

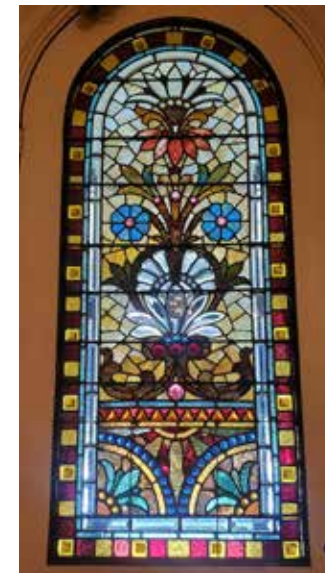
PORTLAND ANCHOR



"Louisville's Oldest Neighborhood Newspaper"

Vol. 49, No. 9

September, 2021



Legacy Funeral Center - Schoppenhorst Chapel Serving the Portland Neighborhood for 129 Years

In 1892, three Dutch brothers owned and operated Schoppenhorst Brothers Laundry and Linen Service in the West End of Louisville. The youngest Schoppenhorst brother, Edward, became interested in the "Undertaking" business, so in 1892 he branched out and established his own funeral home, which became Schoppenhorst Brothers Funeral Home.

Schoppenhorst Brothers Funeral Home located their business in the beautiful historic 1865 residence built by Captain Kawien, an Ohio Riverboat captain. The funeral home began to flourish as community members noticed the compassion and genuine care Edward and his wife, Flora, served to the neighborhood.

This notable landmark of West Louisville is now listed in the National Register of Historic Places by the Department of Interior. The home features the original stained glass door made in France and shipped to Louisville in the 1860s. This beautiful eleven-foot vintage door showcases a piece of glass from every country in Europe and was handcrafted into a remarkable design.

The Scott Family of Jeffersonville, Indiana, purchased the historic Neurath & Schoppenhorst Funeral Home in 2017. The owners and operators of Scott

Family Services, Billy Scott and Aaron Scott, are honored to serve our historic Portland neighborhood families. Since acquiring Schoppenhorst Chapel, the Scott Family has renovated the service chapel, the reception area, and glassed-in the back entryway. We are excited to continue to restore this National Historic Landmark, which has been a fixture of the Portland Neighborhood since 1892.

The Scott Family has been in the funeral industry since 1930 and owns many locations in Kentuckiana. Some funeral homes include Legacy Funeral Centers, Nunnelley Chapel and Schoppenhorst Chapel of Louisville, Kentucky, Scott Funeral Home, Legacy Funeral Center, and Faithful Companions Pet Cremation Services of Jeffersonville, Indiana.

The Scott Family proudly stands behind its reputation and will continue to serve the communities with the values instilled by our predecessors. If you have any questions, want information on preplanning your funeral, or would like to take a tour of our historic building, please reach out to Schoppenhorst Chapel. We are not only honored but grateful to serve our communities.

Beginning October 2021, the cost for new and renewal subscriptions will go from \$10.00 to \$15.00. Postage rates have gone up, so it is necessary for us to increase the postage cost to keep mailing the Portland Anchors.

Follow us on  **Portland Now, Inc. and**
portlandlouisville.com
for a color view of the Portland Anchor

DEADLINE FOR NEXT ISSUE: SEPTEMBER 15, 2021

Look For Your Next Issue September 24 – October 1, 2021

Portland Now Meeting

Tuesday, September 7, 2021

We're going to have an in person meeting at the Portland Library and a livestream on Google Hangouts. You're welcome to join either platform.

The September meeting of Portland Now, Inc. will be Tuesday, September 7th on the Google Meet platform and in the meeting room of the Portland Library, 3305 Northwestern Pkwy. We will NOT be doing food at the in person event. Social time starts at 6:00 pm and the board meeting (open to all) begins at 6:30 pm. If you would like to be on the agenda to speak or make announcements, please e-mail president@portlandnow.org before Noon on 9/7.

Our Special Guests will be LMPD Chief Erika Shields and LMPD Division 1 Major Shannon Lauder.

As always, all community members who would like to gain information about neighborhood initiatives or happenings, or get more involved with the great work being done by our committees, are welcome to attend. Hope to see you soon!

To join the video meeting, click this link:

meet.google.com/ako-xbua-dob

or

Join by phone

[(US) +1 617-675-4444# PIN: 335 536 550 9667#



Letter to the Editor

Hello, I want to thank Billy Bob for taking me to Portland Kroger Pharmacy for my first Covid vaccine shot on Friday, August 13. I go back September 13th for my 2nd shot. He waited for me and gave me a ride back too. He is Connie Herron's husband.

William Barnes

Family Health Centers is offering

FREE Health Classes!

Family Health Centers is offering free health classes! Zumba, Yoga, Meditation, cooking class, family activities, and more are available in person or online on your phone, tablet, or computer

Go to www.fhclouisville.org/healthed for more information.

Or, call Kristin at Family Health Centers (502) 772-8588

The Portland Anchor

P.O. Box 2108
Louisville, KY 40201-2108
775-6036

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2021 Portland Anchor Deadlines and Publishing Dates

Issue Month	Deadline	Subscription Delivery Date
October 2021	September 15	September 24 - October 1
November 2021	October 20	October 29 - November 5
December 2021	November 17	November 26 - December 3
January 2022	December 15	December 26 - January 5, 2021

* Dates are subject to change if needed.

WE ARE A CONTRIBUTOR'S PAPER AND WE WELCOME YOUR MAIL!

The Portland Anchor welcomes writing and photographs!

Please send them to:

The Portland Anchor
P.O. Box 2108
Louisville, KY 40201-2108

Include your name, signature, address, and phone number. We cannot print copy righted materials without proper release. All contributor writings that are published will carry the writer's name.

READABLE: It is helpful if your writings are typewritten or printed clearly, with names correctly spelled. Remember someone has to be able to read what you have written.

PHOTOS: All photographs should have a name and address on the back, and should identify the subject in the picture. *Do not send laser print pictures, as they are usually of poor quality and won't print well.* A self-addressed envelope should be included if you want the photo returned. **Please enclose \$10.00 for each photograph** you wish to have published. If payment isn't received with pictures, they will not be published.

We reserve the right to edit, reject, or delay the publication of any written material or photographs.

The content of any article or ad is the responsibility and/or opinion of the writer of same, and is not necessarily the opinion of the Anchor and/or its staff.

**Articles received after the DEADLINE DATE,
which is printed on the front page, will be held
for publication in the following month's issue.**

The Portland Anchor Subscription Form

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If renewal, please print exactly as it appears on mailing label, or remit label.

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Chit Chat

Information in Chit Chat is published **Free** as a service to Portland Anchor readers so that readers have a forum to announce important family events, and to express affection and love toward family, friends and neighbors. The Portland Anchor cannot verify the information published in 'Chit Chat', and assumes no responsibility for its truth or accuracy. **Photos cost \$10.00.** If you want photo returned, send a self addressed stamped envelope. **Do not send zerox or laser copies of photos.** Send original photo or save it to a disk or CD.

Chit Chat items must be no more than 100 words or less. No more than 10 items per person.
We reserve the right to edit or reject items that we feel are not appropriate for our publication.



"We got tomatoes"

Hello Portland, little Carmie and Grampa picking tomatoes. In all the years I've grown tomatoes, this is my best year yet! I don't know who to thank first, Grampa's buddy Scott for all the stale bread or the chickens for doing their business in the garden! In any case we got more tomatoes and the biggest ever! See ya on the water or in the field.

Table of Plenty II

"Serving a free meal to all who come"

Wednesday, September 29, 2021

12 - 4 PM

2222 W. Market Street

This is a joint outreach of
 St. Agnes Catholic Church,
 Good Shepherd Catholic Church
 and Catholic Charities

Carry Out Only

All are welcome!

Dates and times subject to change.



A special Anchor gift

In the spring, we received a lovely gift from Carol Clark, a member of the Neighborhood House Senior program. Carol made two Anchor masks and sent them along with two Anchor pillows. Charlie loves wearing his mask, while delivering the Anchors every month around Portland. Carol Clark is kind and generous, and always a giving person, and we want to tell her that we love the gifts she sent to us. We will wear the masks with pride. Thank you Carol very much, from Sherry Stewart and Charlie Frick.



Happy Birthday

Happy birthday to my youngest son Danny Ray on September 26. Your Momma loves you! Dee Dee Mills

Happy 12th birthday September 2, to my oldest grandson, Kamerson Ray! Your granny is very proud of you & I love you very much.

Happy birthday Annabella on September 10. Your granny loves ya! You & me are going to have us a real fun day, just the 2 of us.

Happy birthday September 23 to my youngest granddaughter Aubrey! Granny loves you sweetie! I promise to make you smile real big.

Holiday

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SEPTEMBER FEST

Saturday, September 11, 4-10 PM

Mass at 4 PM

Chicken Dinner 4-8 PM

Capital Prize:

50/50

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Booths

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30th & Market 778-4419

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Mighty Oak Academy at Love City Inc. Begins first day of School at the old Mackin Gym in Portland

Love City Inc starts a private Kindergarten through 8th Grade School in the Portland Neighborhood

Love City, a non-profit focused on community development in the Portland neighborhood has started a private K-8 school located in the old Mackin building at 344 N 26th St. Mighty Oak Academy is a community school focused on high level academics, parent involvement, social emotional health and development, healthy food, and physical fitness and sports. The school is open to students and their families that reside in the Portland neighborhood and West End of Louisville. All programs at Mighty Oak Academy focus on our families and empowering our students to become lifelong learners.

“We feel that opening a school is an important step in continuing to build community in this neighborhood. By having a neighborhood school, families have an opportunity to invest in their child’s education and create community”

Inga Arvin – Executive Director/School Administrator, Love City Inc./Mighty Oak Academy

The Neighborhood House Senior Program is going to have a YARD SALE

**Saturday, October 2
in the side parking lot**

There will be no parking on this area that day, each parking space will be a spot to rent for \$10.00. Tables will be provided if needed, or you can bring your own. From 8:30 am till 2 pm. Contact Janet Cherry at Neighborhood House 774-2322. If you are a member, \$5.00 goes to your yearly membership fee. All proceeds will benefit the Senior Program.

The Neighborhood House Four Seasons Senior Program meets:

Monday, Wednesday and Friday from 9am-1pm. Bingo is on Wednesday.

You can contact Ms Janet Cherry, who is the coordinator of the Four Seasons program for senior adults, she plans field trips and parties, helps make sure basic needs are being met and connects our seniors to important resources. 774-2322.

Portland Salvation Army, 28th Slevin Streets Fund Raiser for Stage in the Church Yard for outdoor evangelism

Karaoke, Saturday, September 18, Saturday, October 2
and Saturday, November 6 .

All will be 5:00 pm - 9:00 pm

\$6.00 at the door which includes Meal Deal (sandwich, chips or pasta salad and Ice tea) we will be selling sodas, deserts and there will be a silent Auction.

Please come and help us build a stage!! More than likely there will be a mask mandate...

Much Love and blessings to all, Thanks and God bless.

Portland Library Art Party

The Art Party, held on August 7th, was to celebrate the opening of the Leely Mini Art Gallery in front of the library. The mini art gallery has supplies for neighborhood kiddos and small art prints from local artists. Children can use the materials from the gallery to make their own art. Children between the ages of 10 – 18 years old that live in Louisville can submit their art to the Portland Branch of the Library for a chance to win an Apple iPad Air. The drawing will be held in December 2021 and more info can be found at <https://thomasgalesartgallery.com/leely/>.



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Family Dentistry

In Memory of lost Senior Members At Neighborhood House

By Janet Cherry

On July 1st, the Senior members of Neighborhood House gathered together for a memorial service to honor the senior members we have lost since closing our program for COVID in March of 2020. The members honored were Lucy Johnson (6 years), Rose Russo (12 years), Clif Hunter (5 years), Donna Kidd (12 years), Carolyn Thatcher (1 year), and Helen Sanders (17 years). All were also members of the local AARP chapter.



Mrs. Donna Hunter put her husband Cliff Hunter's brick up.



Janet Cherry, Coordinator of the Four Seasons program for senior adults, with the brick for Rose Russo. Her family could not come.



Amanda Lacy held her Grandmother, Mrs. Lucy Johnson's brick.



Mrs. Martha Fuson put Donna Kidd's brick up because they had been neighbors for years.



Jean Davidson, Neighborhood House Director, with Rose Russo brick.

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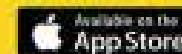
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Portland & West End

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Obituaries



Gary Wayne Baucom, Jr., 49, passed away July 31, 2021. Gary was preceded in death by his father, Gary Wayne Baucom, Sr. and the mother of his children, Terri Carrier. He is survived by his daughter, Maranda Baucom; grandson, Kolten J.B. Ratterman & Sons Funerals & Family Cremation Care, 2114 W. Market Street, was in charge of arrangements.

Sabina Angela Clan, 95, passed away August 12, 2021, with her loving family by her side. Sabina was born March 6, 1926 in Jaun, Switzerland to the late Henry Schuwey and Marie (Yaggi) Schuwey. She was a retired library clerk for Bellarmine University for 10 years. Besides her parents she is preceded in death by her loving husband of 13 years, Edward A. Maloney; and loving husband of 15 years, James H.

Clan; her dear sisters and brothers, Olga Wiseman, Lucy Lichtsteiner, Frieda Schuwey, Otto Schuwey and Rev. Emil Schuwey, O.P.; son-in-law, Roger Jones; daughter-in-law, Maria Maloney. Survivors include her two daughters, Sharon A. Jones and Patricia M. Dunning; five sons, Steve (Gay), Mike (Lisa), George, Donald Maloney (Debbie) and Jimmy Clan (Tanya); sister, Mary Hamer; ten grandchildren and four great-grandchildren. Memorial services will be announced at a later date. Evans Monuments & Family Cremation Care in charge of arrangements



Gerald Lynn "Jerry" Combs, 65, passed away July 30, 2021. Jerry had worked as a deck hand on the Belle of Louisville and was a former truck driver. He was preceded in death by his parents, Ottis and Hazel Combs; his brother Billy Combs. He is survived by his sons, Sean Combs and Eric Allen Combs; daughter, Chrissy Combs (Justin); brothers,

Richard, Lee Lee, and Wayne Combs; 13 grandchildren and 2 great-grandchildren; many nieces & nephews. Funeral Services will be private.



Dinah Sue Kinser, 68, passed away August 5, 2021. Dinah was born December 7, 1952 in Chicago, Ill to the late James H. Legge and Lerema (Lee) Legge. She was a retired assembly worker and a member of The Church of Christ. Besides her parents she is preceded in death by her husband, J.D. Kinser; daughter, Lisa Michelle Martin-Weaver. Survivors include her son, David Dewayne Wall (Mickie); sister, Janice L. Legge (Norman Callahan); two brothers, James L. Legge (Rita) and Stephen A. Legg (Susan); special nephew, Kyle Callahan; her lifetime companion, Elbert "Ed" Darnell; five grandchildren and five great grandchildren. JB Ratterman & Sons Funerals & Family Cremation Care, 2114 W. Market St., was in charge of arrangements

with a graveside service in Flatwoods Cemetery, Butler County, KY.

Cody D. Quimby, 24, passed away, unexpectedly, July 23, 2021. He was born January 30, 1997 in Norfolk, VA to Angelia M. (Hedgepeth) Quimby. He was a former plant manager for Jimbo's Jumbo's Peanut Factory. Survivors include his mother, Angelia M. Quimby (John Johnson); and three siblings. A memorial service will be announced at a later date. JB Ratterman & Sons Funerals & Family Cremation Care in charge of arrangements.

Granger Lee Owens, 68, of Louisville, passed away August 8, 2021. He was the owner of his concrete business, GLO Construction. He was a Son of a Legionnaire, and was a member of American Legion Shawnee Post 193. He was preceded in death by his father, Arnold Owens; and his son, Granger Lee Owens Jr. Left to cherish his memory is his wife, Janice (Jefferson) Owens; mother, Reba Adcock; children, Tiffany Adams (David), Toni Jefferson, Donna Woods (Thomas), Derrick Krystynak, and Tammy Scott; grandchildren, Jacob Adams, Peyton Adams, and Raelynn Adams; several other grandchildren; brothers, James Owens (Helen) and Joseph Owens; and sister, Claud-



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Obituaries

Granger Lee Owens (Cont. from page 8) dette Walker; and several nieces and nephews. Funeral service was held at Evergreen Funeral Home with burial in Evergreen Cemetery.



Glen E. Stillings, 64, passed away suddenly August 11, 2021. He was born June 14, 1957 in Louisville, KY to the late George B. & JoAnn (Haines) Stillings. He was retired from Louisville Metro Public Works Department as a crew leader, and he is Baptist by faith. Besides his parents he is preceded in death by Granny, Mildred Woosley; his father & mother in law, Paul & Rita Cripps; and his faithful companion, Debo. Survivors include his loving wife, Tammy L. Stillings; two daughters, Kristy Terry and Erin Searcy (Earl); two stepsons, Ronnie Noble (Penny) and Travis Noble (Kerri); four sisters, Betty Hack (Jerry), Diane Fenwick, Missy Fenwick (Jr.), Nancy Skaggs; four brothers, George, Carl, Stephen and Virgil Thomas "Dink" Stillings; faithful companion, Titan; nine grandchildren and three great grandchild-

ren. JB Ratterman & Sons Funerals & Family Cremation Care, 2114 W. Market Street was in charge of arrangements.



Judy Ann Burke Wilkins, 79, passed away August 8, 2021 in Hopkinsville, Kentucky. She was born on December 8, 1941 in Louisville, Kentucky to the late William F. and Lula Burke. After moving to Hopkinsville in her early twenties, Judy remained there until her passing. She will be greatly missed by all who knew and loved her. Judy was preceded in death by her parents, William F. and Lula Burke; and her aunt, Inez Sanders. Left to cherish her memory, Judy leaves behind 6 cousins, Joyce Eggers, Caroline Gearing, Richard Sanders, Sonny Sanders and Michael Sanders; and a host of extended family and friends.



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By: Sheila B. White, Funeral Director/Embalmer

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FEMA began accepting applications for Funeral Assistance on Monday, April 12, 2021 through a dedicated call center.

COVID-19 Funeral Assistance Line
Taking applications now
844-684-6333

Monday-Friday, 8 a.m. to 8 p.m. Central Time

If your loved one has passed away since January 20, 2020 from COVID-19 or COVID-19 like symptoms you can be reimbursed for the funeral services. Most notably, FEMA shared that the maximum financial assistance will now be \$9,000 per funeral.

You will have to provide:

1. A copy of the death certificate. The death certificate must indicate the death "may have been caused by" or "was likely a result of" COVID-19 or COVID-19 like symptoms. Similar phrases that indicate a high likelihood of COVID-19 are also considered sufficient.
2. Proof of funeral expenses incurred. Documentation (receipts, funeral home contract, etc.) must include the applicant's name as responsible person for the expense, the deceased person's name, the amount of the funeral expenses.

If applicants already received reimbursement for certain funeral expenses through government agencies, voluntary agencies, non-profits, preneed insurance, or a funeral trust, you cannot resubmit those same expenses for reimbursement through this FEMA administered program.

If applicants received any outside assistance, they must include in documentation of this assistance in their application.

If you received financial assistance through the deceased life insurance policy, you may apply for reimbursement.

FEMA will award COVID-19 Funeral Assistance for a deceased person on a single application. (Do not submit multiple applications for same individual). If more than one person paid for funeral service they should register under a single application as applicant and co-applicant.

If you have any questions about this FEMA COVID-19 Funeral Assistance Program please do not hesitate to call us at the funeral home and we can assist you 502-776-4661.

J.B. Ratterman & Sons Funerals and Family Cremation Care

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9/11
PATRIOT DAY

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**HOOPS AND HOMEWORK
AFTER SCHOOL PROGRAM**

Monday-Thursday | 3p-6p | Starting Aug. 30th
Boys & Girls Grades 3-8

Homework | Assistance | Tutoring | Reading Groups

Basketball Skills Training | 3 on 3 | 5 on 5

Dinner Served Daily

DELTA Gymnasium
2508 Portland Avenue
Louisville, KY 40212

Must RSVP
deltainc502@gmail.com

DELTA Hoops and Homework After School Program

Does your child need some extra tutoring or homework assistance? Do they enjoy basketball and other sports? If so please consider the DELTA Hoops and Homework after school program for boys and girls in grades 3-8. The program runs Monday-Thursday from 2:45-6:00 at the Creation Center located at 2500 Portland Avenue in the old Portland Christian gymnasium. Students will receive tutoring from certified teachers, basketball skill training and games along with a hot meal. Please contact Wes Hinton at deltainc502@gmail.com to register.

Where did Labor Day come from?

Labor Day was created as a way to acknowledge and pay tribute to the workforce for all that they have done to make our country prosperous and strong.

The first Labor Day was celebrated in New York City, and other cities followed this example in the following years. It was in 1894 that Congress passed a law making the first Monday of September a legal holiday.

Now that you know... have a great Labor day!
Monday, September 6, 2021



OUR SHOT TO END COVID

Family Health Centers is now offering COVID-19 Vaccines to anyone 12 years or older. Call **502-772-8110** to get an appointment or for information on same day walk-ins.

FREE!
NO INSURANCE NEEDED!

Learn more at www.fhclouisville.org

Ask about free rides
with Uber to get your
vaccine.



Louisville Grows

Offering Low-Cost Seeds & Starts for Fall planting

**2 days only – Saturday August 28 and Saturday September 11
10 am – 4 pm at Louisville Grows Green House, 1639 Portland Ave**

Louisville Grows has become a powerful vehicle for community empowerment and a stronger local food system.

Their **Urban Agriculture Program** serves to support community gardens in areas of the city that experience food insecurity due to a lack of neighborhood supermarkets.

To help support that program, *Louisville Grows* produces a now-seasonal (twice-yearly, Spring and now Fall) **Seeds & Starts Sale**, offering **locally grown, low-cost**, heirloom vegetables, pollinators, fruit trees, berry bushes, container varieties, soil, compost, and more; all produced specifically for an urban environment.

In person sale dates are **Saturday, August 28 and Sept. 11, 10am-4pm** at Louisville Grows Green House, **1639 Portland Ave.**

In July, in *Louisville Grows*' new state-of-the-art Green House, Citizen Foresters and other volunteers started **planting seeds and potting starts** for the sale. "We're fast-approaching Fall planting time" says says *Louisville Grows*' Executive Director [Ked Stanfield](#). "**Cole crops** like beets, broccoli, Brussels sprouts, cabbage, cauliflower, collards, kale, lettuce, mustard, onion, radishes and turnips all need to go in the ground in early Fall for late Fall harvest." Each variety is chosen for its adaptability, biodiversity, beauty, and taste.

Proceeds from **Seeds & Starts** sales benefit Louisville Grows' **Urban Agricultural program** and its **Community Garden Grants**.

The grants provide selected applicants with technical assistance, education, increased revenue and infrastructure support. *Louisville Grows* awarded Community Garden grants to 10 Louisville Community Gardens in 2021 (details available upon request).

Media Contact: Lisa Dettlinger, Program Director Louisville Grows
Healthy House, 1641 Portland Ave. - Louisville, KY 40203 -502.905.4342

Volunteer with us! louisvillegrows.org/get-involved/volunteer/

Keep in touch: facebook.com/LouisvilleGrows/ and instagram.com/louisvillegrow



A previous Western Middle School CFAC class with their instructor, Amanda Thompson. (Photo by Sarah Davis)

Children' Fine Art Classes with Louisville Visual Art Return to Portland Elementary and Western Middle School for the Arts

By Grant Johnson

Louisville Visual Art's (LVA) Children's Fine Art Classes (CFAC) serve the neighborhood at Portland Elementary and Western Middle School for the Arts again this fall. Started in 1925, CFAC continues to nurture young artists with exceptional after-school art education in Portland and throughout Greater Louisville. The CFAC curriculum provides instruction in drawing, painting, and mixed-media art techniques alongside introductions to critique, art history, and aesthetics. Since every student is recommended by a professional educator or community leader, each group is motivated and focused on learning art.

Anita Fisher leads the CFAC at Portland Elementary; Amanda Thompson heads the class at Western Middle School. Highly qualified, both instructors also teach art during the regular school day at their respective schools, and have long experience in LVA's education programs.

As is the rule among CFAC teachers, Anita's and Amanda's enthusiasm for after school art with LVA remains high year after year.

The Portland CFACs meet after school for 8 two-hour sessions this fall. At the close of the school year in late spring / early summer, every CFAC student participates in an annual exhibit and sale of artwork they've made in the program. This public event happens right in Portland at LVA Gallery, 1538 Lytle Street, and is often a student's first opportunity to display their creative efforts in a professional exhibition. Since the work is for sale, some aspiring young artists also get the satisfaction of selling a drawing, painting, or print to a collector outside their own family.

Along with increased knowledge of visual culture and mastery of art-making techniques, CFAC students gain valuable transferable skills. Christina, a CFAC student at Butler High School, says, "In [CFAC], you learn a lot of things, such as color, form, shape, and movement, and . . . I can translate those into creative writing." Christina is also one of the many students who report feeling more socially confident after bonding with CFAC peers who share a love of visual art.

Those who would like to enroll their children in CFAC should visit this site: <https://www.louisvillevisualart.org/cfac-1> or email LVA's Education Director, Annette Cable, at annette@louisvillevisualart.org.

Good Shepherd Catholic Parish

(Our Lady's Campus)
3511 Rudd Avenue

MASSES

Saturday 4:00 PM
Sunday 11:00 AM

Masks required.

**Social distancing guidelines
will be followed.**

All are welcome to celebrate with us
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September 2021 Portland Branch Library Programs

Call 502-574-1744 for any questions!

Portland Library Hours

Monday – Wednesday, 10:00 AM – 8:00 PM

Thursday, 12:00 PM – 8:00 PM

Friday – Saturday, 12:00 PM – 5:00 PM

Sunday, closed

Computer and Resume Help by Appointment

Do you need help learning about computers or need help with your resume? We offer one-on-one classes to work on either topic you need help with. Times and dates are flexible and available by appointment only. Call 574-1744 for more details.

Family Storytime

Family storytime will offer opportunities for children and their families to engage with literature and participate in enrichment activities that build early learning skills. These storytimes feature engaging books which are accompanied by a variety of activities including: songs, rhymes, art activities, and creative play.

Ages 3-8

Wednesdays @ 11:00AM – noon & Thursdays @ 2PM – 3PM

Crafternoon: Fairy Necklaces

Craft happy thoughts! This month we will be making Fairy Necklaces. Warning there will be glitter! Materials will be provided. Limit 10 participants, call to register. Adults only

Friday, September 3 @ 2PM – 3PM

Movie Screening:

The LEGO Movie 2: The Second Part

It's been five years since everything was awesome and the citizens of Bricksburg are facing a huge new threat: LEGO Duplo invaders from outer space! Rated PG – Parental Guidance Suggested: Some material may not be suitable for children. Ages 6+

Saturday, September 11 @ 1:30PM – 3:30PM



Mecha Makers

Design and craft your very own version of a Japanese warrior robot!

Ages 12-18

Thursday, September 16 @ 5PM – 6:30PM

Read-What-You-Want Book Club

Book discussion group where each participant brings whatever book they want. Prompts and discussion questions will be provided by the moderator to facilitate discussion of each selection.

Monday, September 20 @ 6:30PM-7:30PM

Friends of the Library Meeting

Meeting of the Portland Friends of the Library. Please join us, we are always looking for a few good friends!

Tuesday, September 21 @ 6:30PM – 7:45PM

We Got Game!

Put your speed, skill, and smarts to the test in a variety of fun-filled games and challenging activities! Ages 12-18

Thursday, September 23 @ 5PM – 6:30PM

Outdoor Mindfulness

Need some space and a place to relax? Join us on the back lawn of the Portland Branch while we enjoy guided meditation and some simple mindfulness exercises. Mats will be provided for use.

Saturday, September 25 @ 2PM – 3:30PM

Feeling stressed out?

Here are some breathing exercises to help!

Stress is a normal emotion that happens to everyone...but it can also interfere with your well-being, relationships, sleep, and more. Here are some deep breathing exercises that can help you relax, which help you feel better in the moment and will make it easier to deal with the issues that are causing your stress. These can be done anytime, anywhere.

The 4-7-8 Relaxation Exercise

1. Get into a seated position and sit up straight.
2. Inhale through your nose for 4 seconds.
3. HOLD your breath for 7 seconds.
4. Exhale through the mouth for 8 seconds.
5. REPEAT as many times as you would like.

Equal Breathing Exercise

1. Either stand or get into a seated position, whatever is most comfortable.
2. Inhale through the nose for 4 seconds.
3. Exhale through the nose for 4 seconds.
4. REPEAT this for 3-5 minutes.

Exercise, yoga and meditation are great ways to reduce stress. Family Health Centers is offering free ONLINE classes! Go to our website for more information: www.fhclouisville.org/healthed. You can also call Kristin at the Portland Family Health Centers: (502) 772-8588.

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Stream of Consciousness Clinic (The Octopus Chapter)

I consumed lots of media recently (c/o Firestick(TM)) and it's made me somewhat jumbled, but yet not self-aware enough to be apologetic, so a stream of consciousness is the unsurprising result of my outpouring to the community herein. And I start with the inspirational, to wit: On Disney, I heard Loki say, "We've more power than we think we do"...and I consumed the gist of Ardy Barkin's film "Not Going Quietly"--which requires tissues--where he says hope is a hammer we use to break the glass to sound the alarm (which is an antidote to nihilism if I ever heard of one). Brimming with hope and a promise of power gives me a can-do attitude that only a latter-days Hollywood can engender, thus I turn my face to the place in which we live, Portland. Not in singular fashion, but octopusianically (octopilly/octopus-like?)... For my first of eight arms: I was reading about the wonders of archeological sites of Vikings' attacks, the first attack in Great Britain being Portland, Wessex, in 789 A.D. Not to be outdone, Portland has our own Wharf Park with loads of buried booty, no doubt (but probably more recent). With dauntless abandon, the motorcyclists and homeless using the park could be guided into making and analyzing selected Ducati ruts and cuts with the lure of striking glory--but that's just one arm of the octopus. Our entire neighborhood could be out with pick and shovel on this--and when our bodies ache from the strain

and effort, I recommend www.nlm.gov and specifically [Journal of Functional Morphology and Kinesiology](#)...which can be considered another octopi arm. Yet even another arm of the octopus of hope-and-change could be to create a *de novo* habit of consciously placing things in our front lawns to spark imaginations and strike up meaningful conversations with passers-by and neighbors. Having seen a "Fungi" Netflix product lately, I'm thinking that a mushroom garden along the front foundation of the house might do the trick (using spent grains as nurturant from the nearby Portland brewery squad, locally and naturally). Or plant milkweed out front to showcase the plight of the Monarch butterfly and what we can do about it. Or put out pots of ready-to-plant veggies (see picture) for



newbie encouragement. Or put out a sign that says "Afghans wanted here" with a rotating floodlight inside a lighthouse

cupula...which leads me to another octopusic arm of ideation: Put such a signalling lighthouse in a prominent part of the neighborhood. For instance, while doing stairs at the FHC for exercise (in the A/C!) I spied the cupula of the Marine Hospital, albeit through a glass darkly (see picture).



It looked great (and would look even better at night if we had a rotating floodlight on it for the barge captains to enjoy--with the idea that we are welcoming our new immigrants from southern Asia.

...Even More Live Streaming... In furtherance, putting a bright light in an old building requires some fire suppression in case of lamp overheating, e.g. we don't want to be the dumb dumbs that don't have fire suppression in their priceless historic buildings--unlike the Clarksville george rogers clark home (GHC Home) that burned down recently due to arson (he's pleading not-guilty). If the control group for the grand metro fire suppression experiment is the GRC Home, proving that a lack of fire suppression can readily lead to catastrophe, then let Portland's Marine

Hospital be the test group (not the control group) showing clearly that fire suppression is the thoughtful preventive stance in this case. Would you take this on? This sounds like a project (remember, you are the hero you've been waiting for) for an intrepid and earnest young@heart leader-in-the-making. Speaking of control groups, the penultimate arm of my octopus article is this...We're already the control group when it comes to vaccine prevalence in our vicinity (only 30% vaccinated; the lowest in the greater metro area), and we're knowing how that's going to end: The Test Groups will thrive and the Control Group will languish in a chronic and persistent reduction in all measured Quality-of-Life variables across the neighborhood. (And I didn't even bother bringing out the Tarot's for this easy call.)

If you're over 40, don't bother reading this previous section of the article; it's much too hopeful for the ossified cardio-organ, which statistically you'd be in possession of. But I do offer you this as concession (e.g. extra-credit octopus arm): Did you know TPTB by way of Google maps are changing Shawnee neighborhood to Shawneeland? (We must watch realtors like a hawk, lest they start renaming to create gentrification thru clever marketing.) What's next...Downtownland? Californialand?? Indeed and furthermore, given the June rains, I'm thinking more like "Shawnee Swampland"...or "ShawneeBottoms"



(e.g. Golf Course; see picture) instead of Shawneeland. this stream of consciousness doesn't end, so I'd better just stop before the octopus spills more ink, Portland Nate



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Calendar of Events

If you have a special event coming up, let us know before deadline and we will carry it in the Calendar of Events. Call Sherry Stewart, 775-6036 to list your event. If your club or organization is not listed here and you would like it to be, just give me a call.

If your group information changes, please let us know.

Portland Now, Inc.

Tuesday, September 7, 2021

We're going to have an in person meeting at the Portland Library and a livestream on Google Hangouts. You're welcome to join either platform.

The September meeting of Portland Now, Inc. will be Tuesday, September 7th on the Google Meet platform and in the meeting room of the Portland Library, 3305 Northwestern Pkwy. We will NOT be doing food at the in person event. Social time starts at 6:00 pm and the board meeting (open to all) begins at 6:30 pm. If you would like to be on the agenda to speak or make announcements, please e-mail president@portlandnow.org before Noon on 9/7.

Our Special Guests will be LMPD Chief Erika Shields and LMPD Division 1 Major Shannon Lauer.

(See Page 2 for more information)

AMERICAN LEGION POST 193

4th Tuesday of the month, 7 pm,
2800 W. Main St. New members welcome.

AMERICAN LEGION POST 193 LADIES AUXILIARY

4th Tuesday of the month, 7 pm,
2800 W. Main St. New members welcome.

LEWIS/PARKLAND LODGE 638 F&AM

Meets first and third Fridays, 7:30 pm, at The Masonic Lodge at 2nd & Kentucky Sts. Gary Elder, Master 937-3384; Virgil T. Larimore, Secretary, 339-7640.

HELP US HELP OTHERS!

All we need is one hour of your time to help a senior citizen in your neighborhood!

Meals-on-Wheels is looking for volunteers to deliver lunchtime meals to homebound senior citizens. There are many senior citizens living in the Louisville Metro area that are unable to receive meals on wheels due to a severe shortage of volunteers.

Qualifications:

- Complete an application, including police record check
- Provide own transportation

Meals are picked up around 10:00 - 10:30 am and delivery takes about 1 hour. Training is provided. Call 574-6420 to volunteer.

SUPPORT GROUP MEETING FOR PARENTS OF CHILDREN WITH LEARNING DIFFERENCES AND ATTENTION DIFFICULTIES

Meets the third Thursday of each month at 7:00 - 8:30 pm. Learning Disabilities Association of KY, Inc. 2210 Goldsmith Lane #118. Louisville, KY 40218. LDA Office at (502) 473-1256, for additional information.

ADULTS WITH ATTENTION DEFICIT DISORDER

Support group meets on the fourth Thursday of each month, from 7 - 8:30 pm at the offices of Learning Disabilities Association of KY, Inc. 2210 Goldsmith Lane #118, Louisville, KY 40218. LDA Office at (502) 473-1256, for additional information.

LEARNING DISABILITIES ASSOCIATION OF KENTUCKY, INC.

Volunteers needed for general office work, special events, and tutoring. Tutors will help students of average to above average intelligence who learn differently. Please call our office at 502-473-1256.

AARP PORTLAND CHAPTER 2526

AARP - Portland meets on the second Monday of the month at Neighborhood House, 225 N. 25th Street, at 10 am. Please join us!

WEST JEFFERSON COUNTY COMMUNITY TASK FORCE

Meets the 3rd Tuesday of every month, 6 - 8 pm, 3rd floor Conference Room, The Nia Center, 2901 W. Broadway. We are an Environmental Group and we need more Portland residents to participate. Contact Carl Hilton at 852-4609 for information.

NEIGHBORHOOD HOUSE NUTRITION PROGRAM FOR SENIOR CITIZENS

201 N. 25th Street. 774-2322. Meals and activities daily from 9 am to 1 pm. 60 yrs. and up donation suggested.

HOUSING PARTNERSHIP

Meeting dates: Mondays 6 pm and Wednesdays 10 am or 2 pm, Downtown, 333 Guthrie, Room 404, Lou., KY. Must call for enrollment. Phone (502) 585-5451, fax (502) 585-5568.

CONSOLING PARENTS

A support group for parents who have lost a baby through miscarriage, stillbirth or newborn death, 6:30 pm. Tuesday at First Lutheran Church, 417 E. Broadway. Information 629-2103.

**Dare To Care
at St. Cecilia Campus
2519 St. Cecilia Street
the 3rd Tuesday of the month at 10 AM**

Dare To Care
will be at Portland Avenue Community Trust (PACT) Parking Lot at the new location in the former Portland Christian School, 2508 Portland Avenue

**1st Tuesday of the month
10 AM**

1st Division Police Auxiliary

The Portland 1st Division Police Auxiliary meets the last Thursday of every month. Septembers meeting will be Thursday, September 26, at 7 PM at the Molly Leonard Portland Community Center, located at 640 North 27th Street.



BIRTH PARENT SUPPORT GROUP

For those considering placing a child for adoption and for those who have placed a child. Sponsored by Adoptions of Kentucky, Inc. Call (502) 585-3005 for additional information.

CONSOLING PARENTS

A support group for parents who have lost a baby through miscarriage, stillbirth or newborn death, 6:30 pm. Tuesday at First Lutheran Church, 417 E. Broadway. Information 629-2103.

MANIC DEPRESSIVE & DEPRESSIVE ASSOCIATION OF LOUISVILLE

6 pm Sunday at the Urban Co. Government Center, 810 Barret Ave. Separate meetings for clients and their families are available. Information: 897-9717.

THYROID CANCER SURVIVORS

The ThyCa Louisville Support Group (for survivors of Thyroid Cancer) will meet from 10 - 12 pm monthly at Norton Audubon Hospital, Louisville, KY. Call for times and dates; also directions and other details about ThyCa Louisville. Contact group facilitator Pamela Pringle at (502) 394-0354. All ThyCa Survivors' Support Groups are free and open to anyone diagnosed with thyroid cancer, their families, friends and colleagues.

Portland Avenue Community Trust PACT

We have a new location at
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We are now located in the
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The Food Pantry and Clothes Closet
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11:00 to 1:00

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AA meetings in Portland

Grace Community has AA Meetings

Family Health Center
2215 Portland Ave., 4th Floor
Tuesday night at 8:00 PM
For more info call (812) 557-0823

AL-ANON

District 1 Al-Anon meeting Louisville's West End

When: Tuesday, 6:30 p.m.

**Where: Louisville Urban League
15th & Broadway
2nd Floor**

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Reformers Unanimous Ministries exists to help anybody worldwide who wishes to experience a life of victory over difficulty. This victory is obtained and retained not through an experience of ongoing effort, but through a once in a lifetime decision to accept Jesus Christ as their personal Savior and a subsequent dedication to developing a dynamic love relationship with him.

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Shawnee Baptist Church

2214 Bank St., Louisville, KY 40212
Meets every Friday 7-9pm
For Information call 502-741-9961

The Housing Partnership, Inc.
Provides free homebuyer education and financial counseling to residents and homebuyers on an ongoing basis. Enrollment is necessary. Please call (502) 585-5451 for more information. www.WeAreHPI.org.

Recipes from the Ladies of Baptist Tabernacle

Ah, September! School is in session, and there is talk of football. There may be a slight breeze, but no real chill. Let's get creative in the kitchen and whip up something different.

Cucumber Spread

- 2 (8 oz) pkg.
Cream cheese
1/8 tsp hot sauce
2 tsp. lemon juice
2 tsp minced onion
1/4 tsp prepared horseradish
1 med. cucumber peeled & minced
1/4 tsp salt



Beat cream cheese until smooth. Add next four ingredients and mix well. Stir in onion, cucumber. Mix until well distributed. Put in covered container. Chill one hour before serving. Can be put on cracker for a snack or rye bread for a sandwich.

Special Salad

- 1 can of cherry pie filling
1 large can sweetened condensed milk,
(not evaporated)
1 lg. can crushed pineapple
1 lg. container of whipped topping



Drain crushed pineapple. Mix cherry pie filling, pineapple, milk and whipped topping and refrigerate. If you happen to have a 1/2 cup of chopped nuts you can toss them around on top. Did I mention this was easy to make?



Onion Fritters

- 1/2 cup flour
1 Tbs cornmeal
1 Tbs sugar
2 tsp baking powder
1/2 cup milk
2 cups chopped onion
1/2 cup grated carrot
salt and pepper to taste

Place all ingredients in a bowl. Stir until well blended. Heat oil in skillet. Drop spoonfuls of batter into skillet. Spread out a little as you go. Brown on one side and flip to brown the other. (About 3 mins.) drain on paper towel.

Remember, something that is good to eat becomes better when you kiss the cook. If you are the cook, give everyone a big hug. Don't forget to be thankful for the bounty before you.

Broccoli Cornbread

- 4 eggs
1/2 cup cottage cheese
1 pkg frozen chopped broccoli
1 pkg corn muffin mix
1 med. Onion, chopped
1 tsp salt
1/2 cup melted butter



Heat oven 350 degrees. Spray 9X13 pan with non stick cooking spray. Beat eggs and add the rest of the ingredients. Mix well. Pour into prepared pan. Bake until light brown. 20-30 minutes.



Pea Salad

- 1 10 oz. Bag frozen peas
1 Tbs Dijon mustard
6 slices of fried bacon, crumbled
1 Tbs lemon juice
1/2 cup chopped walnuts
1/4 cup mayonnaise
1 Tbs honey

Whisk together mayo, mustard. Blend in lemon juice and honey. Add salt and pepper to taste. Cook peas and drain. Combine peas, bacon and walnuts. Add dressing and toss.



Bacon Cheese Biscuits

- 1 cup biscuit mix
1 Tbs minced onion
1 Tbs cold unsalted butter
1/3 cup cooked chopped bacon
6-8 Tbs milk
1 cup sharp Cheddar cheese

Heat oven to 400 degrees. Coat baking sheet with nonstick cooking spray. Place biscuit mix in bowl. But in butter until mixture resembles coarse crumbs. Add enough milk to make soft sticky dough. Add onion bacon, and cheese. Drop dough by heaping tablespoonfuls 2 inches apart on baking sheet. Bake 14 to 16 minutes or until golden brown. Serve warm.

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The Following Advertisers help make the Portland Anchor possible. Please consider supporting these businesses in the Portland Community, and look for their ads in this issue.

What a great way for the people of Portland to find your neighborhood business quickly! Get on The List! If you would like your business listed here, call us today!

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Gary Watrous, Portland Architect . . . 2711 W. Main St. 876-7100

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Molly Leonard Portland Community Center640 North 27th St. Louisville, KY 40212 (502) 776-0913*Fall Weekly Schedule*

MONDAY 12:00PM-9:00PM	TUESDAY 12:00PM-9:00PM	WEDNESDAY 12:00PM-9:00PM	THURSDAY 12:00PM-9:00PM	FRIDAY 10:00AM-7:00PM	Extra Information
Free Walk/Cards 12PM-2PM	Free Walk/Cards 12PM-2PM	Free Walk/Cards 12PM-2PM	Free Walk/Cards 12PM-2PM	Free Walk/Cards 10AM-11:30AM	Last Thursday of every month Portland Police Aux meeting 7PM
Weight Room 12PM-9PM	Weight Room 12PM-9PM	Weight Room 12PM-9PM	Weight Room 12PM-9PM	Weight Room 10AM-7PM	Dare to Care Monday-Thursday 5PM-6PM
Individual Sport Skills 3:30PM-5:00PM	(Adults)Art/Ceramics 5:30PM-6:30PM	Individual Sport Skills 3:30PM-5:00PM	Teen Open Gym 5PM-6:45PM	Individual Sport Skills 3:30PM-5:00PM	Cubs Scouts Every Monday 5:30PM-6:30PM
Teen Open Gym 5PM-6:45PM	Teen Open Gym 5PM-6:45PM	Adult Line Dance 5:30PM-6:30PM	(Kids)Art/Ceramics 5:30PM-6:30PM	Game Night 5:30PM-6:45PM	
Adult Open Gym 7PM-8:45PM	Adult Open Gym 7PM-8:45PM	Adult Open Gym 7PM-8:45PM	Adult Open Gym 7PM-8:45PM	Open Gym 5PM-6:45PM	

Starting August 30th the hours for the building will be:**Monday – Tuesday 11AM-8PM****Friday 10AM-7PM****Molly Leonard Portland Community Center**Blake Uhlman, Recreation Supervisor
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