please enclose \$10.00 for each photograph** you wish to have published. If payment isn't received with pictures, they will not be published.

We reserve the right to edit, reject, or delay the publication of any written material or photographs.

The content of any article or ad is the responsibility and/or opinion of the writer of same, and is not necessarily the opinion of the Anchor and/or its staff.

Articles received after the DEADLINE DATE, which is printed on the front page, will be held for publication in the following month's issue.

Portland Anchor Subscription Form

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Chit Chat

Information in Chit Chat is published Free as a service to Portland Anchor readers so that readers have a forum to announce important family events, and to express affection and love toward family, friends and neighbors. The Portland Anchor cannot verify the information published in 'Chit Chat', and assumes no responsibility for its truth or accuracy. **Photos cost \$10.00.** If you want photo returned, send a self addressed stamped envelope. **Do not send zerox or laser copies of photos.** Send original photo or save it to a disk or CD.

Chit Chat items must be no more than 100 words or less. No more than 10 items per person.
We reserve the right to edit or reject items that we feel are not appropriate for our publication.



"Trick or Treat"

Hello Portland, Little Carmie here with Grampa. We just got done with my aunt Sue's yard. I tell you it was a job decorating this year. We got a lot more ghost and witches and a few more surprises that will make you scream, just ask Grampa. He won't leave my side! Come early, we got a ton of candy. See you on Halloween.

"See ya on the water or in the field"



Support Your



**American Legion
Shawnee Post - 193**

2800 West Main - 776-8596

HALL RENTALS

FOR BIRTHDAYS, WEDDINGS, REUNIONS ETC

HAPPY BIRTHDAY

Happy birthday to my loving sister, Karen Hayse. You will never know how much I love and respect you. We are with you on this next journey you are about to go through. Love, your sister Sherry & family.

Happy birthday to my nephew Jim Pence. You are one of the hardest working men I know and I respect and love you. I think of you and Karen as toddlers often. When you came to our house most days when you were little, the first thing you would say coming in the door is "Where's Monk"?

Happy birthday to Kathy Black on November 19th. I love BFF. Rhonda

Happy birthday to my sister Tina Mills on November 14th. I love you and wish you many, many more. Love Dee Dee.

Portland Promise - FREE Tax Prep Volunteers Needed

Calling all compassionate souls! Volunteers are needed to help Portland residents keep the hard-earned dollars in their pockets.

- We will provide free IRS Tax training.
- We need greeters, tax preparers, and reviewers.
- We have lots of hours day and evening that you can help

To Volunteer or with Questions: Reach out to Eurana 502 776-2635

Holiday

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Donna Wilson

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Tues, Thurs, Fri. 9:00 am - 4:30 pm

Wednesday - 9:00 am - 6:00 pm

Saturday 9:00 am - 3:00 pm

Closed Sunday and Monday

CHIT CHAT

Congratulations to Mr. & Mrs. Dayton Mills on your wedding! So happy to be a part of your special day. Love, aunt Dee Dee

Wow! The day has come for Haywood Embry to pick the perfect woman! What a lady! So honored to be a part of the grand moment. The most perfect wedding I have ever seen. Love you both, Dee Dee.

Happy Halloween folks! Check the candy! Carve them pumpkins and enjoy time with your kids! Dee Dee

As it is very close to winter, reach out to your family, friends and neighbors if possible to make sure their home is winterized. Rhonda Kaye.

I want to say thanks to family and friends who have helped me with transportation, doing things around my house and for lifting me up when I'm down. It's been a rough ride since fall on 21st, but bound and determined to bounce back. Rhonda Kaye/Dee Dee.

So long Granwell "Pontiac" Pierce. What a shock! You were so well respected & loved. Dee Dee Mills & family.



**Ladies of Good Shepherd
Luncheon and
Card Party for a Cause
Tuesday, November 14th**

**Doors open at 10:30 AM
Lehmann Hall, 3525 Rudd Ave.**

Admission is \$8.00 per person
and includes lunch and a door
prize drawing ticket.
Cake Wheel, pull tabs, and raffles
are planned. All are invited to attend.

**50% of the proceeds will benefit:
Portland Youth League, LLC**

All are welcome!

For reservations call 502-749-9780.

Licence #0032



New Directions Redevelops Roosevelt Apartments in the Portland Neighborhood

New Directions Housing Corporation (New Directions) recently announced a \$100 million recapitalization initiative that aims to rehabilitate approximately 60% of New Directions existing real estate portfolio while also reshaping affordable housing in Metro Louisville. The first phase of this initiative includes a \$13 million rehabilitation of the 47-unit Roosevelt Apartments in the Portland neighborhood. This redevelopment of Roosevelt Apartments is well underway and is expected to be complete by June 2024.

Roosevelt Apartments embody the rich history of both the Portland community and affordable housing in Louisville. The buildings are on the National Historic Landmarks Register being the former Theodore Roosevelt Elementary School which is one of Louisville's oldest surviving school buildings in the Portland area.

New Directions purchased and revitalized the school in 1995 and repurposed the buildings into a 47-unit apartment structure for affordable housing. Upon completion, 43 of the 47 units will receive a rental subsidy through Louisville Metro Housing Authority for very low-income residents at 50% Area Median Income (AMI) or below.

Historic preservation remains an essential goal of the rehabilitation since New Directions is receiving both federal and state historic rehabilitation tax credits to help fund the rehabilitation. This means New Directions will be maintaining and revitalizing the historic exterior of the building and windows to meet historic preservation standards, while providing new doors, paint, roofing, flooring, windows and more.

New Directions' overall recapitalization initiative enhances New Directions' goal to ensure the long-term sustainability of these properties. The greatest benefit, overall, is that the fully renovated Roosevelt Apartments will improve the living situation for generations of families and help maintain safe, affordable housing for our community. New Directions seeks provide quality affordable housing for our residents while also protecting the historic charm and culture of Louisville neighborhoods like Portland.

###

About New Directions Housing Corporation

A nonprofit community development corporation, New Directions creates and sustains affordable housing in partnership with residents and stakeholders. As a provider of more than 900 affordable rental units and the region's largest program offering home repairs and rehabilitation to low income home owners, New Directions is a member of both NeighborWorks America and Metro United Way. For more information about New Directions, visit www.ndhc.org/.

4th Annual Cleanup Portland Day

VOLUNTEERS MEET AT THE CREATION CENTER

2508 PORTLAND AVE, LOUISVILLE, KY 40212

NOVEMBER 4TH – 10 AM - 1 PM

Gloves, Pickers, and bags will be provided.

Email deltafoundation502@gmail.com for more information.



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Home of the 28" Pizza

*This offer limited to 1 message per week. Storage and data rates may apply when sending and receiving messages. Messages sent from automated system. Content not required to purchase goods and services. See TSP or 2342 for sign up. See REST for TSP for answers or call 800.311.3300. To view our Terms and Conditions & Privacy Policy, please visit www.pinterest.com/anniespizza/

<p>PASTA FOR 2 Choice of Baked Spaghetti & Meatballs or Homemade Lasagna. Comes with Large Salad & 2 20oz Drinks</p> <p>\$31⁷⁵ + tax</p> <p><small>Limited time offer. Extra cheese additional. Coupon required.</small></p>	<p>PICK UP SPECIAL 1 Large 14" 1-Topping Pizza</p> <p>\$11⁰⁰ + tax</p> <p><small>Before & after Happy Hour Special. Limited time offer. Extra cheese additional. Coupon required.</small></p>
<p>3 MEDIUM 12" 3-Topping Pizzas</p> <p>\$37⁷⁵ + tax</p> <p><small>Limited time offer. Extra cheese additional. Coupon required.</small></p>	<p>2 MEDIUM 12" 2-Topping Pizzas Order of Cheesy Bread Sticks & 6 Wings</p> <p>\$40⁵⁰ + tax</p> <p><small>Limited time offer. Extra cheese additional. Coupon required.</small></p>
<p>1 LARGE 14" 1 Large 14" Pizza The Works or All Meats</p> <p>\$18⁹⁹ + tax</p> <p><small>Limited time offer. Extra cheese additional. Coupon required.</small></p>	<p>2 LARGE 14" 2-Topping Pizzas</p> <p>\$27⁵⁰ + tax</p> <p><small>Limited time offer. Extra cheese additional. Coupon required.</small></p>

All pizza sales is plus tax. Additional cheese is extra price. Prices are subject to change.



Good Shepherd Parish partners with Habitat for Humanity

Maria Price, Community Development & Repair Coordinator at Habitat for Humanity invited Good Shepherd Parish to hand out desserts at the 7th Annual Portland Love Your Neighborhood event. Neighbors helping neighbors. The Good Shepherd Ladies and Men's Club showed up! We served lunch to our neighbors and the neighbors who came down to do repairs on houses in the neighborhood! Thank You Habitat for Humanity for all your hard work in our community. See you next year!



Officer Jackson Evans



Officer Randall Richardson

LMPD 1st Division Officers of the Month

In the early morning hours of September 23, 2023, a citizen told LMPD Officers that there was a male who had been struggling for over an hour in the Ohio river. When the officers arrived they found the male clinging to the side of a retaining wall, barely conscious. It was apparent that the man was quickly succumbing to exhaustion. Officers Randall Richardson and Jackson Evans, rapidly assessed the perilous conditions and realized that immediate action was required to save the man. Without hesitation, Officers Evans and Richardson entered the waters, grabbed ahold of the struggling man and pulled his exhausted body ashore. The length of time the man had been in the water made this rescue attempt exceptionally perilous. Together, their swift and coordinated actions led to the successful retrieval of the man from the river. Their selflessness, courage, and determination resulted in the successful rescue of a fellow human being who would have otherwise faced a tragic outcome. Their actions on September 23, 2023, exemplify the highest standards of heroism and service in the face of adversity and reflect great credit on themselves, the 1st Division and Louisville Metro Police Department.

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Family Dentistry



Western Middle School for the Arts

I'm Not Crazy by K.S., 7th grader

Pax: (Looking into mirror.) Some people call me crazy. Well, I shouldn't say people. I don't know if they're real or not, heck, I don't know if you're real or not. Say, if you ARE real, how'd you get inside? The lighthouse door's been locked for months now. I can't figure out how to unlock it. Only Dad knew how to do that. I've tried staring at it, but I can't bring myself to try and open it. I don't know why, but, because of that, I've been here a while! Alone. Ever since Dad passed. (sighs) If only he were still here. He joked around a lot. He says that he was the one to give me my humor. He told stories too. Ooh! And he told me how I look just like him. He said my hair is the thing that I copied straight off him, same shade and everything. I'd die for this hair, (takes deep breath) my best reminder of Dad. But, hey! It was out of my control. He just left his room in the middle of the night, and, the next morning, (tears well in Pax's eyes). I mean, he wasn't meant to die like that! It was supposed to be peaceful in the bathtub. I spent all that time getting an extension cord for nothing, er, for, (contemplates what to say next) for his hairdryer! Yeah, for his hairdryer. (Laughs nervously) Uh, but, yeah. I loved him dearly, and I regret it-er, MISS him every day. He just got on my nerves sometimes, ya know? Everybody does. NOBODY listens to me! They never get my sense of humor, and they don't try to! They don't try to understand anything about me! And they always say that I 'manipulate' them, and lie too much. And then they have the audacity to say that's an excuse for avoiding me! Heck, we only moved to the lighthouse just to avoid them. If it weren't for all the people back home, (breathes heavily), Mom would still be around. She just, (takes deep breath), I don't even know anymore. I can't remember half the things from before we moved. Nothing but hate, nothing but rumors, nothing but accusations. I thought that one day I'd meet people who were different, but they're all the same... they all just yak on like, "something's seriously wrong with that girl," they ALWAYS say THAT GIRL. I have a name! Just like you! (points finger in a circle at imaginary people) And you! And you! And you, and you, and you, and especially, YOU! Dad was the only one who understood me, he protected me! (starts crying). Until the haters got to him, until all the pressure everyone gave him became more powerful than his 'love', for me. Can you imagine, for just a sec? What it's like getting death-threats in the mail? Just for being me. I guess the letter that Mom sent just tipped him over the edge. He became just like the others... called me crazy, too! Well, I'M NOT CRAZY! Okay? We were gonna live a quaint life, ostracized from society. WE WERE GOING TO BE HAPPY! And just because I have a few friends you can't see, doesn't make me crazy! Just because I hurt that neighborhood kid a while back, just because I took that old lady's baby, just because I did some bad things DOESN'T PROVE I'M CRAZY! Just because I have visions and can't sleep, just because I don't act like you, just because I ramble, and lie, and scream, and laugh, and cry, and cry, and cry out for help even though no one will hear, and just because I killed my dad, DOESN'T PROVE I'M CRA- (gasps) Heh, heh, uh, no! Uh, wait! Uh, n-no I didn't, and, stop saying that! (gasps hair) Wait, no, no, I can fix this! You just need to forget! Please just forget, don't tell anyone! In fact, DON'T LEAVE! Yeah, you can stay here with me, and with Dad! (hyperventilates) I mean, I'm not crazy, oh, no, not me. 'Cause you see, some people do call me crazy. Well, I shouldn't say people. I don't know if they're real or not, heck, I don't know if you're real or not.

30th & Market 778-4419



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A Bigtime Movie Star by M.L., 7th grader

(A young woman appears on stage in a spotlight writing in her diary.)

WOMAN: Dear Diary, my name is Veronica, and I'm a big time movie star, but it wasn't always easy. Well, let's start from the beginning, back when I was a little girl. I was bullied a lot, mainly because I was black, and I had glasses. They told me I would never be anything because I was black. Fast forward thirteen years . . . (The lights shift a little.) I'm 23 and the year is 1965, December 5, and I'm living in New York City in my penthouse, and I star in movies all around the world, and I do photo shoots, and I got nominated for Best Black Actress . . . On this one particular day, I was walking the red carpet, wearing a long flowy, sparkly silver dress. And the photographers were saying 'Ms. Veronica, look here!' (There are flashes of light while a man from the shadows takes her photo.) I'm just going along with it because I have to but also I'm enjoying it. When they called me on the stage they asked me to sing a song because I can also sing. What, you thought I didn't sing? How are you going to be a movie star and you can't sing? Anyway, I sang a song that I wrote, and it's called 'Time Is Money' because that's my favorite phrase. (Brief pause, she breathes.) I was about to end the song when a fire alarm went off! They evacuated me first, then other people, but when we thought that everyone was out there was a lady left inside screaming HELP HELLLLLLLP. I threw off my heels and yelled, 'I'M COMING, DON'T WORRY' . . . and everyone gasped saying 'DON'T DO IT' . . . but I had to . . . she was pregnant. So, I got the lady out. She was safe. But . . . I got stuck. The lady came out saying 'she's stuck, she's stuck'. The firemen didn't get to me in time, so I burned alive, and just like that, my career, my life, was over. I was dead at the age of 23. The community held a service for me and they prayed over me then sent me to heaven. Oh, and, I was put on the walk of fame. Because I was a bigtime movie star.

Portland Promise Center

THANKS DINNER GIVING

Join us

We would love to have you,
your family, & friends
join us for our
annual Thanksgiving dinner.

No Reservation required,
first come first served basis.

IG: @portlandpromise
Facebook: Portland Promise

NOVEMBER

**19th
2-4pm**

1831 Baird Street
Louisville, KY
40203

Annoying Affirmations by M.W. - 7th grader

(The curtain opens and we see people talking at what looks like a funeral.)

1: Being positive is always important. Life can pick you up and push you back down. But you just have to pick yourself up and get back in the race. Life is never easy, but you should never lose hope!

2: There's literally NO way you're being serious right now, again? Really?

1: What? I don't know what you're talking about.

2: (Sigh) Whenever we talk you pretty much can't go ONE sentence without breaking out into... Uhm... inspirational affirmations! And it's getting out of hand. I mean, it's my dad's funeral right now and you're doing it.

1: *(Sarcastically)* Oh my bad for trying to be positive! And plus I figured you could use it since you're having financial troubles. You know what they always say-

2: Don't even. And why would you bring that up?

1: I'm just trying to make you feel better, you're such a negative nancy!

2: You know what? I can't do this anymore.

1: Do what anymore?

2: I can't keep being friends with you anymore! I'm so tired of the positive quotes!

(2 storms off stage.) (Long silence.)

1: Wow... are my positive affirmations that bad and annoying?

2, *(From off stage.)* YES!

1: Oh... hmm...

(1 leaves looking puzzled and the scene ends.)

The Hospital by ZB, 7th grader

(In a Hospital waiting room at 12:00 p.m.. Nobody's there besides two people, Kamari, a 27 year old woman that works as a receptionist and Ron a 29 year old male that was walking back and forth in the room. Ron walks back and forth in front of some chairs as Kamari looks at him.)

Kamari - Sir, are you alright?

(Ron stops walking and looks at her with a warm smile.)

Ron - Oh, me? I'm fine in just waiting for my grandma. *(Ron sits in a chair.)*

Kamari How's your grandma?

Ron - She's fine, we both got bamboozled when she got sick. I'm just waiting to see her.

(Kamari - types on her computer.)

Kamari - To let you in, I need your name.

Ron - It's Ron Smith, may I ask what yours is?

Kamari - It's Kamari, you might not know me. I'm new at the Hospital.

(Ron digs in his bag and pulls out a sketch pad.)

Ron - Do you mind if I draw you well with my sketch pad?

Kamari - Sure, why not?

(After a while and silence Ron finally opens his mouth.)

Ron - Done. Have a look, Kamari.

(Ron hands the sketch pad to Kamari as she makes a shocked face and holds the sketch.)

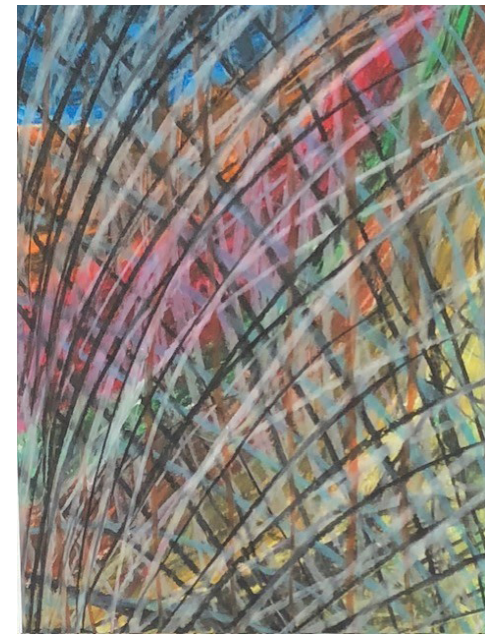
Kamari - This is so good. Where did you learn to draw like this?

Ron - Oh, I took some art classes here and there in college.

(Kamari - looks up from the sketch pad and looks at Ron as he looks back at her.)

Kamari - Well, it came in handy.

(The end.)



'Portland Elementary art teach Anita Fisher proudly submitted art work from the Spring 2023 CFAC (Children's Fine Arts Class) at Portland Elementary. The artist is AMauri Seagraves (currently a 5th grader at Portland), it was one of the pieces chosen by the LVA to appear on their gallery show postcard invitations. AMauri is an excellent student and role model. He is active in sports, both football and basketball and has attended CFAC at Portland since the fall of 2022.'

Vote Nov. 7th!

RETURN

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JUDGE

Former Family Court Judge | Former District Court Judge

- Rated **Highly Qualified and Qualified** in all Bar Association Judicial Polls.
- Awarded Louisville Bar Association **Pro Bono Attorney of the Year** on two occasions.
- Co-Founded **Adoption Wednesday** and furthered Concurrent Adoption Planning, allowing foster children to find their Forever Homes.
- Father of two children, **Foster Parent** to seven medically fragile drug-exposed children who were later adopted into their Forever Homes.



- Served as Board Member with CASA (Court Appointed Special Advocates), Habitat for Humanity, and Cane Run Elementary Family Resources Center. Organized and led **Mission Trips** to orphanage in Guatemala and Panama. Active as volunteer with numerous local and regional charitable organizations.
- Authored** the National Council of Juvenile and Family Court Judges chapter on Reasonable Efforts related to children removed from their homes due to Abuse or Neglect.

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*Good Shepherd
Catholic Parish*

MASSES

Mass Saturday 4 PM

Sunday 11 AM

Daily 7:30 AM

Good Shepherd Catholic Parish

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All are welcome!

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HALL RENTAL

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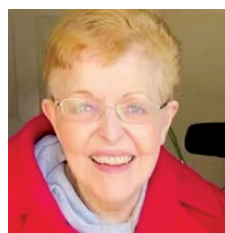
Obituaries



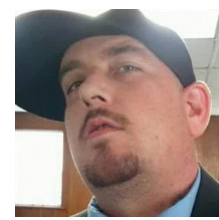
Danny Ray Alvey, 71, of Louisville, KY, passed away in his home October 8, 2023. Danny was a proud, life-long resident of Portland. He was a member of the Sheet Metal Workers Union, Local 110 and was a gifted welder and a skilled mechanic. He was born on December 11, 1951, in Louisville, KY to the late Lawrence and Virginia (Kuchenbrod) Alvey. In addition to his parents, he is preceded in death by his loving wife, Patricia Ann; two brothers, Charles "Bootsie" and John "Larry". He is survived by his children, Sherry, Sam, Susan and Samantha; grandchildren, Ruby, Lilly, Danny, Isabelle, Gracie, and Adalyn; great-grandchildren, Jolee and June; and sister: Linda. Newcomer Cremations, Funerals & Receptions, New Albany, IN. In lieu of flowers, contributions in his memory may be made to Good Shepherd Catholic Church, 3511 Rudd Ave, Louisville, KY.



Rhonda Anne Branch (Vincent), 54, called home September 29, 2023, in Louisville, KY. She was born on September 12, 1969, to Katherine Bishop Philpot and the late Steve Vincent in LaFayette, IN. Rhonda was a loving mother, sister, grandma and friend. Rhonda loved time spent with her grandchildren making them smile and laugh. In addition to her father, Steve Vincent, Rhonda is preceded in death by her brother, James Vincent; and her stepfather, Robert Philpot. Left to cherish her memory, Rhonda leaves behind 4 children; Heather Lee, Matthew Vincent, Ashley Vincent, and Jessica Vincent; 8 grandchildren, Navaeh, Areona, Monica, Ravon, Kendra, David, Bentley, and Lilliann; 2 siblings, Kathy Lewis, and Christine Bouvier; nieces/nephews, Tasha, Scotty, Patricia, and Joey; best friend, Marketta Capehart; and a host of extended family and close friends. Legacy Funeral Center – Schoppenhorst Chapel, Louisville, KY. Burial at Brookland Cemetery.



Linda Sue Chase, age 72 years, passed peacefully at The Waters of Scottsburg in Scottsburg Indiana. She had been a long time resident of Cincinnati, Ohio where she was a hairdresser for many years. Linda was predeceased by her parents, Philip Nathan and Freda (Warner) Cook, her step-father, Joseph Roy Chase, and two brothers, John Christopher Chase and Charles Nathan Cook. She is survived by her step-brother, Gordon George Chase and step-sister, Layla Yvonne Chase (Hiram Kent Lopez), her sisters-in-law, Lisa Good and Mary Wolfe, 5 nieces, Autumn, Heather, Destiny Amber and Ashley, two nephews, Blair and Gordon, great-nieces, Lylah, Elizabeth, Coralyne, Marabella and Ainsley, and her great nephew, Christopher John.



Bobby Decker Jr, a beloved 45-year-old Father, passed away peacefully on October 08, 2023, at his home, surrounded by family. He is preceded in death by his father, Bobby Decker Sr. He leaves a legacy of love, kindness, and lasting memories that will forever be cherished by his parents; Sheena and Larry Embry. He was a loving sibling to Aleisha Propes, Sheena Decker, and O'Shean Ogle. His beloved fiancée, Seahra Sutton. His children whom he cherished; Bobby Daugherty Decker, Hailey Gabbard Decker, Liberty Daugherty Decker, Molly Daugherty Decker, Madeline Sutton Decker, Austin Hartlage Decker, Clara Hartlage Decker, and Aiden Hartlage Decker, his love and guidance were unwavering. J.B. Ratterman & Sons Funeral Home is in charge of arrangements. Direct Cremation was chosen.

*Gone but not Forgotten,
Forever in our Hearts*



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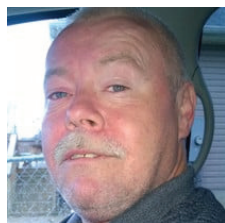


Country-Wide and Southern Indiana Delivery

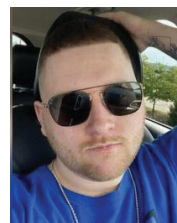
Obituaries



Carolyn Ann Fisher, age 73 years, passed peacefully at her home on October 1, 2023. She was born in Henry Co. and was a life-long resident of Portland. Carolyn was an artist and had worked at Show's Trophies for 19 years. She loved Jesus, she loved her family and she greatly loved watching over her grandchildren and great-grandchildren. Carolyn was predeceased by her three children who died in a 1975 house fire, David, Johnny and Melissa Russell, by her loving husband, Woody Russell and three grandsons, Skyler Russell, Devin Russell and Tyler Russell. and her one sister, Rita Howard. She is survived by 2 daughters, Stefanie Fisher and Sheila Lane and 2 sons, Curt Russell and Glenn Russell. Her dear grandchildren, Lucas, Lance, Peyton, Amber, Elisha and Angel, and her precious great-grandchildren, Tykel, Baby "Tee", Conner, Mason, Maverick, Kyler and Elijah. Funeral Services held at J. B. Ratterman & Sons Funerals & Family Cremation Care, 2114 W. Market St., Interment Mt. Washington Cemetery with her three children and husband, Woody.



Ottis Lee Hart Jr., age 53 years, passed peacefully October 5, 2023, at Norton Hospital Downtown. He was a long-time resident of Portland and a self-employed painter. He was predeceased by his parents, Ottis Lee Hart Sr. and Margaret (Calvert) Hart. "Ottie" most loved being with family and close friends anytime, anywhere; hearing their stories and telling his own. He is survived by his wife, Dorothy Johnson-Hart, his children, Josh Hart, Taylor Hart and Shane Hart, Ashley Logsdon, Timothy Logsdon and Bradley Logsdon, Amanda Boston and Michele Fielder, his sisters, Denise DeWitt (William) and Leah Alvey (Tim). Mary nieces and nephews and great nieces and nephews and good friends also survive. Funeral Services will be held 1:00pm Tuesday, October 10, 2023 at J. B. Ratterman & Sons Funerals & Family Cremation Care, 2114 W. Market St. Interment Mt. Washington Cemetery.



Charles Cory King, 22, passed away on September 27, 2023, in Louisville, KY. He was born on November 14, 2000, to Danielle Branch Lewis and the late Cory Ray King. Cory, as he was affectionately known, was a free spirit with a big heart. He loved his family deeply, and always liked to be the center of attention. Cory had expensive taste, and enjoyed life to the fullest. He listened to a variety of music, including rap, classic rock and even a little Beethoven. In his spare time, Cory liked to cook, shoot guns, and hang out with his friends, playing video games and enjoying Hennessy. He will be greatly missed by all who knew and loved him. In addition to his father, Cory Ray King, Cory is preceded in death by his sister, Maddie; grandmother, Linda Branch; and an uncle, Justin Huff. Left to cherish memory, Cory leaves being his mother, Danielle Lewis (Jason); grandparents, Kim and Kenny Hilliard, Buster Branch, Tina Harp, Nancy Murphy, and Orville and Karen Kiper; aunts/uncles, Christy and Tim "Nails" Branch, Nick and Carnella Branch, Keith King, Craig and Martha King, Kenny King, and Tiffany Mulrooney; cousin/bonus sister, Skylar Huff; and an abundance of cousins, nieces, nephews, extended family and close friends. A funeral service for Mr. Charles Cory King will be held at 6 PM, on Wednesday, October 4, 2023, at Legacy Funeral Center-Schoppenhorst Chapel, 1832 W. Market Street, Louisville, KY.

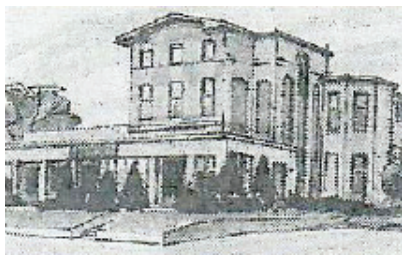
Edward Miller, 70, passed away October 20, 2023. Born and raised in Louisville, KY. He was a preacher in Louisville, where he and his wife were preachers at Church of Truth. He started the group "Stop the Violence". He would meet daily with other preachers at McDonalds for hours to discuss the word. He loved to spread the word of God to everyone he met. He is survived by his four sons, Edward Jr., Aaron, Terry and Marcus; sisters and brothers. Funeral arrangements pending.



Dillon Robert Thomas Willis, a radiant soul who graced this world with his presence, was born on May 9, 1999, and peacefully departed from our midst on September 22, 2023, at the age of 24, in Louisville, KY. His remarkable journey through life, marked by resilience, love, and a heartwarming sense of humor, serves as a testament to the strength of the human spirit. From the very beginning, Dillon faced adversity that would have daunted most defying the odds and displaying unwavering determination. Doctors gave him only a small chance of surviving past the age of 1, and his survival to the age of 24 was nothing short of a miracle. Dillon found joy in the simple pleasures of life. His hobbies, which included watching WWE and cheering for his beloved John Cena, listening to old bluegrass and gospel melodies, particularly those of Barry Manilow, and passionately supporting UofK, added color and vibrancy to his days. He had a special fondness for Batman and a sweet tooth for M&M's, which were always close at hand. Affectionately known as "Master Dillon," he reveled in the festivities of Halloween, Christmas, and Easter. Dillon is preceded in death by his dad, John Willoughby Jr.; and grandparents, Mary Ann and John Willoughby Sr., Sylvia Willis, Robert Willis, and Ruby Willis. Left to cherish his memory, Dillon leaves behind his loving mother, Tonya Cox (Mickey); sisters, Akaysia Wright, Amiah Wright, Tina Lloyd, Tiffany Antoinette, and Iris Mendez; brothers, Mickey Cox Jr. (Beth), Jason Cox, and Dakota Cox; special aunts, Therese Willoughby, and Anna Robinson; many cousins, aunts, uncles, and a host of extended family and close friends. A funeral service to honor Dillon's life will be held on Friday, September 29, 2023, at Legacy Funeral Center - Schoppenhorst Chapel. Burial at Evergreen. Rest in peace, dear Dillon. You will forever be cherished and never forgotten.

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Tidying up the Greenhouse November 8th

Come help us wrap up a successful 2023 season in the greenhouse by weeding under our propagation tables and organizing our potting supplies. Having a healthy, pest-free environment for our plants inside the greenhouse next spring relies on diligent fall cleaning. We would love for you to join us in volunteering November 8th, 2023 at 1639 Portland Ave!

Please wear weather appropriate clothing (layers- as we will be in and out of the greenhouse) and shoes. Some of this work requires crouching and being on your knees. If kneeling pads help you during weeding work, please bring them.

Details:

- All work will take place inside our greenhouse and transporting weeds out to compost pile.
- An LG team member will be present to supervise and guide volunteers for the entire shift.
- Wear appropriate clothing and comfortable shoes. Dressing in layers is suggested.
- Bring your own water bottle.

Weather: Volunteer work is conducted rain or shine, except during thunder and lightning storms.

To volunteer, sign up and complete your waiver form by following the QR Code below. If you have any questions, feel free to contact Madeline at gardens@louisvillegrows.org or 502-509-9839

FROM OUR FRIENDS AT
**LOUISVILLE
grows**



City of Plantation Tree Planing November 4th

Louisville Grows needs YOU to join our tree planting team! Help us dig toward our goal of planting 1,000 trees this Fall season. Trained Citizen Foresters will lead groups of volunteers to properly plant trees on residential properties. No experience is necessary, everyone is welcome to come play in the dirt with us!

Details:

- Saturday, November 4th – Registration: 8:30am - 8:50am
- Planting time: 9am – 1pm – Meeting Location: 2502 Hermitage Way
- Breakfast and lunch will not be served, but snacks will be provided.

Guidelines for Volunteers

- Masks are appreciated but not mandatory.
- You can bring your own gloves, but they will also be provided.
- Please bring a filled water bottle. Water will be available at check in.
- If you are not feeling well, please do not attend!

Dress appropriately for the weather. You'll be digging in dirt and handling mulch, so wear clothes that you don't mind getting dirty. Closed-toed shoes are required. Waterproof outerwear is recommended if rain is forecasted. We will plant trees come rain or shine. If severe weather is expected, you will be notified about an alternate event date.

To volunteer, sign up and complete your waiver form by following the QR Code below. If you have any questions, feel free to contact Ellie at outreach@louisvillegrows.org or 502-694-0120.



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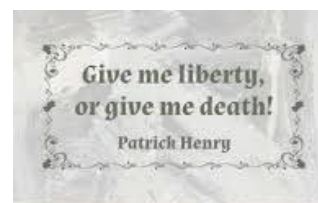
CHECK ENGINE LIGHT

WE PAY TOP DOLLAR FOR JUNK CARS



Righting Writing: From Literature to Letters

It's so nice to have an impassioned neighborhood with a high density of proud peoples, but big holes are in our collective lives and zip codes--according to the US Census-- for a number of reasons. Luckily, we live in an unnaturally wealthy country, largely due to Nikola Tesla, Texas Tea, Yankee ingenuity, and 400 years of thralldom so we should not be in want of anything. The fact that we don't have it all is a testament to corporate capture that lobbies those with levers of govt power to keep some cohorts of citizens hurting, so as to distract well-meaning middle-class folks with trying to meet their needs with volunteerism and donations to non-profits, e.g. their efforts could otherwise be focussed on making a more perfect union and redressing our grievances to the powerful. So with the holes in our lives, I harken to a sandaled beard on the Mediterranean Sea long ago who purportedly said, "You don't have because you don't ask." In an effort to get us in the mood to ask for things, I bring up the tried and true notion of writing letters to Principalities and Powers. My greatest notion in this regard is that this askingthing can be so boring. "Yadda, Yadda, ...could you please give me some of... there are such a need that I appeal to your ... " In order to decrease this boredom, I'm of the faction that wants to ensure the recipient of the letter can tell that a human is writing the letter and not an AI chat machine. While this TuringTest may no longer be relevant, a good way to have fun--with an eye towards creativity--is to salt and pepper the letter with quotes from literature, e.g. nobel laureates and pulitzer winners have such turns of phrase so as to be worthy of being recycled into the vernacular/common-use of the people. For example, the great



work of T.E. Lawrence who depicts his autobiography of Palestine after WWI, delineating how the conquerors betrayed the peoples of the Ottoman Empire area--which impacted land usage, grants and tenure--to the total detriment of the whole world. So here are a few letters impregnated with his Seven Pillars of Wisdom:

To CEO of MGM - Lets just say that you get good people hooked on online betting to their downfall--now that betting is legal in KY. If that happens, ...Some of the evil of my tale may have been inherent in our circumstances...but don't think that we won't go after you to shut you down and make you pay as a corporation and as officers and board members. En Garde!

To Chairs of banks - It's a given that you make a mint from loans in our homeland of Portland, so with all this booty, please give us tons of swag at every festival and block party we have--and wicking shirts for sale with your logo--selling at half your cost.... For years we lived anyhow with one another in the naked desert, under the indifferent heaven.... So give us some good will with bling, to let us know that you know what we know. Thanks in advance.

To Regents of University - Can you ask for bigger grants when studying people in our zip codes? There needs to be grant money available to reward me and my neighbors when they get yet another query about our lives in minute detail: history, money, blood, questionnaire. ...The weak envied those tired enough to die; for success looked so remote, and failure a near and certain, if sharp, release from toil. We lived always in the stretch or sag of nerves, either on the crest or in the trough of waves of feeling....Give us something as part of your research because time is money and we have neither.

To Governor of Indiana - I'm just so done with KY. They mistreat us so bad. Can you do any better? You're our last hope...can we be taken over by you and treated like the upstanding citizens we are--in a state that isn't rock bottom on just about everything? ... As time went by our need to fight for the ideal increased to an unquestioning possession, riding with spur and rein over our doubts...And if we can't secede, can we get half off your cool restaurants and bars when we show our Portland KY address on our Drivers License?

To Emir of Asian country - Can we make a deal? You have all the oil and leopards and Maserati's that you can possibly buy. How about I say, "I love UAE" once a day for the rest of my life on SocMed, and you give me a special balance on my Venmo/Paypal account on a monthly basis? With my help, you can take our neighborhood into the stratosphere, and I like that idea. ...Willy-nilly it became a faith. We had sold ourselves into its slavery, manacled ourselves together in its chain-gang, bowed ourselves to serve its holiness with all our good and ill content... I know I've got your attention!

To billionaires in CA - Since you're such a rich drip, I can appeal to you directly--not through bureaucracy or some gaggle of shareholders/stakeholders. Can you just invest in our neighborhood so I can do stuff and feel good about what's going on in Portland KY? Just Do It...and anytime you need a favor from me, just ask -- I'm pretty good at subterfuge and hooliganism. ...At night we were stained by dew, and shamed into pettiness by the innumerable silences of stars.... You know what I mean; TTYL.

Owner of rural hotel in KY - I love you! You look like such a great get-away for my family. But I'm poor beyond belief. Can my family just stay at your hotel for a week, pro bono, so our family can see the forest and creeks--some for the first time? I implore you; I need a break. ...We were a self-centred army without parade or gesture, devoted to freedom--a purpose so ravenous that it devoured all our strength, a hope so transcendent that our earlier ambitions faded in its glare... I look forward to an ongoing conversation about this. Go Wildcats!

To the CEO of Microsoft. - Thanks for turning our world upside down, along with your MacApple friends (not!). Now we all need to start learning code in 5 languages in order to hold sway in any progressive venue. Our kids don't care about this, so make them! Give them fun tools that force them to learn <html>. ...By day the hot sun fermented us; and we were dizzied by the beating wind...but I know you'll Do The Right Thing. You'll be getting weekly reminders and annual campus visits to Seattle until the needle starts moving.

In sum, we didn't spend time learning to write merely to read our screens and reply with emojis. Redressing grievances needs to be part of a joyous lifestyle. Letters are one way...quotes from literature are optional.

All ideas are outsourced and are not my own, PortlandNate
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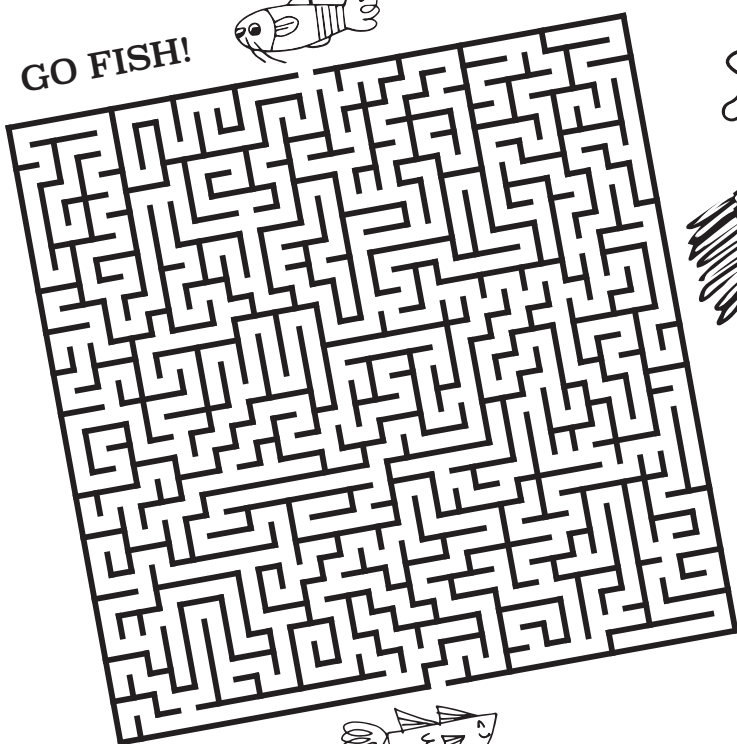


If you require visual or auditory support, or live with a physical disability and would like to attend this program, please contact the center.

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PORTLAND PUZZLES

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O	R	P	A	R	A	D	E	N	L	G	V	E	E
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B	T	U	R	K	E	Y	T	R	O	T	V	C	B

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A turkey-day special edition - Portland Anchor thanks you for your support & contributions

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NOVEMBER

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FALL YALL

TOUCHDOWN

TURKEY TROT

FOOTBALL

PARADE

CRANBERRY

SERVICE

NAP

GRAVY

AUTUMN



Portland Festival wants to thank everyone who helped make the 2023 festival a success

We want to give a Big Thank You to our volunteers who worked our festival booths, raffles, set up or cleaned up:

Board Member Jake Ashby, Larry Wilson, Donna Wilson, Pam Vittitow, Ben Rodgers, Joanne Harp, Jennifer Elliott, Judy Schroeder, Sandy Case Rodgers, Melanie Swan, Nicholas Neagle, Autumn Neagle, Vickie Whitt, Homer Whitt, Chase Whitt, Madelyn Whitt, Amber Dunaway, Sheri Cornett, Desten Decker, Juanesha Whitehead, Ella Franklin, Mike Farmer, Stacy Stillings, Tracie Stillings, Bridget Roark, Gabrielle Benfield, Charlie Ferreira, Rick Thomas, Cheryl Thomas, Lyle Cooney, Susan Wittmer, The Wittmer girls, Bert Carney, Crystal Dunn, Kaelin Dunn, Matt Russell, Chelsie Dunn, Chris Dunn, Linda Hamilton, Rick Hamilton, Elsie Kaha- DiGiorgi, Patty Underback, Travis Boling, Brad Miller, Garrett Cain, Chris Howell, Rachael Howell, Becky Miller, Crystal West, Haylee Campbell, John Payne, Ruth Payne, Suzi Bernert, Jason Cockrell, Gerrell Jackson, Jessica Jecker, Becky Jecker, PJ, Maddie, Yolanda Hudson and the Dismas guys. If we forgot anyone, it wasn't intentional. We appreciate all the help that made this festival successful! We hope we can build our committee and volunteers for next year. THANK YOU!

Thank you to Lois Allen for making pulled chicken. Leesa & Mike Jolly for making chili yesterday for the volunteers. Sandy Case Rodgers for buying soft drinks for dinner and donuts for breakfast this morning for our clean up crew. Austin's Clean Cars and Tintopia Window Tint & More for providing pizza for lunch. Mark Gatewood & DC Street Treat for providing dinner tonight. We want to thank anyone that dropped off any snacks, drinks or paper products. We greatly appreciate everything! Thank you so much!

Thank you to Tracie Stillings and State Street Kroger in New Albany, Indiana for making us this cake to celebrate!

Last night-

Thank you to The Dunn Family, Joanne Harp and Jennifer Elliott for working our photo booth. Pam Vittitow for working our main shirt booth. She sold so many of our shirts, thank you! Donna Wilson and Vickie Whitt for doing our raffles. Susan Wittmer & family, Linda Hamilton and Bridget Roark for helping work the shirt booth by the stage. Larry Wilson for all his help Thursday and Friday with set up, trash, barricades and anything we've asked of him. Lyle Cooney for helping with trash. Thank you to Gerrell Jackson, Garrett Cain and Brad Miller for helping clean up after the festival. We appreciate all our volunteers!

David Ford - GDL - Thanks for getting us on Great Day Live!

Bob Randall - Sound

Thank you to Zaxby's for Friday Lunch for our volunteers!

We want to thank Phil & Shirley Lanham, Melanie Swan and Gabrielle Benfield for dropping off snacks and coffee. We had a couple other drop offs that didn't give us a name but we appreciate you! Thank you Yolanda Hudson for putting our sandwiches together. Rachael and Chris Howell for helping set up the snack table for our volunteers.

Thank you to Friday and Saturday Nights Live Music

Jeremy Sharpe
Honky Tonk Rewind

Beast of Bourbon
Lindsey Lane Band
Stone Groove

(Continued on Page 15)



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Calendar of Events

If you have a special event coming up, let us know before deadline and we will carry it in the Calendar of Events. Call Sherry Stewart, 775-6036 to list your event. If your club or organization is not listed here and you would like it to be, just give me a call.

If your group information changes, please let us know.

PORTLAND NOW, INC.

Monthly Meeting

Wed., November 8th

Social Time 6:00 PM

Meeting Time 6:30 PM

Church of the Promise

1801 Portland Ave.
Side Door On 18th

Our speaker will be talking about the new phas of the waterfront park expansion.

All Portland residents are encouraged to attend and become engaged in neighborhood activities.

AMERICAN LEGION POST 193

4th Tuesday of the month, 7 pm,

2800 W. Main St. New members welcome.

AMERICAN LEGION POST 193

LADIES AUXILIARY

4th Tuesday of the month, 7 pm,

2800 W. Main St. New members welcome.

LEWIS/PARKLAND LODGE 638 F&AM

Meets first and third Fridays, 7:30 pm, at The Masonic Lodge at 2nd & Kentucky Sts. Gary Elder, Master 937-3384; Virgil T. Larimore, Secretary, 339-7640.

HELP US HELP OTHERS!

All we need is one hour of your time to help a senior citizen in your neighborhood!

Meals-on-Wheels is looking for volunteers to deliver lunchtime meals to homebound senior citizens. There are many senior citizens living in the Louisville Metro area that are unable to receive meals on wheels due to a severe shortage of volunteers.

Qualifications:

- Complete an application, including police record check
- Provide own transportation

Meals are picked up around 10:00 - 10:30 am and delivery takes about 1 hour. Training is provided. Call 574-6420 to volunteer.

“Gordon's Corner”

By Gordon Brown



Well, well, well. Will wonders never cease! The State actually cut the grass on the entry ramp from 22nd to I-64. In my corner last month, I pointed out the disgraceful conditions on that ramp. While it's nice to have the grass cut, the litter is still there. Maybe semi disgraceful?

By the way I was driving along Brownsboro Road near Indian Hills and saw State workers gleaning in the grass and woods for litter that wasn't even noticeable from the road. I wonder why Brownsboro Road (a state road) got such detailed attention for a minor litter problem while Portland got none?

And, to add insult to injury, the stretch of Portland Avenue along where I-64 runs parallel to Portland Avenue is still an overgrown mess. Why do our elected representatives think this is OK? The conditions on that stretch of Portland Avenue hangs a sign around Portland's neck that says, 'dumpy neighborhood here.'

Once again, I think Portland residents need to speak up and talk with their elected representatives at State and local level. Those folks could do something about the conditions in the West End, but first, they need to know you care. There are many good tax paying citizens and businesses in Portland and throughout the West End. You are not getting your money's worth and as the old saying goes, "the squeaky wheel gets the oil".

SQUEAK! SQUEAK! SQUEAK!

Loving Portland, Gordon

HOUSING PARTNERSHIP

Meeting dates: Mondays 6 pm and Wednesdays 10 am or 2 pm, Downtown, 333 Guthrie, Room 404, Lou., KY. Must call for enrollment. Phone (502) 585-5451, fax (502) 585-5568.

NEIGHBORHOOD HOUSE NUTRITION PROGRAM FOR SENIOR CITIZENS

201 N. 25th Street. 774-2322. Meals and activities daily from 9 am to 1 pm. 60 yrs. and up donation suggested.

Dare To Care at St. Cecilia Campus 2519 St. Cecilia Street

the 3rd Tuesday of the month at 10 AM

Dare To Care

will be at Portland Avenue Community Trust (PACT) Parking Lot at the new location in the former Portland Christian School, 2508 Portland Avenue

1st Tues. of the month at 10 AM

Portland Avenue Community Trust PACT

2508 Portland Avenue

Located in the Portland Depot, the former Portland Christian School

The Food Pantry and Clothes Closet are presently open every Thursday

11:00 to 1:00

Free Groceries / Free Clothes and Shoes for Adults and Children.

The Housing Partnership, Inc.

Provides free homebuyer education and financial counseling to residents and homebuyers on an ongoing basis. Enrollment is necessary. Please call (502) 585-5451 for more information. www.WeAreHPI.org.

If your organization is listed on this page and there is a change in the information, please give us a call to make sure we have the correct information. Call Sherry at (502) 775-6036.

Break the Chains of Addiction

Reformers Unanimous Faith Based Addiction Program

**Reformers Unanimous Ministries -
“We Help Anybody”**

Reformers Unanimous Ministries exists to help anybody worldwide who wishes to experience a life of victory over difficulty. This victory is obtained and retained not through an experience of ongoing effort, but through a once in a lifetime decision to accept Jesus Christ as their personal Savior and a subsequent dedication to developing a dynamic love relationship with him.

Reformers Unanimous Addiction Program

“We Help Addicted Adults Find Freedom”

Reformers Unanimous Addiction Program exists to help adults find freedom from addictive behavior. We accomplish this by assisting them in gaining and maintaining consistent communication with the Highest Power. This power is not a higher power chosen by them, but a Holy Power that has chosen them. Usefulness in life is then attained with community service through good local churches.

Shawnee Baptist Church

2214 Bank St., Louisville, KY 40212

Meets every Friday 7–9pm

For Information call 502-741-9961

Classified Ads

Want to advertise here?

CLASSIFIED ADS **MUST BE PAID FOR** WHEN SUBMITTED **“NO EXCEPTIONS”**

Send your classified ad, plus Check or Money Order. 20 cents per word, and phone number counts as a word

To: Portland Anchor, P.O. Box 2108
Louisville, KY 40201-2108

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VOTE
KENTUCKY



Weatherization and Furnace Maintenance

Submitted by Maria Price

Protect your home from the cold temps and high utility energy bills. Presenters include Project Warm and the Louisville Metro Fire Department.

All pre-registered participants will leave with a weatherization kit for your home. To pre-register, call 502-805-1425 and leave your name and phone number or email mprice@louisvillehabitat.org to receive the registration link.

Saturday, December 9, 2023
9AM – 10:30AM
Habitat's Jane & Jewell Center
1620 Columbia St, 40203
in the Portland neighborhood
Snacks provided

Shaheen's

DEPARTMENT STORE

Since 1922

Name Brand Clothing

- Family
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- Medical Uniforms
- School Uniforms

2604 Portland Avenue
Louisville, Kentucky 40212

778-9741

Support The Portland Businesses

The Following Advertisers help make the Portland Anchor possible. Please consider supporting these businesses in the Portland Community, and look for their ads in this issue.

What a great way for the people of Portland to find your neighborhood business quickly! Get on The List! If you would like your business listed here, call us today!

ARCHITECTS

Gary Watrous, Portland Architect . . . 2711 W. Main St. 876-7100

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Shaheen's 2604 Portland Ave. 778-9741

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Legacy Funeral Center-Schoppenhorst Chapel . 1832 W. Market St. . . 585-4394

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Annie's Pizza 2520 Portland Ave. 776-6400

THE PORTLAND ANCHOR

Advertisements, Articles, Information & Subscriptions 775-6036

Call 775-6036 Today To Get Listed!

Portland Festival wants to thank everyone who helped make the 2023 festival a success

(Continued from Page 13)

We want to thank Lou Jennings for your donation and Lois Allen! We appreciate both of you!

Thank you to Danny Phelps & Susan Rich for donating to the Portland Festival!

Thank you to Little Ceasars Portland for providing dinner tonight! We appreciate you!

Thank you to The Table for providing lunch today! We appreciate you!

Thank you to Brenda Ridge and Bridget Roark for donating bags of chips and a pack of plates. Larry and Donna Wilson for donating some paper items and a pack of water! Tricia Spears and Bobby for donating snacks and cookie trays! We appreciate all of you!

We want to give a big thank you to Sandy Case Rodgers, David Conner and his wife at Schuler Bauer for donating a brand new Nintendo Switch to be raffled off at The Portland Festival booth. Stop by Friday and Saturday to buy some raffle tickets to support next years festival.

We want to give a big Thank You to The Jecker Family for cleaning outside the festival building this evening! Thank you so much Jessica, Becky, PJ and Maddie! We appreciate all the hard work!

Full Sponsor list:

Louisville Planet Fitness Locations
Metro Council District 5
Division 3 Concrete Service
Midwest Sprinkler Corp
Birkhead Co. Heating and Air
Conditioning
Lichtefeld, Inc.
Portland Dental Center

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Please thank our Sponsors!



Metro Council
District 5



BIRKHEAD CO.
HEATING AND AIR CONDITIONING



The helpful place.
JANES BROS. HARDWARE

Portland Dental Center

Shaheen's
est. 1922

Holiday Hair Styles
Making Portland beautiful
one head at a time!



Do You Have Diabetes?

Mark your calendar for November 14th – World Diabetes Day! Diabetes is a health condition that is becoming more and more common. You probably know someone with Diabetes – or you might even have it yourself.

What is Diabetes?

Acids in your stomach break down the foods you eat into different nutrients. One of these nutrients is sugar, also called *glucose*. Glucose travels from your stomach into your bloodstream, which carries it to all the cells in your body that use glucose for energy to do their work – such as pumping your heart, blinking your eyelids, moving your arms and legs, and almost everything else your body does. Your pancreas (a small organ behind your stomach) produces a hormone called *insulin*. Insulin is very important because it helps move the glucose from the bloodstream into the cells that need it.

In diabetics, there is a problem with the insulin – either the body doesn't make enough of it or it is made but doesn't work well. Without insulin, the glucose the stomach is sending into the bloodstream can't be moved into the cells, so it builds up in the blood. When the level of glucose in the blood is too high, the body can't work properly. Diabetes can lead to blindness, heart disease, stroke, kidney failure, and amputations. About 210,000 people die from Diabetes every year.

Many complications of Diabetes can be prevented if your blood glucose level is controlled by eating right, exercising, and using medications. But sometimes changing your eating habits, increasing your physical activity, and learning how to use medications can be hard or confusing. The classes below can help you! Call today to sign up.

IF YOU HAVE DIABETES...

■ Cooking classes, exercise classes, and more are now available! Call 772-8588, email healtheducation@fhclouisville.org, or go to www.fhclouisville.org/healthed for more information.

IF YOU ARE WORRIED ABOUT DIABETES...

• Possible signs of Diabetes include frequent urination, extreme thirst or hunger, unusual weight loss, fatigue and irritability, frequent infections, blurred vision, cuts and bruises that are slow to heal.

• You may have Diabetes without having any signs. If you think you might be at risk for Diabetes, make an appointment with your doctor to have your blood sugar (glucose) tested. Submitted by the Family Health Centers Health Educator, 772-8588.

Molly Leonard Portland Community Center

640 North 27th Street • 502/776-0913

EDUCATE & ELEVATE AFTER SCHOOL PROGRAM

READING TUTORING PROVIDED

OCTOBER - APRIL

MONDAY - THURSDAY, 4:30-6:00 PM

FREE for all students K-5th Grade

SOCIAL SKILLS / LITERACY BASED

SNACK / HOT MEAL

SOCIAL EMOTIONAL LEARNING

ENRICHMENT EXPERIENCES

RECREATION TIME

502-714-2269

sara@iwouldratherbereading.education

Hoops & Homework FREE After School Program

Monday - Thursday
3:00pm - 6:30pm

Boys & Girls 8 - 16 - Dinner Provided

- Homework Assistance
- Tutoring
- Basketball Skills Instruction
- Scrimmages
- Fun Activities

Delta Gymnasium
2508 Portland Ave.
Louisville, KY 40212



Must RSVP - DELTAINC502@GMAIL.COM
DELTAFOUNDATION502.COM

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The Portland Anchor Man Between the Pages

By Charles Frick



It's only words.

Every month I attempt to use words to express feelings, explain issues, celebrate accomplishments, or bring laughter or chuckles to the readers of our paper. While at a recent gathering of residents and supporters of our neighborhood, I noticed their conversation among each other to recall unique past and challenging future. The words being spoken and used in everyone's sentences made all of those there become partners of solutions needed, actions that must be taken for successful outcomes.

Here are a few phrases that could be used to express our thoughts in a meaningful way and perhaps better illuminate ways to deal with difficult situations, as we all attempt to better our home called Portland.

"I quote others only to better express myself". *Michel de Montaigne*

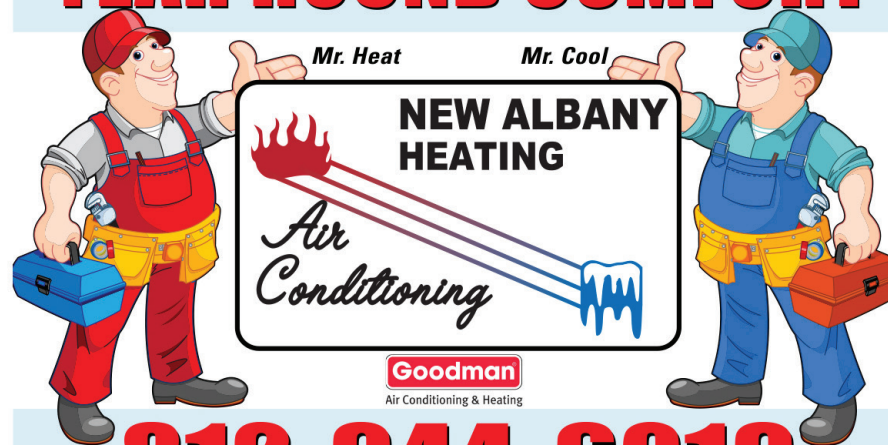
"Why not spend some time in determining what is worthwhile for us, and then go after that." *William Ross*

"Everything has been thought of before, but the problem is to think of it again". *Johann W. Von Goethe*

"Wisdom is meaningless until your own experience has given it meaning, and there is wisdom in the selection of wisdom". *Bergen Evans*

"A man's legs must be long enough to reach the ground". *Abraham Lincoln*

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